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THURSDAY, JUNE 3RD, 2010

The Driving Standards Agency agrees to meet Vale of Glamorgan AM (and local instructors)

THE CAMPAIGN
 aimed at getting
 Barry Driving Test
 Centre reinstated,
 has been given a
 major boost.

Assembly Member, Jane Hutt, has secured a meeting with the boss of the Driving Standards Agency, which closed the centre on March 26, arguing that centres in Cardiff and Bridgend were within the "travel distance criterion applicable to the area".

After two months of travelling to Fairwater in Cardiff, local instructors have complained that they have been forced to double up on lessons, leading to extra costs for pupils, and that they were facing longer waiting times of up to eight weeks for tests.

They also claim the facilities are not as good and that parking is inconvenient.

Lyndon Davies, the chairman of the cam-

by TIM CHAPMAN



ABOVE: Jane Hutt and local driving instructors will be meeting the Driving Standards Agency boss on July 1.

paign group, explained: "We are optimistic the DSA will now re-look at the situation."

"Along with another instructor, Ian Wilcox, I am gathering informa-

tion from local instructors to put forward at the meeting which will take place on July 1.

"Travelling to Cardiff has proved impractical. One day I was having to get to Fairwater for a test at 9.30am and left Rhosce at 8am.

"The roads were jammed because the A48 had been closed due to an accident, so I wasn't able to make it.

"The costs are now astronomical. I'm hav-

ing to get petrol three times a week now, which costs £120. In the past, my fuel costs were £80 a week.

"The problem is not just affecting Barry, it is people in Llantwit, Rhosce, Sully and other parts of the Vale who are suffering, too."

Jane Hutt told The GEM: "I wrote to the chief executive of the Driving Standards Agency in Newcastle, Rosemary Thew."

"I asked for a meeting to discuss the lack of consultation about the proposed closure and the adverse impact which the instructors and learners are already experiencing."

The AM issued an appeal to local instructors to furnish her with the information she needs to put their case to the DSA:

"I am collecting further evidence over the next few weeks before the meeting."

"So please contact me via my website, email or letter to give me your views."

"I can be contacted at jane.hutt@wales.gov.uk or www.janehutt.co.uk or at 115 High Street, Barry, CF62 7DT."

HONEYMOON OVER BEFORE IT BEGINS FOR NEW VALE MP

by PHILIP IRWIN

THE 'honeymoon period' that any new MP can expect came to a sudden end last week for Vale MP Alun Cairns - with his defeated electoral opponents accusing him of "breaking a campaign pledge".

The cause of the outrage was the announcement that Mr Cairns would continue as the AM for South Wales West until next year's Assembly elections - although he has tried to deflect criticism by saying that he will not draw an AM's salary.

The issue has been simmering since before the election, when Mr Cairns said that, if elected, he would stand down as an AM.

He did, indeed, offer his resignation to the Conservative party within hours of being elected as an MP.

However, the Conservative next in line to replace Mr Cairns in the Assembly is Coun Chris Smart of Porthcawl, and it would appear that Coun Smart no longer enjoys the confidence of local Conservative party managers.

A larger than life figure, with trenchant 'traditional Tory' views, he does not sit well with Mr Cameron's new-style Conservative party.

There has been no shortage of speculation that the 'men in suits' would be paying Coun Smart a visit, asking him to stand down.

However, Coun Smart told the GEM that he had not been asked to step aside. He said that until last Friday, he had expected to replace Alun Cairns as the AM for South Wales West.

Instead, the party asked Alun Cairns to stay on until the elections next May, leaving Coun Smart out in the cold.

Alun Cairns is clearly unhappy with the situation, and a senior Vale Conservative, Coun Jeff James said: "This was a difficult decision for the party, and we appreciate Alun's reluctance, but we are committed to do everything possible to support him between now and next March."

An angry Coun Smart told The GEM that he was particularly upset to be told the news by the BBC, not his own party. He said: "This decision is a kick in the teeth for the 30,000 people who voted Conservative in South Wales West in the last Assembly elections."

"There is no way they will have effective representation."

He continued: "All along, it was known that Alun Cairns should have

offered his resignation to the Presiding Officer, rather than to the Conservative management board."

Ian Johnson, who stood for Plaid Cymru in the Vale, said: "In hustings during the election campaign, Alun Cairns gave clear indications that he would not try to do both jobs."

"For him to go back on his word once elected, is in very bad faith. I am sure that the people of both the Vale and South Wales West will be very disappointed to find that they have elected a part time politician."

The defeated Labour candidate, Alana Davies, who coincidentally sits on the same town council (Porthcawl) as Coun Smart, shared Ian Johnson's memory of the hustings.

She said: "Alun Cairns was quite adamant about

standing down as an AM if he was elected. I would think there must be dozens of people who were at Barry Comprehensive's hustling, for instance, who can confirm that."

"What is more, I don't remember anything about only tending his resignation to the Conservative party being mentioned. If you are honouring a promise to resign, you knock on the Presiding Officer's door and do so."

"You don't suddenly point to the small print and try to get out of it."

One theory is that the Conservatives were hoping to make Coun Smart so angry that he would resign, leaving the way clear for a less controversial replacement to be put forward for the Assembly.

However, he told The GEM: "I am considering my position, but I will not be making any rash statements."

Dock diving warning

THE RNLI and Barry Police have warned about the dangers of diving into the town dock, after local youths were spotted doing so in the recent hot weather.

They also warned about jumping from rocks along the coast. (See page 4 for full details).

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Llantwit and the environment

FOLLOWING Annie Paine's recent excellent comments concerning the destruction of trees in Llantwit Major, especially those in the town centre – how lovely to see that someone actually notices!

We also were shocked and saddened to see yet two more trees gone.

We have just returned from the Costa del Sol, where we travelled around every day in clean, new, efficient, cheap, government-subsidised buses and trains.

We saw everywhere, even in small town squares and whole streets, trees lining the sides – very well-pruned, healthy,

and watered regularly. There was no sign of vandalism, either.

There was no litter in most places. We saw a man pick up a piece of rubbish he had dropped in the bus station, and twice saw a mother tell her child to pick up some paper he had dropped. And he did!

Some of these towns are very poor. Who are these barbarians in our country who are cutting down our trees, and our town councils who are not planting any?

Who are these farmers and councils who are spraying our hedges so much that there are very few wild flowers left?

Come on, we need to improve our attitude to the environment.

V Pernas (Mrs)
Llantwit Major

More powers for the Assembly?

ALLEGEDLY the real reason that the Welsh Assembly desires more powers to govern Wales is to govern Wales the way its people want to be governed. I have no argument with that, providing that the Assembly does not increase its current figure of 60 Assembly Members.

The population of the United Kingdom is approximately 62 million. There are currently 651 MPs indicating one Member representing an average of 95,240 people.

The new Prime Minister David Cameron has stated that Parliament has too many MPs and his Government will reduce the number of members to as many as 500. That will mean one Member of Parliament representing 124,000 people.

On the other hand, the population of Wales is three million. Any calculator will show that one AM represents 50,000 people. If one AM represented 95,240 people, there would only be 32 members, and if they represented 124,000 people, AMs would total only 24.

Every AM receives a salary of approximately £54,000, which is 18 per cent less than their counterparts in Westminster, who receive approximately £65,000.

The Welsh Assembly want more powers to govern Wales, and while I would not object to them having the extra powers, they should only have them on the understanding that there will not be an increase in the number of AMs and the Welsh Members of Parliament should be reduced by the figure of six.

F M D Knill,
Pendoylan

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THE COLUMN YOU WRITE

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'WALES GETS MORE CASH THAN THE REST'

I WAS amazed at the petty, indeed vindictive, criticism levelled at Alun Cairns MP by Dr Ian Johnson in last week's edition of The GEM.

Does he not realise that over the last few years we have collec-

tively and individually spent far more than we have earned, to the point where our deficit and accumulated debts are no longer acceptable to our creditors?

Does he not know either, that Wales, at just under £10,000 per person per year, receives more from the Exchequer than any

other part of the United Kingdom?

The south-east of England by comparison receives just under £6,000, all of which means that we are already being subsidised by the rest of the country.

Whether we have been lucky or unlucky, thrifty or profligate in the past is now irrelevant.

Unless our coalition government gets to grips with both our deficit and

debt it is inevitable that international financial organisations will force even more painful measures.

Please, Dr Johnson, join the real world and get used to the fact that we are all going to have to pay the price of our financial impropriety, with essentials being the priority and the 'nice to have' being foregone for some years to come.

Peter
Graham-Woollard,
Colwinston

Why police our household refuse?

THERE was a problem last Monday with the collection of the black bags in my street; I put our refuse out as usual but after the wagons had been around, I noticed my black bag was still on the kerb-side.

Closer inspection revealed it had been opened and obviously someone had decided it was not suitable, therefore it had been left behind!

I contacted the Vale offices and was informed it would be picked up within 48 hours (this was at 8.30am). I must point

out there was nothing untoward in my bag.

Several calls later, it was eventually collected on Thursday. I am not happy with this whole idea of people now opening our refuse bags and deciding what will be taken and what will be left behind.

I spend a considerable amount of time recycling and it takes up the greater part of my garage. At the moment, I feel very disinclined to continue with the regimen of recycling, but will do so.

I hope in the future there will be no more policing of refuse. Has anyone else encountered this?

J Evans,
Llantwit Major

HIGH TIDE TIMES

(UNTIL JUNE 10)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
03 Thur	11.11	7.9	23.36	8.2
04 Fri	11.58	7.7		
05 Sat	00.25	7.7	12.54	7.5
06 Sun	01.22	7.5	13.51	7.3
07 Mon	02.29	7.5	14.59	7.5
08 Tues	03.27	7.8	16.06	7.9
09 Wed	04.29	8.1	17.00	8.3
10 Thur	05.21	8.4	17.39	8.7

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should always check with a tide table specific to their location.

Europe: keep the funding at home

MY thoughts on Europe do not follow the sentiments expressed by your correspondent, Vivien Pernas, of Llantwit Major in The GEM readers' letters page, on May 13.

I wonder if the writer is happy that £45 million per day is being paid by British taxpayers to Brussels, to enable the EU to send a very small amount back so that Britain is able to hand out financial support for various industrial and other sites.

However, it would be much better if that daily payment could be retained by the Chancellor of the Exchequer, who would be more familiar with those projects in need of help in Britain. I do not believe that more than 10 per cent ever comes back to the UK!

I agree that this country is very generous in financially helping many hard-up causes abroad, even when Britain's debt was growing daily.

This country has been paying for 35 years and at one time was the only member not having any money coming back at all!

Mrs D E Coombes Herridge,
Barry

'Don't knock the Welsh Assembly'

I WRITE in response to Alun Cairns MP's viewpoint column in The GEM last week.

Just three weeks in Westminster and he is back to the old style of politics – trying to denigrate the Welsh Assembly for forthcoming cuts which they will be forced to implement by a coalition Government.

The Tory party has no mandate for massive cuts. They did not win the election, yet £162m is cut from Welsh Assembly funding.

Nationally, the communities department budget is cut by 27 per cent. This is money that

goes to local government to fund home help for the elderly and disabled and monitoring of children in care and at risk. So already we see the targets for Tory cuts.

We hope that Mr. Cairns can become a campaigning constituency MP like his illustrious predecessors Sir Raymond Gower and John Smith, and work for all constituents regardless of political colours.

The residents of the Vale are well served by their Welsh Assembly. Labour and Plaid Cymru have forged an alliance which serves the aspirations of Wales as a dynamic country within the UK.

Peter Holly, Rhooose

USEFUL VALE INFORMATION

CRIMESTOPPERS 0800 555111
(Emergency number 999)

COASTGUARD 01792 366534

FLOOD LINE 0845 9881188

HELPLINES

Alcohol and drugs:

Drinkline 0800 9178282

National Drugs Helpline 0800 776600

DASH 01656 650686

SSAFA – Forces Help for serving and ex-service men, women and families 01656 785435

RAF Association Welfare Officer

01495 249522/01446 740522

SAMARITANS (emotional support)

01656 662333

VALE WOMEN'S AID 01446 744755

MENTAL DISTRESS

(Mental Health Matters) 01656 767045

Mental Health Helpline:

Freephone 0800 132 737

MIND in the Vale of Glamorgan

01446 730792 or www.mindinthevale.org.uk

CHILDLINE 0800 1111 -

www.childline.org.uk

Rape Crisis Centre 08451 221331.

RSPCA 0300 123 0744. MIND 01446 746191.

AIDS helplines 0800 567123.

Child abuse – NSPCC 0800 800 5000.

Alcoholics Anonymous – (24 hours) 0845 7697555.

Drug Aid (24 hours) 02920 881000.

Inroads Drugs Project – 42, Holton Road, Barry. 01446 404040.

Vale Victim & Witness Support -

Barry Magistrates Court, Thompson Street, Barry CF63 4SX. 01446 730704.

MP & AM's

SURGERY TIMES

New MP Alun Cairns is still finalising his contact details but, to make a surgery appointment with Mr Cairns, contact the constituency office on 01446 733516 or e-mail alun@aluncairns.com

To make a surgery appointment with Jane Hutt AM, contact the constituency office (01446) 740981. Office hours are 9am-5pm. Answerphone service outside office hours.

CITIZENS' ADVICE

At 119 Broad Street, Barry. Drop in Mon-Fri (not Weds) 9.30am - 4.30am (Wed 11am-6pm); at Llantwit Major Youth Centre, Station Road 9.30am - 11.30am Mon and Fri. Telephone advice 0845 120 3756. Further information www.adviceguide.org.uk

EMERGENCY SERVICES

Police - Gladstone Road, Barry; for normal service 01446 734451; in emergency 999. Fire - South Wales Fire and Rescue Service, Pontyclun 01443 232000; in emergency 999. Coastguard - Regional Office, Swansea 01792 366534; in emergency 999. Gas - Gas emergency number 0800 111999.

Electricity - Emergency 0800 0520400; Water - Emergency 0800 052 0130; supply 0800 0520130.

Trading Standards Consumer Advice Centre - Civic Offices, Holton Road, Barry; hours of opening for telephone enquiries - Monday to Thursday, 8.30am-5pm; Friday 8.30am-4.30pm on 01446 700111. For personal visits, Monday to Thursday 9am-4.30pm. Friday 9am-4pm. Recycling Hotline, 01446 700111.

To report a fly tipping incident - 01446 700111.

HOSPITALS

The Barry Hospital - visiting 2pm-8pm each day, 01446 704000. Llandough - Wards have individual visiting times. For details call 029 2071 1711. Princess of Wales - 01656 752752/668090.

For Out Of Hours Chemists, call the Vale of Glamorgan Local Health Board on 02920 350600, or NHS Direct Wales on 0845 4647.

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DNA FIND THAT LED TO JAIL FOR BURGLAR

A DNA sample spotted on the handle of a screwdriver, has led to a car valet being put behind bars at Cardiff Crown Court.

Daniel Franks (19) had used the tool in an attempt to break into a house in Collard Crescent, Barry, where he had terrified a couple who had been asleep at the time.

Franks of Barry, who is said to be addicted to gambling and drugs, was sent to a young offender institution for a total of 15 months.

He admitted charges of attempted burglary and burglary, and was in breach of a community order for burglary, and a conditional discharge for shoplifting.

by AJ SICLUNA

Prosecutor David Thomas said that in the early hours of January 7 this year, Mrs Mary Smith was in bed with her husband when she heard rustling near the front door. She spotted a man walking past who then ran off.

Soon afterwards, she saw that a panel had been removed from a rear door.

Outside, she discovered that two sheds had been burgled and a woodcutter taken.

But she spotted a screwdriver and the police later discovered that it possessed a DNA profile which identified Franks.

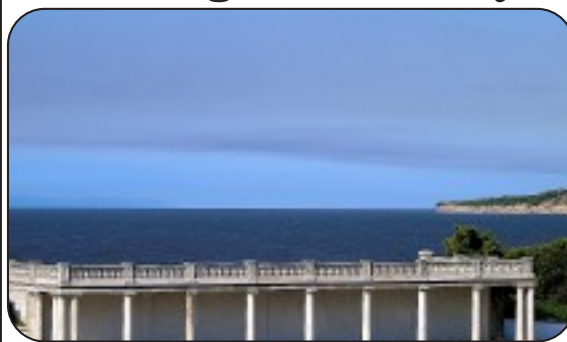
He was arrested and said he had wanted to obtain money and described his actions as

"stupid". The court heard he had previous convictions for six offences of burglary, three of them involving private houses.

His counsel David Elias said: "He knows the court has a stark choice - custody or one final chance. He made admissions from the very first."

"His offending has been linked to problems of a gambling addiction and the use of cannabis. He gambles whenever and with whatever he can, with bookmakers, and arcade games."

Mr Elias said: "He has always wanted to make a clean breast of things and is in a constant state of trepidation."



ABOVE: High above Barry, Phil Dawson's photograph shows the volcanic ash cloud.

IS that dark cloud hanging over Barry the most visible sign of the volcanic ash cloud which has caused such chaos to air transport? Cold Knap resident

Phil Dawson thinks so, as he explained to The GEM: "I photographed this dark cloud on May 17, a day when flights were banned from Cardiff Airport. I delayed sending it to anyone until the Met Office had verified the photo and confirmed that it was the ash cloud."

Is this a cloud of Icelandic debris moving over Barry?

Fresh chance to see MOD plans

THE latest sets of plans for the Defence Technical College (DTC) at St Athan will go on display later this month at three local venues.

On June 15, for one day only, the St Athan Community Centre in Glyndwr Avenue, St Athan, will host the exhibition from 11.30am until 8pm. This exhibition will give the Vale public a chance to talk to experts from Metrix, who will be there to answer questions.

There will be a regular fixture at Cowbridge library from June 16 - 21. The Metrix personnel, however, will not be available at this venue.

Later in the month, the same roadshow will be on show at Llantwit Major library from June 29 until July 5.

As these exhibitions form part of the planning process, residents will be able to pass their comments on to the Vale Council, which retains the responsibility for planning matters.

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Councillors' advice

THE Labour Vale and town councillors for Castletand Ward, Chris Elmore, Pamela Drake and Karl Kuhnell, will be holding their monthly advice surgery on Saturday, June 5th, from 10.30am to 12pm

in the Drop-In-Centre, 3 Dunlin Court, Thompson Street Estate, Barry.

No appointment is necessary. If unable to attend contact Coun Chris Elmore on 07867 506 116.

Osteoporosis party

THE Barry Friends of the National Osteoporosis Society are holding a tea party on Thursday June 10 at 2pm in the Senior Health Shop, Holton Road, Barry CF63 4HD. Entrance is £2, which includes tea/coffee, sandwich and cake. There will also be a raffle.

Spokeswoman Jean Dowding urged: "Do come along and bring a friend or two: whether you have osteoporosis, or are just interested in staying bone-healthy and active. "This is an opportunity to socialise while gathering information about how you can help yourself to stay fit and healthy."

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Gosth Ki Boti	£2.60
Tandoor Champen	£2.75
Mixed Tandoori	£2.95
Onion Bhaji	£1.75
Chicken Tikka	£2.60
Sheek Kebab	£2.40
Chicken Pakora	£2.70
Chilli Paneer	£2.25
Machi Tikka	£2.25
Tiffin Platter	£5.50

CHEF'S FLAVOURS OF THE MONTH	
This month our expert chef has created an inspirational menu of truly delicious Tiffin treats.	
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Reminiscent of the famous Methi from Kasoor, comes this diced chicken breast with fresh fenugreek and a hint of garlic.	
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Minced Lamb slow cooked with spices, ginger and soft Indian cheese.	
TAWA JHINGA	£7.95
Pan-griddled tiger prawns with herbs and spices, green peppers and caramelised onion sauce.	
SUBZ MILONI (v)	£4.25
Melange of seasonal garden vegetables cooked with ground spinach.	

CHEF'S SIGNATURE DISHES (NEW)	
NAGA JOLOKIA	£5.50
Chicken tikka cooked with a spicy sauce with a touch of Naga, a very hot and aromatic chilli, which is a real treat for spicy lovers.	
GOAN CHICKEN	£5.50
Goan chicken curry cooked with fresh coriander, green chillies and tamarind.	
PERI PERI MURGH	£5.50
Grilled chicken cooked with Indian five spices, cumin, garlic, turmeric and mild chilli sauce.	
IMLI GOSTH	£5.85
A deliciously spiced, slow-cooked lamb dish in a rich tamarind flavoured onion sauce.	
MURGH JOLPAI	£5.50
Sauteed grilled chicken cooked with Bangladeshi green olives, spiced with garlic and green peppers.	

FROM THE TANDOOR	
Tandoori Murgh	£5.50
Tandoori Champen	£5.95
Haryali Murgh Tikka	£5.50
Tandoori Shashleek	£6.50
Gosth Ki Boti	£5.50
Tandoori Jhinga	£7.50
Achaari Paneer	£5.50
Tandoori Thali	£7.95

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TIFFIN RASOI EXCLUSIVES	
FIRDOUSI MURGH KORMA	£5.95
Chicken breasts with grated paneer and pineapple and served with an exquisite Mogul-style sauce with almond puree.	
MURGH TIKKA MAKHANI	£5.75
Originating in the gourmet city of Delhi, succulent pieces of chicken tikka smothered with an alluringly spiced butter sauce.	
MEEN MOILEY	£7.95
Marinated and grilled king prawns in a rich coconut broth with curry leaf and chilli.	
MACHER KALIA	£8.50
King prawns grilled and infused in a cinnamon-scented seasonal vegetable sauce with lemon, ginger and tomato.	
MURGH JALFREZI	£5.50
Originating in colonial India, our version is pleasantly spiced in plum tomato sauce and garnished with fried chillies and cherry tomatoes.	
LAHSOONI MURGH TIKKA (AAH)	£5.95
Cubed breasts of grilled chicken cooked in a garlic and chilli flavoured sauce with caramelised onions.	
BEST SELLER.	

CHEF'S SPECIALS	
MURGH PALAK PANEER	£5.95
Grilled chicken breast with spinach and soft Indian cheese, slow cooked with fabulous taste sensations.	
MAHARAJA BHUNA	£5.95
Grilled chicken breast with minced lamb, cooked with onions, bell peppers and fresh herbs.	
LAAL MAAS	£5.75
A fiery Rajasthani speciality. Tender lamb slow cooked in a clove, garlic and red chilli sauce.	
CHICKEN/LAMB TIKKA MASALA	£5.50
Chicken or lamb tikka simmered with tomato and fresh coriander. This version of the dish is refined without the use of any food colourings.	
MURGH PASANDA	£5.75
Thinly sliced chicken tikka, braised in a cardamom scented cream sauce flavoured with Alphonso Mango.	
KORAI MURGH	£5.50
A speciality from the Himalayan region, cubed chicken tikka stir-fried in a cast-iron wok, with the predominant flavours of chilli, tomatoes, coriander with fenugreek.	

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Each of these dishes can be made with:	
KORMA	Chicken £4.65
MADRAS	Lamb £4.65
VINDALOO	Prawn £4.90
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DO-PIAZA	Vegetables £3.65
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Maharaja	£7.50
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VEGETARIAN	
Aloo Choley	£3.65
Subzi Masala	£4.50
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Plain Rice	£1.15
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Cans	£0.70
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BOTTLE 1.5 Ltr	
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This offer is not valid in conjunction with other offers or discounts # up to the value of £2.75 * up to the value of £5.95

TIFFIN RASOI MEAL FOR 2 ONLY £18.95
2 Appetisers #, 2 Main Dish*, 1 Side Dish, 2 Pulao Rice, 1 Nan Bread, 2 Papadom, 1 Onion Salad & 1 Mango Chutney
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TIFFIN RASOI MEAL FOR 2 ONLY £18.95
2 Appetisers #, 2 Main Dish*, 1 Side Dish, 2 Pulao Rice, 1 Nan Bread, 2 Papadom, 1 Onion Salad & 1 Mango Chutney
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'We must not forget the people of Haiti' – says Barry charity advocate

A man from Barry, who has worked as an advocate for a world children's charity for five years, has called on the Vale Council to examine the idea of 'twinning' the area with Port au Prince in Haiti.

Mr Godfrey Knight represents the cause 'Compassion in Jesus' Name', which seeks to release children in the Third World from poverty.

He said: "I would like to ask the Vale Council to seriously consider twinning the Vale or Barry with the island of Haiti or the capital Port au Prince.

"This decision would draw the public's attention to those living in misery over there.

"German university cities are now twinning themselves with those living in abject poverty

by TIM CHAPMAN

in cities throughout equatorial Africa.

An earthquake struck Haiti on January 12, leaving one million people homeless. Estimates of the death toll vary between 92,000 and 230,000.

When the scale of suffering was on the news, there were a number of events held in the Vale to raise funds for charities helping in the relief effort.

The rainy season started in May for Haitians and Mr Knight hopes that 'twinning' will keep the issue in the public eye.

The aim of the charity Compassion is to encourage people to sponsor children in poverty stricken areas to give them a brighter future.

Mr Knight explained: "Children have the ability to change the world for the better – it's a frightening statistic though,

that around 25,000 children die each day of easily preventable diseases.

"Recently, we have been encouraging people to sponsor children in Haiti – the poorest country in the western hemisphere – for £21 a month.

"For this sum, the child gets a nutritious meal every day, plus snacks, clothing, healthcare and education.

"City Soleil – Sun City – is a shanty town of 300,000 people in Port au Prince. The poverty there is so grim that these people live without running water, electricity or sewerage disposal.

"The ingredients of cakes made at the side of

the road are flour and mud."

Mr Knight emphasised that in sponsoring a child there is a wider benefit. "Thousands of children eat every other day. Under these wretched circumstances when you sponsor a child you actually raise the morale of the whole family.

"Unlike the Tsunami, the devastation in Haiti must not slip from people's consciousness."

People are able to choose the area in the world where they would like to sponsor a child and if anyone would like more information they can call Mr Knight on 01446 749727 or go to the website www.compassionuk.org

Dan's winning kart weekend!



ABOVE: Dan Jones takes his place on the podium.

A LOCAL kart driver, Dan Jones, is celebrating after becoming Welsh champion after two days of intensive racing at the Llandow race circuit.

It was a non-stop winning weekend, as he took both pole position and the chequered flag in every race he started.

In two qualifying heats on the Saturday and Sunday, Dan set the fastest time and then led from start to finish in both.

He continued to set the pace in practice before the final and once again he was on pole.

When it came to the race itself, his rivals tried hard to catch him out in the early stages but, once Dan settled, he pulled away for a conclusive win – and the Welsh title!

Dan told The GEM: "I would like to thank the Delta Karting Team for their engine preparation and help over the weekend.

"Also, my father deserves a big thank you, as he is also my mechanic!"

Wales. The club also used a Lottery grant to train special helpers and host its own swimming galas.

Eunice Lamb, the funding secretary for the club, said: "We're delighted our project has reached the semi-finals. Lottery funding has really kept our project afloat and given our swimmers so many more opportunities."

Voting for the semi-finals ends at midday on Friday, June 18. To cast a vote for the Barry Beavers Disabled Swimming Club call 0844 6865344 or log on to www.lotterygoodcauses.org.uk/awards.

The three projects in each category with the highest number of votes will go through to the final round of public voting in July.

Cadets are just pipped in semi-final

TWO teams of St John Ambulance Cadets in Barry Rescue Division qualified for the Welsh finals of the St John Competitions after winning the regional competitions in March.

The Cadet First Aid team came second and lost by two points, just missing the chance to go to London for the national competition. This team comprised Jasmine Vincent, Alise Tyler and Gabrielle Brown.

The second team, who entered the novice first aid competition, came third. It comprised Lauren Duddridge, Natalie Plowright and Jemma Copeland. Both teams did very well, as this was their first competition.

Anyone interested in joining St John Ambulance should contact St John Headquarters on 01446 746491 or 01446 407332.

KA

Swimming club needs Barry to rally to a good cause!

THE Barry Beavers disabled swimming club is looking for support as it goes head to head with other Lottery-funded projects from across the UK, in the semi-finals of the National Lottery Awards 2010.

Barry Beavers are the only Welsh project in the 'Best Sports Project' category of The National Lottery Awards, an annual search to find the UK's favourite Lottery-funded projects.

All the projects in the running have already received Lottery funding, and the awards celebrate how they have put that money to good use.

People in Barry are being urged to show their support by casting a vote to help the club make it through to the final stage.

The winning project in each of the seven categories will appear on a star-studded BBC 1 TV show later this year and, in addition to the Lottery funding they have already been awarded, will receive a £2,000 cash prize.

Based at Barry Leisure Centre, Barry Beavers is a water awareness club and aims to ensure that all members are water-happy and given the opportunity to learn to swim.

With the help of Lottery funding, the club has been able to take disabled swimmers to galas in wheelchair-compatible buses, all over

'Don't risk your lives!' Lifeboatmen send a warning to youngsters

by TIM CHAPMAN

AS temperatures soar, youngsters in the town who have been jumping into the murky waters of the docks are taking their life in their hands, warned the coxswain at Barry Dock Lifeboat Station.

Hugh Davies said the temptation to cool off in hot weather was fraught with unseen dangers.

"People don't realise the dock does not remain at a constant level. As boats go in and out of the docks, the height can vary between three to four metres.

"The berths in the dock at the Morrison's end were once 'scrap berths', and the waters contain old scrap metal."

He said that boats

from the yacht club had sometimes dropped anchors only to for them to catch on pieces of steel and other metal debris below.

Mr Davies also pointed out that while the calm waters of the dock might appear inviting on a sweltering day, they could provide a fatal shock. The temperature of the water in the dock is the same as the sea outside.

"When people are at the seaside they go into the water gradually, moving slowly until they are in waist deep, and then accustomed to the temperature.

"If someone jumps straight into the water of the dock, they can suffer what is known as 'cold water shock', which

leads to them hyperventilating, taking in water and drowning."

Mr Davies advised people wanting to swim outdoors to go to a properly supervised beach. "Somewhere like Whitmore Bay is good, where there are life-guards on duty."

The police were keen to warn youngsters, too. Inspector Louise Davies pointed out:

"None of my officers want to have to deal with a death in circumstances that could have been avoided. Much of the docks is an active, busy industrial area and should not be used for recreation.

"It is all too easy to get into difficulties because of the water temperature, underwater

hazards and undercurrents."

The lifeboat station's Gerry Adams also warned that youngsters who were jumping from rocks into the sea along the Vale coastline should stop.

"It is commonly called tombstoning, and a major danger is submerged rocks."

"If they hit the sea at the wrong angle, they can wind themselves or render themselves unconscious."

"They might hit the water head first, inhale water and drown. There are also hazards in jumping from slippery rocks."

He added: "The only place youngsters should jump into the water would be from a board at a properly life-guarded pool."

MP says hidden cameras may be the way to catch flytippers in the Vale

THE Vale's new MP, Alun Cairns, has said the council may have to look at using "surveillance methods" to catch flytippers, following a GEM story which highlighted how a country lane in Barry had been blighted by abandoned rubbish.

Local couple Mary and Windsor Hodgkinson had explained that they had suffered problems for

nine years with people dumping rubble, fast food packaging and electrical items in Pencoe Lane, and that far from things getting better, they were getting worse.

Mr Hodgkinson even goes along the lane up to twice a week to tidy up.

The couple's understandable ire is directed at flytippers and litter louts and not the Vale Council, which responds to their calls warning of the latest batch of fly-tipped rubbish or rubble.

Local MP Alun Cairns

said he was concerned when he read the report.

"It is appalling that people are dumping builders' rubble, electrical goods and garden waste in this area.

"Residents should not have to put up with this activity, which is illegal."

Mr Cairns said that in problem areas the council may have to consider using hidden cameras to catch the culprits.

"I am pleased that the Vale Council has carried out a clean-up operation but there may be a need

for the council to use surveillance methods to catch those responsible.

"These operations have been very successful in other areas when hidden cameras are put into place and catch people red-handed.

"The Vale Council should consider adopting this approach if further tipping occurs, and I will be urging them to act to tackle this recurring problem head on."

Vale AM confirms her support for Cambrian Park residents



Cambrian Park residents at the meeting with the AM.

CAMBRIAN PARK residents battling to stay in their homes had a meeting at Wenvoe Community Centre which was attended by Vale AM Jane Hutt.

"Since 2002, I have supported the residents of Cambrian Park who face an uncertain future as a result of new site licence conditions. Some of the residents have lived in their homes for decades; Cambrian Park is their home and their community. All they are asking for is the right to stay in their homes," the AM commented.

WE ARE NOW ON LINE!
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barry-today.co.uk

World War Two heroine's talk at aviation society

A SECOND World War heroine, whose secret work played a vital role defending Britain from enemy aircraft and in destroying Hitler's lethal stockpile of V2 rockets, will be speaking to the Penarth Aviation Society on Friday, June 4.

Eileen Younghusband was only 20 when she was recruited to be a 'filterer' in the Women's Auxiliary Air Force. She had not known what she was volunteering to do.

The enigmatic advent just asked for women under 21 years of age

with quick reactions and who were good at maths.

When she was chosen, she found herself one of a small elite band of women officers working in a chain of seven radar stations protecting the British coast, calculating and estimating positions and numbers of hostile aircraft, filtering the information that trackers were then able to use in the fighter command operations rooms.

Just after D-Day, and only weeks after she was married, she was posted to Belgium to track the V2 launch pads. After sending in rockets, the Germans moved the launchers which were on lorries. This took 10 minutes.

Calculating the trajectory, speed and direction of the missile, the filterers had five minutes in which to pinpoint the position of the launch pad, and the RAF had five minutes in which to bomb it.

They were so successful that within months the Germans were left with a pile of V2s which they couldn't launch.

Her work was so secret that Mrs Younghusband was not allowed to tell her new husband that she was going to Belgium, nor what her work entailed and it was several years before he knew.

As Mrs Younghusband says, this is a story yet to be told, of women yet to be recognised. Now aged 88 and living in Sully, (she took a university degree in her 80s) she is half way through writing her second book, One Woman's War.

Visitors are welcome to attend Mrs Younghusband's talk, free of charge, at the Penarth Aviation Society meeting this Friday. It will be held at the Penarth Conservative Club, at 7.30pm.

The chairman and secretary of the society is Barrie Howell, telephone 029 2053 1390.

Judith takes the helm at the Barry Soroptimists



Iris Hopkins (left) investing incoming president Judith Lewis with the new chain of office, which was purchased just six months ago.

AT the recent annual general meeting of Soroptimist International Barry and District, the outgoing president, Mrs Iris Hopkins of Dinas Powys, thanked all club members for their support in introducing a new group system.

This involves all club members being in one of three groups, with each group responsible for running the club for one third of the year. This

system had not only eased Iris's role as president but resulted in all members contributing to her extremely successful and enjoyable year.

As well as the usual projects such as the beach surveys at Jackson's Bay and the visits to residents at Cartref Porthcerry, the club raised almost £4,500, which was donated to 15 charities ranging from ValePlus, the new Breast Cancer Unit at Llandough Hospital, the Dyffryn Gardens restoration scheme, Welsh Heritage Fund, a project in Africa to provide clean water, and an orphanage in India.

The incoming president, Mrs Judith Lewis, lives in Pontyclun and has a wealth of experience as a Soroptimist, having served as club president of her former club, Abergavenny, in 1983/84 and as regional president and chair of the regional finance committee. She has attended meetings as far afield as Sacramento, USA, and SHAPE and NATO in Brussels.

President Judith thanked the new group leaders who have come up with excellent ideas for speakers and fundraising events. Soroptimist International is committed to improving the lives of women and girls and SI Barry and District strives to do this using the programme action committee as the catalyst.

This is the lifeline of the organisation and president Judith stressed how much she looked forward to working with all officers and members to achieve these goals.

To find out more about Soroptimism visit www.soroptimist-gbi.org/barry-and-district/

News from Barry Townswomen's Guild

AT the May meeting, Edgar Eskins gave an insight into the workings and history of the post office.

He started as a boy messenger-telegram boy in 1944, when the post office was situated in Dock View Road, Barry.

At that time, there were eight boys who worked Monday to Saturday 8am-8pm, and nine words on a telegram cost one shilling.

They visited and delivered telegrams to the ships berthed in Barry Docks, and also to areas in the town.

Telephonists were also based in Dock View Road, and worked 8am-6pm each day, but this service was automated in 1962.

After taking exams, Edgar was promoted to sorting clerk. The office was open every day except Boxing Day.

In 1948, he did National Service in the RAF and after his return, took another exam and worked as a counter clerk.

At this time, clerks dealt with national insurance stamps, civil service stamps, postal orders, dog and gun licences,

during their lifetime, and several produced some interesting memorabilia. The next guild meeting will be on Monday, June 14.

Members related memorable moments June 14.

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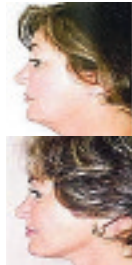
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The show was last televised from Cardiff City Hall in 2007.

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Although Southerndown misses out on Blue Flag, Welsh beaches improve

THE Vale Council has explained the reasons behind Southerndown beach failing to get the prestigious Blue Flag accreditation this year.

The issue was raised by the Plaid Cymru parliamentary candidate for the general election, Dr Ian Johnson, who said that while locations in the east of the Vale had received the 'flag' award, he was concerned by those in the west that had not.

Dr Johnson said: "The Blue Flag award at Barry Island's Whitmore Bay is highly deserved and this prestigious award shows the cleanliness and importance of the beach to our local tourism industry and to the people of Barry.

"However, although the Vale Council should be proud of its success in both Whitmore Bay and Penarth Marina being awarded Blue Flag status this year, I am concerned that other beaches in the Vale haven't qualified.

"Between 2004 and 2006, Dunraven Bay at Southerndown qualified as a Blue Flag Beach, but has not done so since."

Dr Johnson posed the question: "What have the Vale Council been doing, or not been doing, to ensure that other beaches along the Glamorgan Heritage Coast get the highest possible commendations for their cleanliness and facilities?"

"The western Vale mustn't be left out when it comes to investment of time and energy by the council, any more than Barry, Dinas Powys and Wenvoe should be ignored by them."

Clifford Parish, operational manager for waste management

by TIM CHAPMAN

and cleansing at the Vale Council, explained that there were factors outside the council's control which had led to Southerndown missing out.

"Beaches and marinas that are put forward for Blue Flag accreditation are judged against 30 criteria which include meeting the highest water quality mark, strict litter management, dog control, visitor safety and sustainable environmental ethics.

"Unfortunately Southerndown beach, which is privately owned, failed the water quality standards some time ago. There were also some issues with the local infrastructure that precluded it from continuing to achieve Blue Flag

accreditation. It should be noted that the Vale Council does not control this privately-owned infrastructure or the water quality, though we were responsible for submitting the successful Blue Flag applications in partnership with the landowner.

"Accepting these ongoing concerns with Southerndown, council officers and the landowner's representatives were keen to continue to demonstrate the importance of this beach to visitors and the overall good quality of the area and its facilities.

"This season, officers have successfully applied for a 'Seaside Award' for Southerndown and the attainment of this award is shortly to

be announced by Keep Wales Tidy. Seaside Awards have also been attained for Jackson's Bay and Whitmore Bay in Barry (Whitmore Bay also having retained its Blue Flag status).

"Applications for Green Coast Awards were sent in for Ogmere and Llantwit Major beaches, though unfortunately both these beaches failed to achieve the guideline water quality last year and our applications were therefore unsuccessful.

"The largest obstacle to the attainment of Blue Flag and Green Coast Status is water quality, a factor over which the council regrettably has no control."

The Marine Conservation Society (MCS), which monitors the quality of beaches across the UK, says that in general water quality at Welsh beaches is improving.

An MSC spokesman said: "Welsh beaches can suffer from storm pollution run-off from farmland which carries material like fertilizer and animal waste into the sea.

"There is also a high number of combined sewer overflows, intermittently discharging raw sewerage to the coasts of north and south Wales which needs to be upgraded if the water quality is to improve further.

"MSC is fully supportive of Welsh Water's environmental investment programme and expects that plans by the Welsh Assembly Government, the Environment Agency and the 'Green Sea Initiative' will lead to future improvements in bathing water quality."

'Police cuts will undermine Vale' – says Plaid AM

BURGLARIES at Dinas Powys, closure of cells in Barry, and police budget cuts were on the agenda when Plaid Cymru AM Chris Franks met the temporary Supt for the Vale and Bridgend Jay Dave, at Barry police station.



ABOVE:
Chris Franks met Jay Dave at Barry Police Station.

Following the meeting, the regional AM, who represents the Vale, warned of the dangers of cuts to the continuing success of policing in the Vale.

"Conservative Policing Minister Nick Herbert has announced that South Wales Police face £2.8 million cuts this year. Police in the Vale have a good record, which will be undermined by cuts from the government in London," Mr Franks said.

"I don't recall Alun Cairns, the Tory candidate, warning people that a Tory victory would lead to fewer bobbies on the beat.

"South Wales Police force is not generously funded, it is due to the refusal of the Home Office to acknowledge its special responsibilities.

"Unfortunately, the Assembly is also losing £184 million this year alone, so will not be able to find additional cash.

"Plaid is very concerned that all the progress there has been in the Vale will not be maintained if sufficient funds aren't available," he warned.

PACT meetings

BUTTRILLS PACT, The Philip John Community Room, Barry Library, June 11 at 2pm.

PENDOLAN Community Council meeting, Pendoylan School, June 10 at 7.45pm.

LLANDOW PACT, Ewenny Village Hall, June 16, at 7pm.

DINAS POWYS PACT, Bethesda Hall, June 7 at 7pm.

Three-car crash closes airport road

A COLLISION involving three vehicles closed the road to Cardiff Airport for two hours on Tuesday (June 1).

The accident took place at mid-day, and a police spokesman said: "The road between Barry and Cardiff Airport was closed for two hours.

"All 11 occupants in the vehicles were taken by ambulance to the University Hospital of Wales, Cardiff, although their injuries are not believed to be serious."

'More local foster carers are needed'

THERE is a shortage of 750 foster carers in Wales, at a time when more children need foster homes.

This means children too often face moving a long way from their family and friends and many cannot live with their brothers or sisters.

More local foster carers are needed for local children and during this year's Foster Care Fortnight (17-30 May) we are calling for more people with the right skills and qualities to come forward.

I feel proud to have been able to make a difference to the lives of so many children and I would urge your readers to consider doing the same.

To find out more, people should speak to their local fostering service, or visit www.couldyoufoster.org.uk.

Jim Bond
(Foster carer and chair of the Fostering Network Jim.bond@fostering.net)

Leisure centres have 25 ways to keep a person fit!

IF you want to lose weight, get toned, or stay fit, you'll find the perfect fitness class for you at the Vale of Glamorgan leisure centres.

The classes are suitable for all ages (from 14 upwards), all shapes and sizes, and are a great way to add variety to your exercise routine.

The 25 fitness classes on offer are: Absolute training, aerobics, aqua aerobics, aqua natal,

body blast, box-fit, boxercise, cardio tone, circuit training, easyline, kids fit, multi fitness, nice'n'easy, pilates, qi gung, sivananda, yoga, step aerobics, step and tone, t'ai chi, tone and stretch, trampolining, trixter bikes, yoga at heart and zumba!

Further details can be found online at www.valeofglamorgan.gov.uk/leisurecentres.

GET FIT. STAY FIT.

Choose from 25 different fitness classes
at the Vale of Glamorgan's Leisure Centres



www.valeofglamorgan.gov.uk/leisurecentres



'Better outcomes for Tougher Times' focuses on priorities

BETTER outcomes for tougher times was the title of the Welsh Assembly Government statement last December, giving a clear message about the tough financial times that we knew we were facing.

It also signalled our determination to safeguard and continue to improve public services, as well as support business, as we come out of the recession.

Over the last decade, we have kept a focus on improving our public services and delivering the most efficient services.

We held our last economic summit in May with business leaders and representatives from the construction industry speaking about the importance of the Assembly Government's investment in house building during the recession.

We made the decision, backed by the Labour UK Government, to bring forward our capital spending programmes from 2010 into 2009, for school, hospital and house building.

That was welcomed by the private sector. We are also removing barriers to procuring business in the

public sector, making it simpler so that Welsh businesses can benefit from public sector contracts in many areas such as ICT, as well as construction.

At a recent conference on housing finance, I reported on progress we have made in delivering the 'One Wales' commitment to building 6,500 additional homes over the four-year lifetime of this Assembly (our fixed term elections will be held next May).

There has been substantial investment by the Welsh Assembly Government in the social housing grant, resulting in 4,235 homes being built helping to counteract the recession.

I know how important this is for the many people who have housing needs. In fact, housing and homelessness form the largest part of my surgery caseload by far, followed by social services and educational needs. All the responsibility of the Vale Council.

The Assembly is putting the money in to help address these needs, including the 'mortgage rescue scheme' which we have enhanced in the past few months since I became Finance Minister. We also work closely with Shelter, the campaigning housing charity which is

ASSEMBLY NOTES



by Jane Hutt AM
(Minister for Business and Budget)

funded by the Assembly Government, as is the Housing Debt Helpline.

This helpline offers advice to people facing repossessions or eviction, and has received a £58,000 funding boost from the Welsh Assembly recently to help provide free telephone advice and counselling to anyone at risk of losing their homes. Since its launch in 2009, the service has helped 61 per cent of their callers to keep their homes.

The Housing Debt Helpline can be contacted on 0800 107 1340 or a www.housing-debt-helpline-wales.org

The positive impact we can have in the social housing sector is not just for the families that are rehoused in

good quality housing. We have also introduced conditions in our contracts to include recruitment for jobs and training. We have adopted a 'Can Do' toolkit, which has resulted in nearly 500 new employment and training opportunities being created in the housing sector.

The opportunities we have in the Welsh Assembly Government to help create new jobs are all fragile, with the new UK Government cuts budget – including the end to the Future Jobs Fund which has helped young people into employment here in the Vale and across Wales.

In Wales, we are determined to put schools, skills and health at the forefront of our budget priorities. The economy needs a skilled workforce and our young people need skills and work based training.

That was very clear to me when I attended the Barry College hospitality evening for the Pathways to Apprenticeships students who benefit from work-based training in local hotels and restaurants.

They cooked and served a fantastic four-course meal in their Glamorgan Suite for the employers who have taken them on, to give them 'work-based experience' alongside their Barry

College studies.

This is replicated across Vale businesses in other sectors from BAMC to Aberthaw.

Young people will lose out from the economic downturn, unless we give them the opportunities, the skills, the training and the funding.

In a statement to the Assembly last week, I said the Welsh Assembly Government accepted the need to reduce the deficit, but if we cut public expenditure too early, we risk jeopardising the economic recovery.

This means that we risk harming those public services like housing and apprenticeships which are vital for the private as well as public sector – but most of all, vital for the educational opportunities, health and well-being of our young people, their families and communities.

I also made it clear that I am driving the 'efficiency and innovation' programme in Wales, to make sure that we have smarter procurement, streamline support functions and catalyse innovation in the way we deliver our services in partnership with local government, the NHS, business, the voluntary sector and the Wales TUC.

The Bear Hotel backs Stepping Stone appeal

THE Bear Hotel in Cowbridge is holding a gala summer ball and auction, hosted by TV and radio star Owen Money, to raise funds for Velindre Cancer Centre's Stepping Stone Appeal.

Julian Hitchcock, the owner of the Bear Hotel, explained: "Nine months ago Huw Evans, the photographer, asked if I would help him raise £1,000,000 for the Stepping Stone Appeal."

"Huw has already persuaded 15 Welsh international rugby captains, and 30 other far less athletic climbers, to climb Mount Kilimanjaro, the world's highest volcano, for the fund."

Huw was inspired to raise funds for the Stepping Stone Appeal, which provides funds for research into lung cancer, after his wife Sue, a non smoker, was diagnosed with it.

Julian said: "I have two events planned. The first on June 18 is a gala summer ball and auction hosted by Owen Money."

There will be champagne and canapes, with a fantastic five-course dinner and dance until 1am.

"We have some excellent items for auction, but all donations will be gratefully received and will be acknowledged on the night."

"The second event is a Celtic Cycle Challenge, commencing in John O'Groats on July 31. It will travel down to Stranraer, over to Ireland, downhill to Dublin – we hope – back to Holyhead, and then home!"

"This challenge will take my team of highly tuned athletes – family and friends equipped with a large quantity of haemorrhoid cream – on a 700-mile trip of mountains, lochs, seas and hills."

"If people want to sponsor us, we are more than happy to wear T-shirts with their name on the ride."

Julian is appealing to all local residents in the area to help in any way they can.

Auction items are welcome, as is sponsorship or donations.

The donation page is www.justgiving.com/Julian-Hitchcock-Geoff-Graham.

For more information on this worthy cause, please go to www.velindrefundraising.com.

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Dinas Powys woman won't let arthritis hold her back in life!

ANNA-MARIE JONES, the regional fundraising officer for the charity Arthritis Research UK, was joined by family and friends of all ages to celebrate her 40th birthday at a recent garden party fundraising event.

The day was a great success, not only due to the fantastic weather, but also to the activities – a children's lucky dip, a raffle, Arthritis Research UK goods on sale, a fish and chip supper supplied by the local Dinas Fish Bar and generous donations.

Arthritis Research UK banners adorned the house and party gazebos to raise awareness of the charity, which aims to ensure that more people with arthritis remain active and free from pain.

Anna-Marie commented that it was a good week to have a birthday, as it was the start of the National Arthritis Awareness Week.

Anna-Marie has arthritis herself and was diagnosed eight years ago with two chronic arthritic conditions, palindromic rheumatism and fibromyalgia.

As a former gymnast and fitness fanatic, this came as a real blow. She also had to give up a career in the civil service.

With help from her rheumatologist, Dr Sharon Jones, Anna-Marie manages to cope by taking various medications on a daily basis, but often has flare-ups which cause



Anna-Marie Jones.

her to become bedridden and totally debilitated.

To look at Anna-Marie, she seems a picture of health, but she said: "Looks are deceiving, the general public do not have a clue how people with arthritis suffer."

"My friends and wider family only see me when I am well and out and about, but my immediate family know what I go through."

"During an exacerbation of my symptoms, my husband often has to carry me to the lavatory and my five-year-old daughter is unable to give me a hug, because I hurt so much."

People often tell Anna-Marie that she is too young to suffer with arthritis, but this debilitating disease affects children as young as three months old, a condition

known as Juvenile Idiopathic Arthritis.

In July of 2008, Anna-Marie was given the opportunity to work on a part-time basis under the supported permitted work rules for Arthritis Research UK, (formerly known as the Arthritis Research Campaign 'arc').

At first, this was a struggle, but Anna-Marie has persevered and says: "I am a very lucky individual to be given the opportunity to be able to work flexibly for a charity so close to my heart."

"Since meeting Fred Johnson, the regional fundraising manager for Arthritis Research UK and working for the charity, my life has turned around and I can empathise with and help others who suffer as I do."

For details on the work carried by Arthritis Research UK, contact Fred Johnson/Anna-Marie Jones on 01446 722957, or fjohnson@arthritisresearchuk.org

MOON RALLY

ON their 18th birthday, Rusty Sprocket motorcycle club will present Moon Rally 2010 on July 2-4 at Marconi Holiday Village, Lavernock Point, Fort Road, Penarth.

All proceeds go to Cross Roads Care. For full details, contact 07968 169785, 07817 275615, 07702 579817.

Live music in on-site pub Friday and Saturday.

NEWS FROM THE PENARTH COMPUTER CLUB

Tackling all the travails and tests of tabs and printing

SOMETIMES it is forgotten that computers are not at all bright.

They are only capable of doing precisely what they are instructed to do, but they do it with infinite patience until they are given new instructions, and they are not awkward, irritable or uncooperative.

A friend rang with a printing problem.

For some reason a list he normally produced without difficulty suddenly went haywire; it was an address list on a spreadsheet.

It had columns for name, address and telephone number and ran for about five pages.

Suddenly it would print only the names – he looked at adjusting the Print Area, but that was already correct.

When looking at the print preview before actually instructing the print, the first page showed only the names alongside the row number, which was not at all satisfactory.

Bearing in mind the situation explained at the start (dumb machine; strict obedience) it was discovered by scrolling down the Print Preview, that the missing information was previewed on pages 6 to 10 and would have been obediently printed – just not where it was wanted.

When setting the print area my friend had selected File>Page Setup>Sheet.

On the Sheet Tab he had set the correct print area, but further investigation revealed that he had instructed the computer to print the row numbers and column headers by accidentally ticking the box that triggered the printing.

The computer dutifully added a column on the left-hand side for the row numbers and the effect was to push the address column to the right just enough to make it too wide to fit within the remaining width of the page.

Un-ticking the box and saying OK changed the overall printing instruction to its original condition and the problem went away.

Another solution would have been to select File>Page Setup>Page and adjust the scaling to, say, 95 per cent and say OK, but that would have left the row and column headers in place.

Within the same Tab, he could have selected Fit to 1 Page wide by 6 pages tall and let the computer decide what the scaling percent would need to be.

The address column was so wide only because the occasional address was international and consequently

longer than most.

It was a simple matter to format such a cell to allow automatic wrapping of the long address-ess onto a second line by right-clicking on the cell>Format cells>Alignment.

On the alignment Tab, tick the Wrap Text box and in the Text Alignment section select Vertical>Top.

Once one cell has been so formatted the format painter can be used to paint the format into any others.

FOR some time, I have been intending to rationalise the filing system on my computer.

I suspect that I share my problem with many people who have allowed their system to grow in a fairly undisciplined way until sorting it out becomes (a) necessary, (b) very difficult, and (c) a job to put off until more time is available.

In the intervening months, I have discovered that the 'more time' is a myth and the task just gets bigger.

I have, however, gleaned some tips on how to tackle the job and shared some thoughts with the club members at a recent meeting.

Naturally, hindsight says that the best time to organise your files is before you have so

many that the very task is daunting.

With a paper system, each sheet of paper stays wherever it is placed until a conscious decision is taken to move it. A computer system can't behave so passively – it MUST impose order in some way. It cannot handle randomness!

Imagine putting all files into a single folder. It would quickly become a single long list that would take a long time to search. So the file would then be split into sub-folders which in turn would need dividing again.

The routine of folder division can be repeated, but note that the absolute file name includes everything from C:\Folder\folder\S2\filename to a maximum of 256 characters.

How do you split the folders? It depends on the content and is purely a matter of personal preference. It could be by:

Category – Letters, Pictures, Holidays, Garden, Household, Work, Hobbies.

Date – 2009, January, February, March etc.

Organisations/clubs – People, Fred, Joe.

Within each folder the file listing would be alphabetical or numerical.

Order is more easily retained if the file title

goes from the general to the particular. I often include the date at the start of the file name in the form of YYYYMM-DDD.

That way they will be automatically stored in date order, as any numbers are listed before letters.

In the same way, a group of folders could be forced into a sequence by prefixing the title by a number.

The same effect can be obtained by using letter prefixes such as AAA; BBB to get folders to the top of a list (or ZZZ to put them to the bottom of the list).

Windows 7 has recognised the value of giving options for the way that files are arranged when you are looking at them. They can now be displayed by folder or grouped by day or month.

I learned how to cope in earlier versions of Windows. Now I have to decide if I can let Windows 7 save me much of the effort.

Decisions, decisions! The next meeting will be on Tuesday June 8.

Chris will be looking at home networks and how to keep them secure. Visitors always welcome.

For more information, telephone 029 2070 8439.

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Relationship breakdown – putting your children first

The law dealing with relationship breakdown and children is a gift to family lawyers in that it makes the children the first, only and last consideration. Whatever we advise our clients, we must also focus on what is in the best interests of the children. The problem is that there are usually two parents with completely opposing ideas of what is in the best interests of their children, often both full of love and acting with the best possible intentions. This is where a gifted family lawyer can help parents through fear, distress and anger, encourage them to put themselves in their children's shoes and make decisions that truly ARE in their best interests.

Five things your children will thank you for:

Don't kid yourself

Children learn everything they need to know about relationships from their parents. What does a house filled with tension and resentment teach them? Children don't thank their parents for staying together 'for them'. Two happy homes with fulfilled and committed parents are much better than one miserable one.

...or them

If it's over, be honest. Tell them in an age appropriate way what is going to change and a little bit about why. Involving them, especially if you feel that you can both tell children about the changes together, will take away some of the fear and unsettling feelings. Make sure everything comes with lots and lots of reassurance about how much they are loved by both of you.

Be flexible

Try to keep as much of the old routine in place as possible but make sure that there are settled arrangements for children to be with both parents as soon as practical. Children are remarkably resilient and adapt to all sorts of changes so do not panic.

If one parent isn't turning up to contact sessions, birthday parties or swimming lessons, address it with them yourself or with a solicitor if you feel unable. It may be that it could be easily sorted with some flexibility on both parts. If it gets worse, don't lie to children. Don't be brutal but honesty is kinder than pretence in the long run.

Don't dish the dirt

You might try your hardest not to argue in front of your children but you can guarantee that they will soak up every negative feeling like little sponges. Try to be civil and if you really can't speak to each other use email or agree to use your solicitors to contact each other for a cooling off period.

Remember Mum will always be Mum and Dad will always be Dad. Things get very complicated for children if they feel conflicted in loving one parent when the other says that he or she is a bad person.

Accept you are going to be in each other's lives as parents. Full stop.

As soon as parents get their heads around this, everything becomes easier. You might not love each other and you might not agree on much but you both still love and want the best for your children.

A good children law specialist ultimately will help parents realise that the best people to make decisions about children are their parents.



Need Help? – For help with the legal aspects of divorce and relationship breakdown, call Kathryn McTaggart on 0845 680 2507 (local rate) or email Kathryn.McTaggart@family-lawfirm.co.uk

Kathryn offers a free half hour consultation. Find out more by visiting www.family-lawfirm.co.uk

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Vale councillors' allowances fall just short of £1 million

THE total allowances paid to Vale councillors in the period from April 1, 2009, to March 31, 2010, show that the total paid out is £947,087.

The table reproduced below details the payments made, and the columns show the basic allowance paid to councillors, the payments made for 'special responsibilities' and any claims made for expenses incurred on council business.

The figures show that all the councillors have claimed the basic amount,

£13,356, the sole exception being Coun Gwyn John of Llantwit Major, who declined to take this year's annual increase.

The biggest special responsibility payment goes, as usual, to the council leader, who receives £35,462, taking his total salary to £48,818. Coun Kemp did not draw any expenses, and this was true of 26 other councillors.

The second-biggest special responsibility payment went to Coun Hunter Jarvie, the deputy leader, who received

£19,505, plus his basic allowance.

The other cabinet members on the Vale Council, Couns Jeff James, Janice Charles, Paul Church, Geoff Cox, Anthony Ernest, Tony Hampton, Rhodri Traherne, and Dorothy Turner, all received £17,731, plus their basic allowance.

As far as expenses are concerned, two councillors claimed more than £1,000. They were Coun Anthony Ernest (£1,450) and Coun Audrey Preston (£1,308).

Vale of Glamorgan Council Members' Allowances paid in 2009/2010 for period: 01.04.2009 to 31.03.2010

List of Members	Basic Allowance	Responsibility Allowance	Other Expenses	Total
Alexander, M (Mrs)	£13,356.00			£13,356.00
Bagstaff, S (Mrs)	£13,356.00			£13,356.00
Bertin, R	£13,356.00			£13,356.00
Birch, MEJ (Mrs)	£13,356.00			£13,356.00
Bird, J	£13,356.00	£7,091.00	£471.60	£20,918.60
Brooks, B (Mrs)	£13,356.00			£13,356.00
Charles, J (Mrs)	£13,356.00	£17,731.00	£115.60	£31,202.60
Church, P	£13,356.00	£17,731.00	£786.90	£31,873.90
Clifford, J	£13,356.00	£10,637.00	£676.80	£24,669.80
Cox, GA	£13,356.00	£17,731.00	£788.30	£31,875.30
Curtis, RF	£13,356.00			£13,356.00
Drake, P (Ms)	£13,356.00			£13,356.00
Egan, S	£13,356.00			£13,356.00
Ellis, V (Mrs)	£13,356.00	£2,182.48		£15,538.48
Elmore, C	£13,356.00			£13,356.00
Ernest, AM	£13,356.00	£17,731.00	£1,450.00	£32,537.00
Fraser, J	£13,356.00	£10,637.00	£108.40	£24,101.40
Hacker, E	£13,356.00		£598.40	£13,954.40
Hampton, A	£13,356.00	£17,731.00	£877.20	£31,964.20
Hartrey, V (Mrs)	£13,356.00		£113.60	£13,469.60
Hatton, K	£13,356.00			£13,356.00
Hodges, NP	£13,356.00	£3,547.00		£16,903.00
James, HJW	£13,356.00	£17,731.00	£944.90	£32,031.90
Jarvie, TH	£13,356.00	£19,505.00	£579.60	£33,440.60
John, G	£13,030.00			£13,030.00
Johnson, FT	£13,356.00			£13,356.00
Kelly Owen, M (Mrs)	£13,356.00	£6,271.00		£19,627.00
Kemp, G	£13,356.00	£35,462.00		£48,818.00
Kemp, K (Mrs)	£13,356.00			£13,356.00
Moore, AJ (Mrs)	£13,356.00			£13,356.00
Moore, N	£13,356.00	£10,637.00		£23,993.00
Osborne, CL	£13,356.00	£819.67	£408.00	£14,583.67
Preston, A (Mrs)	£13,356.00	£6,517.00	£1,308.40	£21,181.40
Randall, M (Mrs)	£13,356.00			£13,356.00
Sharpe, S (Mrs)	£13,356.00			£13,356.00
Thomas, J	£13,356.00	£10,637.00		£23,993.00
Thomas, R	£13,356.00		£558.00	£13,914.00
Traherne, R	£13,356.00	£17,731.00	£105.60	£31,192.60
Turner, D (Mrs)	£13,356.00	£17,731.00	£98.80	£31,185.80
William, S	£13,356.00			£13,356.00
Wilkinson, M (Mrs)	£13,356.00	£10,637.00		£23,993.00
Williams, CJ	£13,356.00	£10,637.00	£219.20	£24,212.20
Williams, Clive A	£13,356.00	£7,091.00	£68.80	£20,515.80
Williams, ET	£13,356.00	£4,486.25		£17,842.25
Williams, S (Ms)	£13,356.00	£10,637.00		£23,993.00
Wilson, M	£13,356.00			£13,356.00
Wright, M (Ms)	£13,356.00		£123.60	£13,479.60
TOTAL	£627,406.00	£309,279.40	£10,401.70	£947,087.10

Council say 'no' to Best Kept Village competition

THE Llantwit Major Town Council has declined to give any financial support to the Vale of Glamorgan Best Kept Village competition.

The council received a letter from the organisers seeking support as money is needed to award prizes to the winners.

The letter points out that the competition is relevant to towns as well as villages, as schools enter the children's competition.

Last year, St Illtyd's Primary School came fourth out of 12 entrants at primary

school level and the organisers hope more Llantwit Major schools will enter this year.

The Vale-wide competition is popular with schools because it fits in with the school curriculum and gives them an incentive to get planting!

Its accounts show that it does get grants from towns in the Vale, including Cowbridge, which also has a representative on the committee.

Coun Eric Hacker said that the council had not donated for many years: "I cannot blame the council, because we are a town and not a village, but we do have schools

that enter the competition. It would be a good investment," he insisted.

He was unable to vote as he is involved with the organisation, but Coun Anita James moved that the council donate £50. This proposal was not seconded.

Coun Russell Downe said that the town council already organised its own competition for school gardens and giving money for the Vale Best Kept Village competition would double up on that.

"We already spend our money on our own scheme," he added.

Barry Island pupils ask: 'Who was Nell?'



ABOVE: 5 to 7 group winners.. BELOW: 7-11 group winners.



A SPECIAL assembly was held recently at Barry Island Primary School to present certificates and prizes to the winners of a competition sponsored by Nell's Point, the local station of the National Coastwatch Institution.

The competition organiser, roster officer Neil Brown, praised the imagination and creativity of the children, who were set the task of explaining why Nell's Point is so called.

Entries included paintings, models and creative stories and the station manager, Peter Woollacott, was on hand to present the prizes to the winners.

He too was struck by the children's imagination, and was pleased to recognise another development in the growing partnership between the school and his station.

On June 10-11, the school will be holding an exhibition at the station and this will be followed on July 25 by the annual open day of Nell's Point.

The winners were as follows: 5 to 7 age group, 1st, Tom Waters; 2nd, Isabella Edward; Joint 3rd, Morgan Dancey and Samuel Powell. The 7 to 11 age group, 1st, Louie Raven; 2nd, Morgan Edwards; Joint 3rd, Antony Hellinger and Kate Roberts.

NB

Up the garden path for charity

A group of Barry residents are opening their gardens to the public, as part of the National Gardens Scheme.

Dave Bryant's garden at 47 Aneurin Road, is a small green space with a 'pets corner' of plants named after animals in an ever-changing garden with more than 600 plants.

Dave entered the Barry Gardens in Bloom competition and came second last year.

Deborah Palmer's garden at 11 Arno Road is a plant-lovers' garden with a pond, a rock garden, alpine sinks, a fernery and many herbaceous plants and shrubs, and has recently been filmed by HTV for a series to be shown later in the year. There will be plants for sale and teas.

1 North Walk usually opens, but due to unforeseen circumstances will not be open in June, and hopes to open on August 1.

Proceeds are in aid of cancer charities and other worthy causes.

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Surgeon's formidable challenge is Tour de France Alpine ascent

A CONSULTANT surgeon at the Princess of Wales Hospital, Bridgend, is tackling a mammoth cycling challenge to raise cash for the children's hospice, Ty Hafan.

In fact, it is very much a case of one thing leading to another, because last year he had his first outing in the saddle, when he cycled from London to Paris for charity.

Richard told The GEM: "I enjoyed that ride so much, and it proved to be a great way of keeping fit, so this year I aimed a bit higher."

To be precise, that would be about 1,200 metres higher, because this time he is to cycle from London to



Geneva, and one day features a lung-bursting ascent that has featured in the Tour de France.

He has to cross the Jura mountain range to reach his Swiss destination, with a climb of

LEFT: Surgeon Richard Hedges at work and **(RIGHT)** in training for his cycling challenge.

1,232 metres to be conquered.

Richard Hedges joined the Princess of Wales 18 years ago, and specialises in arterial surgery.

After seeing the effect of an unhealthy lifestyle first hand in the operating theatre, he has always kept reasonably fit.

He has remained in trim by surfing, and is an active member of the Southerndown Surf Life Saving Club.

However, the cycling tests have made new demands on him. He said: "When I did the first ride, I was



nervous – in case all the other riders were experts, but in the end I was safely in the pack of 21 who cycled to Paris."

This year's ride has that major difference –

the ascent in the Alps. Richard is doing his best to prepare, and is a regular sight on the Bwlch mountain road – which, unfortunately, is not quite as high as the Alps.

He said: "I really can recommend cycling as a great form of exercise, and it is great to be able to do something to help Ty Hafan."

"Its work is invaluable and I am keen to raise as much sponsorship as possible."

To sponsor Richard Hedges, visit the online fundraising page on www.justgiving.com/ric-hard-hedges

Payment can be made by credit card or debit card.

The money will go directly to Ty Hafan.

Vale Probus Club trip 'sees that west is best!'

MEMBERS and partners of the Vale Probus Club are shown **(LEFT)** at the finish of a Ladies Day excursion to west Wales recently, at the behest of this year's chairman, John Meredith, who was delighted to be able show off his home turf!

A coffee stop at Cwmcerrig Farm, near Cross Hands, lunch in Narberth and then a tour of Pictou Castle and gardens in the afternoon were enjoyed by all. The day fin-

ished with a lively meal, courtesy of the Trio Brasserie.

In its 12 years' existence, the club (which currently has 45 members) has a regular programme of monthly meetings and occasional visits.

A trip to Flat Holm in the summer and the National Museum of Contemporary Industry in early autumn are already arranged.

Visitors and guests are always welcome at the meetings in the Duke of Wellington, Cowbridge, on the last Tuesday of every month.

AF

Paula shows troops that 'Orchard' cares!

PAULA CHAMP, a worker at Orchard House residential home, Colcot Road, Barry, recently decided to send gift boxes to British troops in Afghanistan.

To her "amazement", she was soon up to 50 boxes – and the home threw a celebration party when the total reached 100 last weekend.

Paula said she wanted to thank the management, staff, residents, residents' families and all who took part in filling the boxes.

She has received letters from the troops, thanking the people of Orchard House for caring, and for making their service there more bearable.



ABOVE: Paula Champ (in uniform) with Betty Pratt (front) and back left, Myra Walters and Mavis Wood.

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Festive recall as local schools collect their card recycling prizes



Ysgol Erw'r Delyn wins top spot in the special school category.



ABOVE: Secondary winner Jack Powell from Stanwell Comprehensive.



ABOVE: Special school champ Jamie Gordon with Couns Cox and Hampton and acting head teacher Lynda Gyton.

THE winners of the Vale Council's popular Christmas card recycling project were announced this week.

Topping the primary school category for the third year was St Joseph's Roman Catholic Primary School in Penarth; while St Richard Gwyn Roman Catholic High School also returned as winners in the secondary school category.

Ysgol Erw'r Delyn held on to the title of special school winner – and also doubled the number of cards collected compared to last year with a massive 46,000 – an average of 834 per pupil!

In the individual categories, Jack Powell from Stanwell Comprehensive School scooped the secondary school card champion's prize.

Jamie Gordon from Ysgol Erw'r Delyn again won the top special school pupil accolade with an astonishing 39,200 cards – more than double the amount he collected last year.

Georgia Lees from Holton Primary School stopped counting her cards when she reached 36,000 to again win the top primary slot.

This year, a special merit award was also given to Josh Hurley from Ashgrove School for his 37,000 card total.



Georgia Lees from Holton wins primary spot with 36,000 cards.

Llandough fete promises lots of fun!

LLANDOUGH Community Council and local organisations will be holding their annual village fete on Saturday, June 12, from 2pm in King George V Memorial Playing Fields, off Leckwith Road.

The afternoon will include

attractions for all the family, featuring music from the Dinas Powys Ecumenical Seven; magic and balloons from Mr T-Ricks; a display from the Desert Divas Belly Dancers; free classic bus rides; classic bikes; steam train demonstration; pet com-

petition; children's races; a petanque demonstration; fire engine and music/dancing from the Llandough Primary School.

A wide range of stalls will be available, with refreshments in the marquee.

NEWS FROM BARRY COMPREHENSIVE SCHOOL

PUPILS' CILT CYMRU LANGUAGE AWARD



Some of the winners with Miss Evans, Kristina Hedges (Cilt Cymru) and Laurie Foucherand.

RECENTLY, Miss Evans and Laurie Foucherand (the French assistant) accompanied a group of year-10 and 11 students to the CILT Cymru awards ceremony at the Optic Technium centre in St Asaph, north Wales.

A spokesperson reports: The pupils had reached the finals of their category and the runners-up

and the winners were invited. Unfortunately, not all students were able to attend.

To gain the award, pupils produced a timeline and DVD, a calendar and a photo filled power point presentation. The ceremony was organised by the British Council (Wales) and CILT Cymru.

Miss Evans, Laurie and the pupils were "thrilled" to hear that they had won the CILT Cymru 'Get to know your Language Assistant' award. The winners

were Caelum Davies, Chris Jones, George Scott and Liam Hodges (time-line and DVD), Ieuan Thomas, Sam Rimell (Calendar) and Alex Johns, Drew Simpson, Scott Nelson, Ian Crapnell (power point)

During the day, pupils learnt some Polish and German and they also did some salsa dancing and Tai Chi. The long journey had been worthwhile and Miss Evans and the languages faculty are extremely proud of the students.

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Penarth fundraising event will help save children's sight...



ABOVE: Rita Rees of Barclays Bank Penarth with Ken Jones of Penarth 41 Club, receiving his raffle prize from Bill Christensen and Ann Marie Ablett, volunteer nurse and ORBIS Ambassador.

RIGHT: Ann Marie, with Bill, receiving a cheque from Dave Wiltshire, president of Dinas Powys Rotary Club.

RITA REES, an employee of Barclays Bank in Penarth, recently took part in a charity function at the Sea-Shore Grill & Café Bar in Swanbridge.

More than £1,700 was raised for ORBIS UK, the charity with a flying eye hospital which provides sight-saving operations and medication to young children with cataracts, trachoma, glaucoma and eye disease, together with special training for medical professionals.

Barclays then matched the funds raised under the employee £ for £ scheme.

Cathy Brown, community manager, said: "At Barclays, we are committed to communities and we are delighted to be able to achieve something which we hope will make a real and lasting difference."

The funds raised will enable the volunteers at 'ORBIS' to carry out 3,000 cataract operations, or treat 10,000 children with antibiotics.

If the children are not treated by the

time they reach six years of age, they will often become permanently blind.

Bill Christensen of Dinas Powys Rotary Club, vice-chairman of Penarth 41 Club and fund raiser for 'ORBIS' said he was "absolutely delighted with the result, which will help save the sight of thousands of babies and young children."

Bill is "extremely grateful" and thanks Barclays Bank, Penarth 41 Club, Dinas Powys Rotary and Waterstones Books for their support, not forgetting the rest of his friends and guests, who experienced an entertaining and enjoyable evening.

He also praised generous donations from Pietro of the Manor House, and Gordon Hadfield owner of the Seashore Grill and his staff for their hospitality. Excellent entertainment for the evening was provided by the band of Tony Morley and his 'Little Giants'.

Further information on ORBIS can be obtained from their website www.orbis.org.uk

Bafta glory! Local costume designer scoops a top award

A COWBRIDGE woman, Ffion Elinor, is celebrating after scooping the prestigious BAFTA Cymru 2010 prize for 'Best Costume Design'.

She beat off tough competition to win the award for S4C's *Ar Y Tracs* film which was written by, and starred, Gavin and Stacey actress Ruth Jones.

However, Ffion is no stranger to the glitz and glamour of the showbiz world, having worked in the industry for many years, designing costumes on feature films for such Hollywood royalty as Wesley Snipes, David Schwimmer, Colin Firth and Naomi Watts.

Although she won a BAFTA for *Hearts of Gold* in 2003, winning this award was a personal triumph, as *Ar Y Tracs* was her first foray back into film and television work since taking three years out to raise her two young children - Mali (five) and Wil (two) - and to marry her long-term partner Leigh

Jones. Ffion said: "I was as surprised as anyone else when my name was called out. I had to double take, but it's a great honour as the winners are chosen by fellow industry professionals."

"Working with Ruth Jones was great fun and to win this award is the icing on the cake."

"I had a stunning bouquet from Ruth and her husband David the following day, which was very touching."

"Having made the decision to take a career break to raise my family, I was nervous about going back into work, but to come back after three years and to win a BAFTA, is a real boost to my confidence."

"Raising a family is a tough job, but the rewards are incredible and, in a similar vein, working in the film and television business has its challenges."

"Winning this BAFTA feels like real recognition for the hard work and it at least gives me something new to polish on the mantelpiece!"

New community bus for the Vale

A new community transport service for the Vale is being launched on Friday at Dyffryn Gardens.

The Greenlinks Community Transport Service offers a 13-seat mini bus which has been adapted for wheelchair users. It is available for use by all residents and community groups in the rural Vale.

Users could vary from an individual needing to attend an appointment, a junior football team needing transport to an away game or an arts group going to an exhibition.

The project has been funded by the Rural Development Plan for Wales which in turn is funded by the Welsh Assembly Government and the European Agricultural Fund for Rural Development. It is administered by Creative Rural Communities.

At last! A new lease of life for the Pumphouse

NEWS that one of Barry's most familiar landmark buildings will be renovated at a cost of £1million has been welcomed by local campaigners, but they are keen to know what it will house.

The Vale Council has announced that the Pumphouse will be restored by John Weaver (Contractors) Ltd and will be overseen by conservation architects Acanthus Holden Architects.

A council spokeswoman said: "It will undergo a £1 million external restoration to ensure the building is saved as an important part of Barry and Wales' industrial heritage. The project is being funded by the Vale Council and Welsh Assembly Government."

Listed by CADW as one of the few hydraulic pumphouses remaining in Wales, the Pumphouse formed part of Barry's dock complex and remains an important local landmark, with its imposing 42 metre chimney.

Built during the 1880s it provided hydraulic power to operate coal drops, lock gates, swing bridges and other equipment around the docks.

The building comprises two parts, the north and south ranges. When operating a century ago the north range would have contained workshops and hydraulic controls.

The south range would have contained boilers and steam-powered



ABOVE: The Pumphouse is in line for a £1million external renovation.

engines. Completion of the restoration works contract is scheduled for the Spring of 2011. In tandem with saving the historic property the council will be marketing the Pumphouse for a use that will benefit the area economically.

Campaigners were quick to focus on the building's final purpose. Paul Haley of Pride in Barry said: "The Pumphouse is an iconic building and needs to be the centrepiece of the Waterfront heritage, which needs to be able to tell the story of the former Barry Docks."

"I note that this announcement is for 'external restoration' and wonder therefore what further monies will be necessary for internal restoration to make it attractive to the market."

Dilys Colbourne of Barry Citizens' Action Group said she favoured the building being a heritage centre. "It should be a multi-purpose venue with a heritage centre which details the local history including our maritime past, a gift shop which should showcase the work of local Welsh artists, a cafe and the opportunity to hire bicycles."

"Its location, near to the heritage railway and Barry Island, would stimulate tourism."

"We need an indoor attraction for visitors to go to when there is bad weather," she added.

AM welcomes safety crossing

REGIONAL AM Chris Franks has inspected safety work near the Gladstone Road Bridge site in Barry.

A pedestrian crossing is being built near the Morrisons supermarket at the Waterfront.

The former Vale councillor said: "I am delighted that work is underway after all the pressure from local residents and from Plaid Councillors Barry Shaw and Caroline Turner. It is absolutely essential that we make walking to shops safer and more convenient."

"The provision of a controlled crossing dramatically improves the

safety, especially for young people and people with walking difficulties. It can also make life easier for motorists."

"It is good to see we have started to make progress at this location."

ST JOHN CONCERT

THE St John's Council in the Vale presents Mid-summer Music, featuring the South Wales Police Band at 7pm on Thursday, June 10, in Dyffryn Gardens, St Nicholas.

For tickets, contact Basil Watkins on 01446 774448. Proceeds are in aid of St John Ambulance in the Vale.

Roadworks report

Plassey Street, junctions with Glebe Street, Ludlow Lane, Ludlow Street, Arcott Street and Windsor Road, Penarth - carriageway width restrictions.

Pontypridd Street, junction with Mount Pleasant, Barry - footway restriction in place. Gladstone Road Bridge to the Barry Waterfront - traffic management.

Coffee morning

AGE CONCERN'S Western Vale Good Neighbour Scheme is holding a coffee morning on Thursday, June 10 at the Llantion Hall, Boverton Road, Llantwit Major, from 10am-12pm.

Admission is £1.50 and includes coffee, tea and biscuits - plus top-ups. There will be a variety of stalls - home-made cakes, tombola, bric a brac, plants and a raffle. Proceeds will go towards the good neighbour scheme.

Brian Lee

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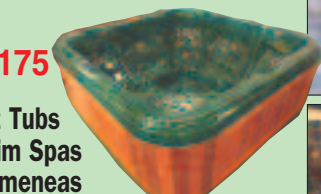
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National Glaucoma Awareness Week

JUNE 7-13, 2010

'50 PER CENT NOT AWARE OF THEIR CONDITION'

ONLY AN EYE TEST CAN DETECT GLAUCOMA...

IT is estimated that at least one in 50 people aged over 40 are at risk of having glaucoma, which is one of the leading causes of preventable blindness in the UK today.

A spokesman for National Glaucoma

Glaucoma support

THE Princess of Wales Hospital Glaucoma Patient Support Group's next meeting will be held on Wednesday, June 23, from 2pm-4pm.

It will be held at the Residents' Community Hall, Princess of Wales Hospital.

There will be a discussion of DVLA standards; a film of a trabeculectomy operation; and a talk about the RNIB national sibling awareness project.

Everyone is welcome and refreshments will be provided.

Awareness Week, running this year from June 7-13, explained: "The shocking reality is that 50 per cent of people with glaucoma are currently unaware of their condition."

"In other words, potentially 250,000 people in Wales and England could easily be losing their sight at this moment because, in most cases, glaucoma has no symptoms in its early stages!"

One staggering statistic is that over the next 10 years, the number of people registered blind or partially-sighted because of glaucoma, will increase by about 25 per cent.

The spokesman pointed out:

"Unfortunately, this figure doesn't take into account all the individuals whose everyday life will also be affected by the condition but will not be registered."

National Glaucoma Awareness Week hopes to get two messages across – 'we are all at risk' and 'detection is the key'.

Some people are at increased risk, such as people over the age of 40, those with a family history of the condition, or people suffering from short sight, or diabetes. People who are of African-Caribbean origin could also be at increased risk.

The spokesman said: "During the awareness week, our aim is to

encourage everyone over the age of 40 to have a regular – once every two years – eye test that includes all three glaucoma tests: ophthalmoscopy, tonometry and perimetry.

"They should do this, whether or not they believe there is anything wrong with their vision."

The CEO of the International Glaucoma Association, David Wright, added: "A comprehensive eye test for glaucoma is painless, quick and amazingly good value for money, when compared with the

consequences of losing your vision.

"The eyes may or may not be the windows to the soul, but they are certainly a very important window through which only a skilled eye examiner can see a wide range of important things to the benefit of the individual and society as a whole."

Glaucoma affects two per cent of the population over the age of 40, and accounts for 13-14 per cent of the people on the blind register in Wales and England.

Contact www.glaucoma-association.com

Jones & Jones have dedicated glaucoma diagnostic clinics

CHRONIC glaucoma affects two per cent of the population over the age of 40, increasing to eight to 10 per cent over the age of 75.

A spokesman from Jones & Jones Optometrists explained: "There are about 500,000 people in Wales and England with glaucoma, and about 70 million worldwide."

"It is estimated that

up to 50 per cent of people with glaucoma are undiagnosed. There are no symptoms until extensive irrevocable damage has occurred.

"Early diagnosis and treatment are essential in preventing irreversible vision loss."

To increase your chance of being diagnosed early, you should visit your optometrist at least every two years – or more frequently if you have a relative with first degree glaucoma.

There are three tests, and for some patients it may be available on the NHS; for others, there will be a charge".

If you are concerned about the possibility of glaucoma, Jones & Jones Optometrists on High Street, Barry have dedicated glaucoma diagnostic and management clinics.

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RIGHT: Head of the caring department Myra Thomas, students Lisa Watt, vice-principal Kay Martin, student Michelle Jones, and Care Council for Wales student funding manager Delor Brown.



BARRY College has held the first of a series of events offering advice to people interested in a career in the care industry.

It included industry representatives, such as sector skills council the Care Council for Wales, as well as City & Guilds and the WJEC.

Wales Council for Care Student Funding manager, Delor Brown, said: "Events such as these give us a chance to make young people aware of the opportunities available in the Social Care sector, and what qualifications are needed."

WE welcome your news, views and sports items. Please email them to: ggem@internet-today.co.uk

Shed break-ins prompt Llantwit police warning

POLICE have warned householders in Llantwit Major to be vigilant, following a spate of break-ins at sheds and garages in the area.

PC Colin Malone told Llantwit Major Town Council that this was a summertime crime when thieves try to break in and steal gardening equipment which they can sell on.

He said that everyone should ensure that their sheds and garages are kept locked and that equipment should not be left lying around outside in the garden.

• An incident had taken place in Llantwit Major in the early hours of a week last Saturday, following the rugby club dinner.

He said that some members of the club were involved, but declined to give further details. He said that the incident was currently under investigation.

• PC Malone told the council that a cannabis factory had been discovered in Llantwit. A rented

house was re-possessed and the cannabis was discovered.

He said that police were trying to discover the identity of the ten-

ants who had rented the house.

• The recent fine weather has resulted in some incidents taking place at the beach in Llantwit

and officers were paying attention to that area.

• He said that over the past month there have been 26 crimes, of which 13 were detected.

Future of new beach path is still uncertain

THE future of the new path to Llantwit beach is still uncertain.

Llantwit Major Town Council heard that no further information was available about whether or not funding was being provided by the Vale Council for this project.

Funding from the Welsh Assembly Government was lost because the Vale Council was unable to progress the scheme during the last financial year and WAG was unwilling to carry the money over.

Members heard from Coun Gwyn John at their last meeting that the scrutiny committee had recommended that the Vale Council meet the cost itself from its own resources if WAG will not change its mind. The

issue was due to be discussed by the Vale cabinet. Coun Bob Gant queried what was happening at this month's meeting of the town council: "We were told verbally that all issues had been resolved but we have not had that confirmed in writing."

Coun John replied that there was not much to add: "I contacted the council leader after we heard that the Welsh Assembly Government would not carry the money over," he said.

"Coun Kemp stated that he would be asking officers for a full report. That report did not go to cabinet last week, but I do not know if it going to the next cabinet meeting. There are a number of issues that have not been addressed."

Coun Gant said that

the town council needs to move this matter along. "We are going around in circles. We should write to the chief executive."

Coun John said that the council should do that and refer to the scrutiny decision in the letter. "We are slowly losing our patience. Although we understand that WAG is not extending the grant, we have still not had that confirmed officially."

"What action does the Vale Council intend to take in view of their failure to deliver this footpath in the appropriate time scale? The onus must be on them."

"We need answers. It's as simple as that. It's nearly three months since that scrutiny meeting. We should ask for a reply within 10 days."

NEWS FROM PENARTH AND DISTRICT RAMBLERS

Hot foot from Blaen Taff Fawr – all the way up to Pen y Fan

On what turned out to be the hottest weekend so far this year, Val was joined by five walkers for the journey up to Pont ar Daf in the Brecon Beacons, where the car park was already very full.

Their aim was a slow amble up Pen y Fan. Two of the group had not climbed this mountain before.

Setting off across the Blaen Taff Fawr River that helps to feed the Beacons reservoir, they began to climb up what is commonly known as the 'tourist route'; passing a plaque near the bottom that informs walkers the Brecon Beacons were given to the National Trust by the Eagle Star Insurance Company in 1965.

The main track was already like the M4, with people wanting to get out and relax in the hot weather, have some

exercise and enjoy the views. The National Trust work very hard in an attempt to combat the vast erosion from the thousands of feet that walk the mountain paths each year.

Climbing gradually under hot sunshine the group ambled up the stony track, glad of the time to enjoy the panorama of the surrounding views. At the top, despite the heat, visibility was very clear and there was time to stop, point out and name the surrounding mountains for those who were new to the area.

Then they scrambled up Corn Du, which at a height of 873-metres is the second highest peak in the Beacons and its flat, anvil-shaped top is marked by a stone cairn. Having enjoyed the views, it was time to cross the saddle and climb the short distance up onto Pen y Fan.

Pen y Fan, meaning top peak or head of the place, standing at 886-metres (2,907-feet) above sea level is the highest peak in south

Wales. The twin peaks of Pen y Fan and Corn Du were referred to as Cadair Arthur – or Arthur's Chair and their outline against the skyline gives the impression of a saddle.

On the flat broad summit, there were dozens of people and also families with young children – proving you are never too young or old to enjoy a mountain.

Reaching a checkpoint marked by a coloured sail, they found that money was being raised for the Help for Heroes charity, which gives help and support to wounded soldiers.

Val offered to go around the people with a collection box for voluntary donations and raised almost £30, which was most gratefully received.

Having reached the top, they took time for lunch before the descent during which they passed many weary entrants for the charity race that involved three climbs up the mountain side, but in that heat it must have been exhaust-

ing and they should be congratulated.

On June 5, meet at 10am at the Barry Waterfront for an eight-mile moderate walk at Peterston and Pendoylan; contact Rachel on 01446 410545.

On June 6, meet at 9.30am at the Barry Waterfront for a nine-mile moderate/hard walk at Llangynwyd and Mynydd Margam; contact Janet/John on 01446 418514.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, contact the walk leader for advice.

For other groups' walks log onto www.ramblers.org.uk www.ramblers.org.uk Rucksack badges, programmes and membership advice can be obtained from Pam on 029 2021 9102.

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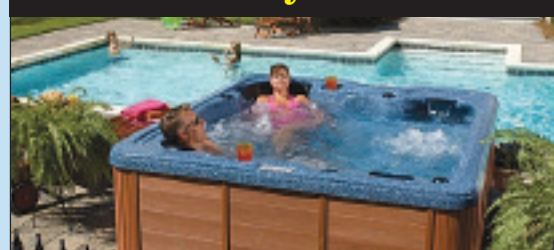
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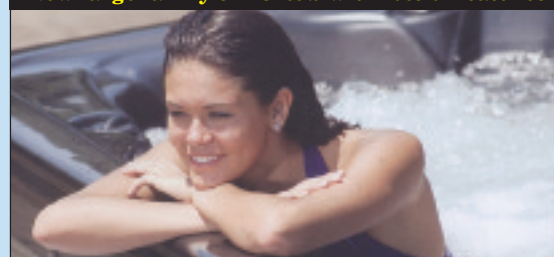
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Walkers welcome AM for Vale festival stroll



ABOVE and BELOW: Walking groups were out and about in the Vale on festival day.



MORE than 300 walkers took part in the first ever Vale of Glamorgan Festival on the weekend of May 14-16, completing walks from a stroll to 11 miles in every corner of the county.

Walkers were drawn from the Vale, neighbouring counties, England, and overseas.

A supporter of Valeways over the past 11 years, Vale AM Jane Hutt, said the festival was clearly "a great success!"

Having taken part in the Michaelston Way Walk on Saturday afternoon, the Vale AM said all the ingredients were there to make this a major attraction in the annual calendar of successful festivals in Wales.

She said: "The Michaelston Way walk took us through the fields of Dinas Powys to the village church of Michaelston-le-pit, passing through Casehill Wood and past Cwm George. Led by experienced Valeways leaders, we enjoyed the walk, the views, the conversation

as well as the weather. "I will be writing to my ministerial colleagues in the Welsh Assembly Government to praise the organisers for this great new event."

"It brings visitors to Wales, provides business for local guest houses and hotels and gives local people the chance to enjoy well-planned walks over a weekend."

Gareth Simpson, of Valeways, said: "We are incredibly pleased with the number of walkers who took part and our thanks must go to the many volunteers who

came together to make this happen.

"Without the support of volunteers from Valeways, Vale of Glamorgan Ramblers, Barbara Palmer and walks provided by Porthkerry and Cosmeston Country Parks and Dyffryn Gardens the festival would not have been possible."

"A live music event was arranged on the Saturday at the Edmondes Arms in Cowbridge, with a great set from Paul Cottrell, Natty German and friends."

"Our thanks also to the Vale Council for backing the event and we hope to build on this next year."

Making our way back to Great Malvern, stopping at St Anne's Well, we were able to stop and have a much needed cup of tea in this beautiful setting before making our way back into the town.

Sunday's walk started at the British Camp car park. British Camp is an Iron Age hill fort at the top of the Hereford Beacon.

This seems to be a popular place for walkers and cyclists, as when we arrived early morning, the car park was already beginning to fill up.

This walk took in the southerly hills, and was more leisurely. After a coffee stop at the quarry, we made our way to the Eastnor Estate, passing along the way an obelisk that was erected in memory of the family who built Eastnor Estate.

The views across the park were beautiful and while having lunch, we were able to observe the deer in the distance, and watch the antics of the ducks in the lake.

Making our way back along the ridgeway, passing through the woods where the bluebells were in bloom, we eventually made our way back to the car park, which is opposite a busy hotel, where we could end our walk with a well earned drink (alcoholic, or non alcoholic) depending on the person.

It's always sad when people start to leave to come home, as everyone enjoys the weekend, but never mind, there is the one in autumn to look forward to, which will be in Devon. GF

Who has lost a ginger tom cat?

A Barry woman who found an injured cat on Lydstep Road on Tuesday evening at 10.30pm, is hoping to track down the owner.

Marilyn Brown said: "The cat is a ginger tom, quite small with short hair. "It looked as if he had been run over. The police helped me to take him to the vet's in Bridgend where he has been receiving treatment."

If anyone believes the cat belongs to them they can contact Marilyn on 01446 747786.

FREE DOG HEALTH CHECKS

LOCAL dog owners are being invited to bring their pet along for a free PDSA Petcheck, as part of veterinary charity PDSA's annual UK-wide PetCheck tour.

A PDSA PetCheck vehicle will be at the following locations this month: June 9, Porthkerry Country Park, Barry - 10am-5pm; June 10, Victoria Park, Victoria Park Road, Barry - 10am-5pm; June 11, Buttrills Community Hall, North Walk, Barry - 10am-5pm; June 12, Cosmeston Lakes and Country Park, Lavernock Road, Penarth - 10am-5pm; June 13, Penarth Leisure Centre, Andrew Road, Penarth - 10am-4pm.

An on-board veterinary nurse will examine the weight, body shape, teeth, eyes, coat and general fitness of dogs.

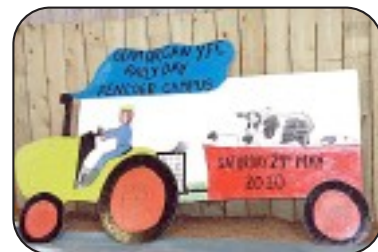
Young farmers clubs get together at local college

RIGHT: Wick YFC's entry was Shirley Bassey.

THE Glamorgan Federation of Young Farmers Clubs County Rally took place recently at Pencoed College.

There were performances from Maendy YFC choir 'No Men Allowed', and from Wick YFC's 'The dusbin men'.

One competition asked the juniors to dress up a senior member as a Welsh celebrity or character. Wick chose Shirley Bassey and Maendy went for Fireman Sam who, with her two male 'dressers' will represent the county at the Royal Welsh Show.



LEFT: Maendy's Fireman Sam was the winner!

Photographs by Heather March

Water polo girl picked for Welsh elite squad

A PENCOED girl has been talent spotted for the Welsh water polo team, after going to an after-school club.

Emily Smith, a year-7 student from Pencoed Comprehensive School, has been selected to join the Welsh junior water polo squad, the 'Welsh Wanderers'.

Emily, who was taking part in 5x60 water polo, was spotted by the Welsh coach.

Chloe Lambert, Active

Young People officer said: "This is an outstanding achievement for her and a great step up from recreational play with 5x60 and her local team, through to representing her country in her age group."

"Emily now trains in the new Olympic pool in Cardiff Bay alongside the Welsh water polo squad and is trained by the Great Britain Olympic coach."

Emily said: "I am so happy I have been selected. I was so shocked

when I was asked. The training is a lot harder but I am enjoying it and I can not wait to play a game."

Chloe Lambert said: "Emily is a very active pupil and attends 5x60 water polo club every week, and her enthusiasm for the sport is great to see."

"She is a very dedicated and skilled player for her age of 11, and it is wonderful to see that all her hard work and training has paid off."

Walking in Elgar's footsteps

A TOTAL of 21 members of the Vale of Glamorgan Ramblers recently went on the spring walking weekend to Malvern.

Malvern is a famous spa known for its bottled water since 1622 at the Holy Well, and later from other spouts and sources, many of which we passed on our walk. During Victorian times, it became famous for its water cures.

On Saturday morning, the group met in the middle of the town, passing the 11th Century priory, Elgar's Statue, and two wells before making our way up onto the ridgeway, where we stopped for a well earned rest, having passed more 'dressed' wells on our way up.

The walk in the morning followed the western side of the hills, and had clear views over towards Worcestershire and Herefordshire.

Lunch was taken among the trees on Jubilee Hill, so named to celebrate the Golden Jubilee of 2002. From this vantage point, we could see many hills that were familiar to us, as we were looking towards the Black Mountains. After lunch, we began to make our way down the zig zag path on the eastern side of the hills.

This path brought us to The Holy Well, which is the largest of the wells, and is still producing bottled water. This well was dressed beautifully, and it was also a spot where many of us filled our water bottles.

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Barry cadets join up with ATC rugby side



Peter Pemberton and Ashley Williams represent the Air Training Corps

RECENTLY, Peter Pemberton and Ashley Williams of 372 Squadron played rugby for the Air Training Corps at RAF Cosford.

Peter is a keen and active member of 372 Squadron, who has attended annual summer camps at RAF stations, undertaken adventurous training, shooting, flying, gliding and participates in the Duke of Edinburgh Award Scheme.

Ashley has been in the ATC for six years and has also been to Belgium, visiting the battlefields and memorials of the first and second world wars.

This fixture was supposed to pit the air cadet boys' rugby team against Warrington Rugby Club - their traditional opponent. Sadly, Warrington were not able to supply a full team, so the cadets locked horns with another promising side - the Shrewsbury Colts.

Having not faced the Colts before, the cadet side matched the experienced youngsters for over an hour. But as their legs started to tire, it was

the side from Shrewsbury who scored vital points, as they ran in a number of tries in the final 10 minutes.

The Colts proved too strong in the end for the ATC side and the score finished 45-5.

Ashley said "The rugby opposition this year was definitely tougher than expected, but the ATC teams always do well, bearing in mind that they have never played together before. It was a shame about the final score though".

The Air Cadets now prepare for an action-packed couple of months of flying, gliding, shooting, sport, adventure training and Duke of Edinburgh expeditions.

If you have a spirit for adventure, 372 (Barry) Squadron have vacancies for boys and girls between 13-18 years old. The Squadron parade on Mondays and Wednesdays 7pm - 9.30pm behind Adams Funeral Parlour (by the Memorial Hall), phone 01446 747734 or email 372@aircadets.org

JASON HORTON

Cowbridge under-15s go Dutch to take prestige rugby title



ABOVE: Cowbridge under-15s celebrate their tournament victory.

COWBRIDGE RFC under-15s were represented by a party of 56 hardy souls who travelled to Holland for the Dutch Open Invitation Rugby Tournament.

Like Cowbridge, the other teams competing were all champions of their regions, and the weekend was the first time all season that almost the whole squad was available for selection.

The tournament was hosted by Dukes Rugby Club in the picturesque town of 's-Hertogenbosch, made all the prettier by the hot summer sun.

The boys' first game was against the British School of the Netherlands, a useful outfit consisting of British and Antipodean boys, who were the run-away leaders of the Dutch First Division.

It took the Cowbridge boys just over a minute to open the scoring, as Adam Roscow scorched down his wing from within his own half to touch down.

Further tries from centre James Griffiths and scrum-half Lewis Llewelyn opened up a 17-0 half-time lead that was extended by tries from outside Jack Haines, blindside Gus MacPherson, and front rower Evan Phillips.

The second game, against RC Oemommom, continued this good form, and with the ball being spread wide at every opportunity, eight tries were run in with winger Hari Hitchcock scoring three, Roscow and Griffiths one apiece, centre Chris Walters another, and forwards Tom Murray and Tom Cunningham sealing the victory.

The third game was against RC Bulldogs, who despite their name and status as local champions, were overwhelmed by the all-action style of the Welsh visitors, with Hitchcock

and Haines scoring a brace, and Murray, Walters, Kenny Rodgers and MacPherson all adding their names to the score sheet.

A pool aggregate score of 134-0 saw Cowbridge go through to the semi-finals, where Chelmsford, the Essex champions, awaited them.

The Essex boys had run Cowbridge close in a tournament the previous season, and so the boys took no chances by playing secure rugby and wearing the big Essex boys down in the heat.

A dominant scrum ensured a plentiful supply of clean ball, and having established the ascendancy, the Cowbridge boys released winger Roscow to round the defence for a fine try.

Shortly afterwards, No 8 Ollie Hitchings sealed the win with a gritty try following good close-quarter work from the pack. The final score of 12-0 to Cowbridge saw them through to the final where the Kent champions, Thanet Wanderers awaited them.

They had a large pack, with big powerful centres, and an unbeaten record for the season, so the Cowbridge boys knew they were in for a hard game, and steeled themselves for one final flourish.

At first, the big Thanet pack held its own and the game was evenly contested, but gradually the tempo at which the Welsh boys started the game wore their visitors down, and once again it was the forwards who subdued their larger opponents, taking numerous strikes against the head, monopolising the lineout, and providing scrum-halves Llewelyn and then Sean Boga Lake the perfect platform to release their three-quarters.

What followed was probably 15 minutes of the best rugby these boys have ever produced. With outside-halves Freddie Harries and then Rhys Griffith flicking passes at bewildering speed, centres Griffiths and Walters



ABOVE: A slight mis-match as Gus MacPherson goes on a run.



ABOVE: A try for Tom Murray.

ran a series of sublime angles that left the opposition chasing shadows.

Their offloading in the tackle ensured that play was kept alive and once again it was flying winger Hari Hitchcock who led the scoring with four excellent tries.

Rare pressure from Thanet saw full-back Charley Morris stop a promising move and, following a flowing counter-attack, Rhys Griffin touched down to seal a resounding 29-0 victory.

Skipper MacPherson was then presented with the cup by the president of the Dutch Rugby Union, and returned the shower of compliments with a brief thank you speech of his own. Having had at least 12 boys selected for the two

Blues under-16s camps this summer, it looks as if the boys will not be playing together much in their Cowbridge shirts next season. However, if they repeat last week-end's exhibition of flowing rugby at an end of season tournament next year, then it will be well worth the wait.

Full squad: Charley Morris, Tom Smith, Freddie Harries, Hari Hitchcock, Christian Walters, James Griffiths, Adam Roscow, Rhys Griffin, Sean Boga Lake, Lewis Llewelyn, Kenny Rodgers, Tom Cunningham, Evan Phillips, Lloyd Stock, Tom Murray, Matt Goodlad, Kerian Smith, Jack Haines, Ollie Hitchings, and Gus MacPherson (capt). TG

Latest Vale of Glamorgan Cricket League round-up

LLANTWIT Cavaliers' Julian Griffiths followed up last week's 97 not out with the season's first century, a whopping 103 not out as the early season league leaders piled up 170 for 1 against Penarth.

The Seasideers were then dismissed for 95, Dave Russell was the main wicket-taker.

Cardiff made the trip to Rhosce to play Fontygary and scored a season's best of 203 for 5. Adam Markham Jones scored 50 and added 100 with Gareth Watts, who scored 41 not out. Nick Shea provided most of the late damage, scoring 49 in just seven overs.

Fonty's reply was a modest 106 for 4, Shae Ellis scoring 38.

Barry Internationals travelled to Pencoe. The home team scored 142 for 6, K Redford scoring 44 not out. It was not enough, though, as Internationals, led by S Abbad with 47, won by five wickets.

Another high-scoring match was played at Dinas Common. Barry Wanderers scored 161 for 7, Ed Sherriff and Gareth Lanagan both scoring 67.

In reply, Dinas scored 148 for 7, Gordan Hannah's splendid 61 being the highlight of the innings.

Barry West End have enjoyed back to back wins. After defeating Fontygary by 57 runs where the timeless Neil Holmes, probably the League's oldest player, returned 3 for 1, West End also won at Creigiau.

Chasing a score of 101 for 8, West End won by nine wickets, with Ian Gadd (55 not out) and James Thomas 32, leading the response. Tom Miller, Owen Jones, James Thomas and Chris Davies all took two wickets each for West End.

Tynwydd battled first against Colts and scored 103 for 3 from a reduced number of overs. Joe Davies, in his first match for the Inn since 2004, top-scored with 41.

The Colts won with an over to spare by seven wickets to claim a morale-boosting first win, Pete Lansdown top-scoring with a violent 35.

Finally, the Lisvane-Cogan clash became the season's first victim of the weather. With Lisvane on 100 for 4, Jojo Sharma having scored 48, the heavens opened, bringing a premature end to the match.

Team	P	W	L	Pts
Llantwit Cavaliers	4	4	0	8
Barry Internationals	4	4	0	8
Barry Athletic	3	3	0	6
Barry Wanderers	4	2	2	4
Lisvane	2	2	0	4
Cardiff	3	2	1	4
Dinas Powys	4	2	2	4
Penarth	4	2	2	4
Barry West End	4	2	2	4
Cogan Chiefs	3	1	2	2
Pencoe	4	1	3	2
Fontygary	4	1	3	2
Llantwit Cavaliers Colts	4	1	3	2
Tynwydd Inn	3	0	3	0
Creigiau	4	0	4	0

Gymnasts all manage to make the grade

THERE was a 100 per cent success for Barry YMCA gymnasts at the recent Welsh grades events.

Within the grades system, gymnasts have to complete a number of skills on the vault, bars, beam and floor, to 'pass' their grading.

In grade 14 and 13 they also have to complete a conditioning set which tests their flexibility and strength. Grade 14 is the first grade that gymnasts can take and they have to be a minimum of eight years of age in the year of the event to sit the grading.

For many of the Barry gymnasts, this was their first event outside of the club, but this did not deter them from having a great time. Barry were represented in this grading by Kelsey Dawe, Chloe Gabb, Gabriella Hooley, Lucy Miles, Tesni Gardiner, Elisha Watkins, Ffion Jackson and Chloe Sullivan, all of whom passed.

In grade 13, Barry were represented by Ellie Peterson, Megan Sully, Tia Dewitt, Freya Parker and Megan Hopkins, all of whom passed. Tia Ali also competed in this grad-

ing and gained a distinction.

The skills get harder as the grades progress but this did not faze the grade 12 gymnasts, who had been busy learning the required skills over the past few months. Megan Brown demonstrated excellent skills earning herself a distinction, while Nia Fenn, Chelsea Slack, Seren Mirza Davies, Catrin Long, Eillice Stockford, Alana Stokes and Nia Davies all gained passes.

There is a big step up from grade 12 to grade 11 and Catrin Megan Davies (aged 11) coped with this jump tremendously, passing her grade 11 with flying colours. 15-year-old Emma Worrall competed in grade 10 and demonstrated many of the new skills she had learnt to successfully pass her grading.

Caitlin Allin represented Barry in the high-level grade 9 event and, like her training partner Emma, she too had to learn many new skills. Her hard work paid off when she passed her grading and also placed third overall in Wales. Congratulations to all gymnasts and their coaches.

KD

CALLING ALL CLUB OFFICIALS!

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Contact Jan on 07934 141582. Remember, no job is too small!

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Vale Women's
Business Network

What is the World Twittering on about?

Wednesday, 16th June 2010

Trio Brasserie, Cowbridge, 6.30-9.00pm.

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(Guest membership for the event is £6)

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Out and About with The GEM

VALE MAYOR WELCOMES CHICAGO CHOIR



ABOVE:

The Moody Bible Institute Choir from Chicago visited the Town Hall, Barry, for a special reception hosted by the Mayor, Coun Colin Osborne.

THE Vale of Glamorgan Mayor, Coun Colin Osborne, recently hosted a reception at the town hall for members of the Moody Bible Institute Choir from Chicago. The concert in Barry was their only performance in Wales, as part of their UK tour.

What's on and Where?

Art show
COWBRIDGE Art Society's summer exhibition and sale of paintings is being held in Cowbridge Library, Old Hall Gardens.

Valeways walks

ON June 7 at 7pm, the Sunken Valley walk starts at St Brides Major near the cattle grid.

On June 8 at 1.30pm, walk the Aberthaw Nature Trail, starting at the Blue Anchor Inn car park, Aberthaw.

Please note there may be stiles, uneven surfaces, steep sections or soft, wet ground on some walks.

Green drinks

GREEN Drinks are being held at the Bear Hotel, Cowbridge, on Tuesday, June 8, from 7.30pm.

This is an open and informal monthly get-together to chat and share information on how to live more sustainably. All welcome.

Contact Rob McGhee on 01446 775686 or transitioncowbridge@googlemail.co.

It's not that men don't 'get' Sex and the City – it's just not any good!

WITH the football World Cup just days away, it is only fair that the women of the world are given something to help take their minds off the festival of football that males will be enjoying for the next month or so.

Whether it is intentional or not, the second *Sex and the City* film lands with a bang just before the event in South Africa, no doubt bringing a smile to the face of women everywhere whose idea of heaven is cosmopolitan cocktails and Jimmy Choo shoes.

Picking up where the first filmic instalment left off, we see the lives of Carrie (Sarah Jessica Parker), Samantha (Kim Cattrall), Charlotte (Kristin Davies) and Miranda (Cynthia Nixon) as they respectively try to deal with the spark going out of marriages, the problems of getting old, bra-less nannies and bosses who treat them like rubbish – but when it all gets too much, a trip to Abu Dhabi allows the four friends to take a step back from their lives with varying consequences...

When interviewed on breakfast television last week, Sarah Jessica Parker claimed that critical response to *Sex and the City 2* wasn't a factor, that the film was made purely for the audience that went to watch the first one (and made it a huge financial success).

A fair point made by the film's star and producer – after all, films that earn the sort of money the first *SATC* film did are afforded a degree of critical fireproofing – but did her statement aim to cover the tracks that poor reviews would make?

Having taken in this sequel, I am pretty sure that Parker was on somewhat of a damage limitation trip, as this review isn't going to buck the trend started by film magazines and columns across the world – *Sex and the City 2* is an absolutely awful film.

Now I'm fully aware that my genetics should make my hatred for this type of film par for the course – yet the TV series it sprang from wasn't the hellish half-hour for men it was made out to be.

It was a sassy, comedic programme that, while hardly essential viewing, wasn't awful; however, the first film seemed to lack what made it enjoyable.

The sass and spark had gone, the film spending 150 minutes in the neuroses of the main characters and ending up being dull and unfunny where it should have been triumphant.

Anyone expecting *SATC2* to make up for the shortcomings of its forebear should be warned now, it most certainly doesn't; in fact, it is a film that, while lighter of touch, is perhaps even worse.

The marathon, self-indulgent running time of 146 minutes does it no favours whatsoever – the film more padded out than the players on an American football field – while all those creatively involved obviously spent far too long congratulating themselves on the success of the first that they announced a second without giving any thought to the story.

The end product ends up being a film that only hints at story depth, before forgetting about it in order to facilitate another crisis for one of the characters; meanwhile the second half trip to Abu Dhabi feels like the fallback of that British sitcom staple of taking the characters abroad when it comes to making a film.

It is a pointless diversion that is blatantly there to make the film last as long as possible, which given that Michael Patrick King, longtime producer of both TV show and film, was responsible for, makes it all the more shocking that he couldn't create something a bit more substantial for the characters.

It is also all too smug and bathed in stereotypes; kicking off with a gay marriage (and just in case you don't realise it's a gay marriage the words 'gay marriage' are used every other sentence). The service is hosted by Liza Minnelli, who then proceeds to talk her way through Beyoncé's Single Ladies – because, of course, that's how every gay marriage goes.

But a wide range of subjects; from males and females in New York, to the locals of Abu Dhabi, all are tarred with the same stereotypical brush, making it a film that, given how suppos-

edly frothy it aims to be, is actually somewhat dumb in its pigeonholing of individuals.

The cast are all at home reprising the characters, yet the same foibles that afflicted the first film are present and correct here. Try as she might, Sarah Jessica Parker cannot convince as a comedic actress, let alone a lead comedic actress, and is saddled with a character that only the most loyal fans of the franchise will love.

Picking up where her neuroses left off, this time she is angry that she is being called by her married surname (well, why get married then?) and is distraught when her husband (Chris Noth, who should realise that simply tossing lines off with smugness may well be the way of *SATC*, but doesn't translate well onscreen) buys her a top-of-the-range TV for their bedroom on their anniversary.

"Some jewellery would have been nice," she says with all the gratitude of a small child, and it just makes the character grate excessively, not good when she is the main figurehead of the group. Parker's performance simply fails to engage or get you inside.

The rest of the cast fare slightly better, Nixon again bringing a likeability to the role of Miranda while being given a story strand that seems to conclude itself within the first 45 minutes. Kristin Davies, despite being given a story that makes her nearly as annoying as Carrie (two children and a nanny, however will she cope?!), turns it around to offer a turn that sits well with more than a few witty one-liners.

However it is Kim Cattrall who really stands out here, the character of Samantha gifted the best lines and Cattrall's performance is note perfect.

Whether it is being

SCREEN TALK



by GARETH JAMIESON

excessively prone to hot flushes or offending the beliefs of those who live in Abu Dhabi with her casual attitudes, Cattrall is the antidote to Parker's poor effort, livening up proceedings no end.

Had the film revolved around Samantha and not Carrie, it is likely that *Sex and the City 2* wouldn't be the slow, unfunny mess it is; while much more cinematic than the first outing it is still lacking in the smarts the TV show had.

Once again, it will doubtless furnish the studio pockets with plenty of silver while giving way to the more-predictable-than-England-losing-on-penalties threequel – but there is nothing here that makes for a film that has much in the way of redeeming features, making *SATC2* a pointless exercise in moneymaking.

VERDICT – A dull, worthless film that exists purely to appease fans who haven't had their fill of these characters, *Sex and the City 2* is saved from total ignominy by Kim Cattrall's game turn, and Cynthia Nixon and Kristin Davies' pleasant support.

But the overriding stench of fashionista smugness and its stereotypical portrayal of various sectors of society, mean this is a film that lacks in charm what it attempts to make up for in style. *One to avoid.*

DIABETES WALK

DIABETES UK Cymru is urging local people to put their best feet forward during **Diabetes Week 2010** for its annual **Walk the Extra Mile** event in Sophia Gardens, Cardiff, on Sunday, June 13.

Starting at 11am, the two-mile walk is a fun event for all the family and is suitable for pushchairs and wheelchairs.

DIABETES TALK

THE next meeting of the Vale of Glamorgan Group of Diabetes UK Cymru will be **June 15**, when the head of retinopathy services for diabetics in Wales will be the speaker.

The meeting starts at 7.30pm in the Board Room, Llandough Hospital, Penarth.



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Out and About with The GEM

IN BRIEF

Fibromyalgia support group

THE Vale of Glamorgan Fibromyalgia Support Group monthly meeting will be on Monday June 7, at the Barry Public Library between 10 am and 12.30pm.

Floral society

THE next meeting of Barry Floral Society will be at St Nicholas, Barry, on June 8.

There will be a demonstration entitled 'Flowers by:-' Alison Bentley of Wenvoe, at 2.15pm. New members are always welcome.

Community hall's AGM

THE annual general meeting of the St Nicholas (Barry) Community Association will be held at St Nicholas Hall, St Nicholas Road, Barry on Friday, June 11 at 6.30pm.

All interested persons and members of organisations using the hall are welcome to attend.

Light refreshments will be served at the end of the meeting.

For further information on hiring the main hall or the smaller basement room, contact 01446 739212.

Llantwit boot sale

LLANTWIT MAJOR School PTA is holding a car boot sale on Saturday, June 19, open to the public 10am - 11.30am.

Entrance is via the bottom gate (next to Llanilltud Fawr Primary School). Cars to arrive between 9am and 9.45am.

Booking forms can be collected from the school office, or can be downloaded from the school's website.

Charity cake break

PUPILS in 7SW at Bryn Hafren Comprehensive School recently raised £72 for the charity Breast Cancer Research by organising a 'cake break'.

"They baked a selection of goodies, including a cake made out of Nutella, and hundreds of rice crispy cakes. The girls did very well. Thanks to all involved, including those at home who helped with the baking," a spokeswoman reported.

Ty Hafan lottery draw winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number 620.

● £2000: 590622.
● The rollover, which now stands at £3,000 was not won this week.

● £10: 382805; 256059; 674306; 216462; 483650; 315542; 765166; 241800; 556366; 854069; 560537.

● £5: 414688; 259190; 349255; 463864; 912298; 309578; 219046; 878806;

255929; 373561; 299282; 778259; 791504; 365330; 637136; 147186; 353932; 590958; 106100; 153736; 528024; 157335; 198852; 430683; 116145; 687003; 147223; 711966; 653419; 890540; 888016; 750930; 749718; 408837; 441555; 736874; 270331; 873694; 543849; 409517; 597733; 850430; 142545; 269679; 566709; 712337; 158558; 317590; 800793; 299138; 408916; 490032; 212050; 466135; 869433; 738631.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please call telephone 02920 672062.

Epilepsy group to lobby assembly

THE Vale Epilepsy Group will be meeting members of the Welsh Assembly at a forthcoming event to highlight a condition that is more common than diabetes - and is responsible for more deaths in the UK than cot-death and AIDS combined.

The meeting, at The

Senedd in Cardiff Bay on Wednesday, June 16, at 11.30am - 2.30pm, is open to anyone who is affected by epilepsy.

The Vale Epilepsy Group can be contacted at: epilepsy-wales@aol.com for further information.

'Mind Week' highlights tackling stress



MIND in the Vale recently celebrated 'Mind Week 2010'.

This year, the theme was 'Taking care of business' and it urged employers and employees to make their workplaces more mentally healthy.

Each year, one in six workers experiences depression, anxiety and stress as a direct result of problems at work.

Mind in the Vale has projects covering Barry, Penarth and the western Vale, which promote the importance of a healthy

work place.

The 'Travellers in Mind' café and gallery in Broad Street Station, Barry, were raising awareness all week by promoting to commuters the importance of work and looking after your mental health.

The Rainbow Project, covering the western Vale, held a relaxation session to mark the event.

For more information on Mind in the Vale of Glamorgan, contact the main office on 01446 730 792.

Dyspraxia support group

THE next meeting of the Vale Dyspraxia Support Group will take place at 7.30pm on Monday, June 7, in committee room 2, civic offices, Holton Road, Barry (a new venue).

The group provides support for children with dyspraxia and their families and helps by liaising with education authorities and the Welsh Assembly.

project to support pupils with dyspraxia. Families (both parents and children) of young people with dyspraxia and related conditions (such as dyslexia, ADHD and Aspergers) are welcome.

For more information, contact 01446 738945.



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Rent demand outstrips the supply

A LACK of supply is pushing rents higher, signalling a revival in the Welsh lettings market, according to the latest RICS Lettings Survey.

A spokeswoman reports: "Rental prices have risen significantly in the first quarter of 2010. 22 percent more chartered surveyors reported a rise rather than a fall in rental prices compared to just one percent more who reported a fall rather than a rise in the previous quarter.

"Surveyors are optimistic that rents will continue to rise with the rental expectations net balance climbing from 30 to 41 per cent – the highest figure recorded in the survey's history.

"The more positive picture for rents can be attributed, in part, to the continued decline in the supply of both flats and houses in the Welsh marketplace: 29 per cent more chartered surveyors reported a fall rather than a rise in the number of new landlord instructions for this period.

"The upturn in the housing market has tempted many of the accidental landlords, who let their property when the market was down, to sell up with new instruc-

tions for sale on estate agents books now rising. However, one consequence of the turnaround in the rental trend is that the net balance of surveyors in Wales reporting an increase in gross yields has turned positive for the first time in a year.

"Significantly, demand for property to let remains strong in Wales, with 25 per cent more respondents still seeing it rise than fall, the strongest reading since January 2009. Houses remain significantly more popular than flats, but flats are starting to re-establish their appeal.

RICS Wales acting director, Christina Hirst, commented: "With sellers back in the housing market, supply has fallen back in the lettings sector. This is good news for landlords, as rents are set to move higher in the coming months and yield returns are likely to improve. Moreover, the news that buy to let specialists are beginning to lend again may also encourage investors to return to the market.

"However, the prospect of higher capital gains tax on the sale of property may, in the near term, encourage some existing landlords to take advantage of the current more benign tax regime."

Who wants to build what and where?

Mr Mark Jones – 28 Seaview Place, Llantwit Major – single storey extension to enlarge kitchen and provide utility and shower rooms.

Mr Stephen Parker – Seascope, 1 Somerset View, Ogmore by Sea – two storey glazed extension, first floor side extension, garage extension introduction of balcony.

Mr Rhidian Morris – 31 Old Port Road, Wenvoe – demolition of existing entrance hall, WC and utility area. Erection of a single storey extension to comprise a playroom, entrance hall, WC and utility area.

Mr Stephen Ward – 1 South Terrace, Southerndown – new gable wall including three windows, pitched roof over rear flat roof area, new windows to rear elevation, form new cloaks and airing cupboard extension to rear/side.

HSBC Bank Plc – 1 Herbert Terrace, Penarth – one branch nameplate and one sign above existing ATM.

Fitz Project Management – 22 Park Crescent, Barry – alterations to shop front.

Mr David Rogers – 6 Norman Cottages, Michaelston Le Pit – retain dormer as built and remove previous condition. Log store with timber frame.

Mr Gillian Jones – 20 Tan Y Fron, Barry –

single storey rear extension and porch extension and installation of thermal collectors to front elevation of property.

Mr Steve Phillips – 13 The Mount, Dinas Powys – extension, alteration and refurbishment of existing dwelling.

Ms Sharon Poole – 85 Port Road East, Barry – variation of condition no 2 of planning permission – Ref 2007/01417/FUL to construct extension with facing brick on the front elevation and render finish on the side and rear elevation.

Ms Good – 11 Windyridge, Dinas Powys – fell oak.

Mr C Wharton and Mr M Hitchcock – Chy Avallan, Llanblethian – remove Yew from west corner.

Mr Tasos Asprou – 120 Cornerswell Road, Penarth – loft conversion to include dormer to the rear elevation.

Mr William Lane – Cardiff Dogs Home, Westpoint Industrial Estate, Penarth Road, Cardiff – retention of existing storage unit and two dog runs.

Mr and Mrs Paul Miller – 3 Dylan Close, Llandough, Penarth – demolition of existing single storey garage/study conversion.

Erection of two storey extension to provide study and porch at ground floor level and bedroom at first floor.

Mr Alan Griffiths – 40 Llanmaes Road, Llantwit Major – conservatory to the rear of the house and construction of single storey garage and dining room side extension.

Fitz Project Management – 73 Lakin Drive, Barry – rear dormer window and room in the roof of existing house.

Mr Paul Griffiths – 6 Coed Marsanen, Colwinston – rear and side single storey extensions.

Openreach – 1 Windsor Court, Esplanade, Penarth – new fibre optic modular cabinet.

Mr Peter Howles – Penylan Cottage, Penylan Road, St Brides Major – balcony. The owner/occupier – Hendre Alcam, Wick Road, Llantwit Major – oak framed, oak clad, slate covered double carport.

Mr Chris Kent – River Court, Treos – access gates to four dwelling development (shared access road between 1, 2, 3, 4 Rivercourt, Treos).

Mr and Mrs Western – 10 Sherbourne Close, Barry – porch extension.

Mr Williams – 27 Westbourne Road, Penarth – removal of cherry tree in front garden.

Mr Karl Reinholdt – 24 Enfield Drive, Hunters Ridge, Barry – two storey side extension.

Mr James Devonald – The Sweetings,

Llanquian Road, Aberthin – erection of double storey extensions, carport and conversion of existing garage.

Mr Glyn Phillips – 6 Heol Dewi Sant, Barry – two storey extension to side elevation and new porch to front.

Mrs M Proctor – 220 Redlands Road, Penarth – two storey front extension and single storey rear extension plus associated alterations.

Mr Matthew Rendell – 11 Primrose Close, Cowbridge – proposed two storey side extension and single storey rear extension.

GR and C Saunders – Ravenswood Farm, Bonvilston – outline application for farm worker's dwelling with cattle and storage barn proposed in full details.

Mr AJ Thomas – New Breach Farm, Cowbridge – extension to existing loose housed cattle building to include three bull pens and extra cattle accommodation.

Drs R and H Wheeler – 34 Victoria Road, Penarth – remove holly, bay, laurel and willow from front garden.

Paul and Jane Davies – 25 St Cyres Road, Penarth – replace existing garage and shed with new garage and pool room.

Mr John Greig – Bakers Lane, Llantwit Major – new dwelling.

Mr Anthony Evans – 18

Maes Y Coed, Barry – refurbishment and extension of a residential dwelling.

John Mihell – 63 Plymouth Road, Penarth – reinstatement of house from two flats back into one single dwelling. convert rear coal house into dining room and lift line of roof slightly. Removal of steel fire escape to top floor.

Mrs Tracey Richards – 9 Dunraven Close, Dinas Powys – proposed ground floor kitchen extension.

Mr Wyn Newman – 7 Fferm Goch, Llangan – proposed extension and alterations.

Mr Reginald Forse – land at Cog Moors, Cardiff Road, Dinas Powys – retention of engineering works which include the raising of the ground levels by deposit of recycled stone and tarmac planings. Erection of a hay barn for hay storage and horses' feed.

Flooding offset works by reduction of ground levels on land.

Mr Mark Haynes – Ysgol Pen Y Garth, Redlands Road, Penarth – single storey two classroom extension to teaching block.

Mr Ivor Thomas – Heddfan, Windsor Terrace Lane, Penarth – to construct WC, utilities room on side of bungalow and construct a covered seating area along wall on rear elevation of property.

Mr Dave Heron – Ty-r-Waun, Cross Common Road, Dinas Powys – proposed stable blocks.

Mr David Evans – land at Broomwell, Llancafarn – retention of agricultural barn.

Ms Clare Currie – Plot 1, West Street, Llantwit Major – proposed detached dwelling.

Mrs Anna Roper – Brynheulog, Llangan – alteration and extension of existing building.

Mr David Heathfield – 10 Highwalls Road, Dinas Powys – single storey bay window extension to front elevation and part single and two storey extension to rear of property.

Mr and Mrs Paul Mayze – The Croft, Sigginstone Lane, Sigginstone – retention of detached garage (as built) and change of use of land to domestic garden.

Mrs Lucy Thomas – Greystones, Rhose Road, Rhose – refurbish and increase height of chimneys (1,2 and 3) by approximately 0.6 metres. Refurbishment consists of removal of cement render and re-pointing of chimneys 2 and 3. Increase of chimney height (by approximately 0.6 metres) required to reduce risk of thatch fire. New masonry to be of similar material and style as existing.

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Stags frustrated by changeable weather

NATHAN BAKER took his Barry Athletic First XI to season strugglers, Ponthir CC, knowing that a victory would make it four wins in a row and five wins in the space of six matches.

With the weather forecasting heavy rain in the afternoon, the Stags were in danger of missing out on a chance to cushion themselves from the chasing pack.

Despite the showers threatening, the match went ahead with Nathan winning the toss. He chose to field first. With the likes of Steve Jones returning to the side, the Stags were strengthened.

However, after three balls into the match and the score at 4-1, the showers turned to downpours and with the health and safety of the players at risk, the match was rightly abandoned.

With no matches taking place in the division, the Stags remain on top and looking for promotion.

Seconds

At the fourth time of asking, Damon Leake claimed his first win as Second XI captain – against Ponthir.

Unlike the majority of matches in the Glamorgan and Monmouthshire Cricket League, Barry Island managed to avoid the worst of the weather, and with nothing more than a miracle performed by groundsman, Ian Gadd and Glan Williams, the match went ahead.

With the likes of John Gee returning to the squad, the Stags had another reliable all-

rounder at their disposal. Despite all that, Leake won the toss and elected to field first.

The innings began in a comfortable fashion for the Stags, as wickets fell at regular intervals and not many runs were scored. Good performances from James Haswell and John Gee, with the new ball, brought many chances for the Stags and with the depth of batting on the thin side for the visitors, the Stags were looking forward to their first 'all out' of the campaign.

The high standard in bowling was followed by superb fielding, including a contender for 'catch of the season' by Sam Johnson, and a magnificent direct hit run-out by Damon Leake, and with the rest of the bowling attack contributing, the visitors were bowled out for 154, with the best bowling performance coming from John Gee (3-39).

The second innings, again, began in dominant fashion with the good form of Damon Leake continuing, as he hit boundary after boundary, getting the Stags under way in the early overs.

Despite the early loss of James Haswell, for a duck, the Stags looked in touch of a comfortable win.

Contributions from Glan Williams (21), John Gee (36 not out) and a handy contribution from the extras column brought the Stags within touching distance.

The loss of Leake for 60 brought little consolation for Ponthir as interim chairman, Martin Baker (15 not out) carried the Stags over the line, with six overs to spare.

The Stags won by

seven wickets and claimed their first 20 points of the season.

The win moves the Stags out of the relegation zone and with winnable matches coming up, the Stags may be able to push towards the top half of the league.

Thirds

Due to unavailability in the Barry Third XI squad, Andy Ellis' Stags were forced to concede the match to Panteg B CC, last Sunday.

Fourthcoming fixtures

Saturday, Barry First XI vs Lisvane CC; Brecon CC vs Barry Second XI.

Sunday, Barry Third XI vs Creigiau CC.

Wednesday, Creigiau CC vs Bucky's Bashers XI.

Barry Athletic CC have announced that the monthly party will take place on June 12, at the Barry Oval, after the match between Barry Second XI and Hoover Sports CC – live music from Mark Moulden will be featured. In addition, Barry Athletic CC would also like to wish daughter of legendary tea lady Nicola Baker, Gemma, a happy 16th birthday, on Sunday, June 6.

Athletic under-9s win Creigiau tournament

Barry Athletic under-9s travelled to Creigiau for their second mini-tournament and with the opponents being St Fagans, Creigiau, and Whitchurch, the mini-Stags had a tough day ahead of them.

First up was Creigiau, and with the sun shining at full blast, the runs should have been in full flow.

This wasn't evident as

both sides bowled very consistently to help limit the runs.

However, with excellent batting displays from Sam and Wesley, the mini-Stags ground out a seven-run victory.

Next, Barry faced St Fagans and with the opposition well known for their strong youth set-up, the Stags could face problems.

However, any early predictions of a St Fagans win were thrown in the bin, as performances with the bat from Ben and Wesley, as well as bowling performances from Rhys and Reuben, saw the mini-Stags dominate, winning by 30 runs.

Lastly, Barry faced Whitchurch and with the momentum in Barry's favour, the pundits were beginning to get behind the mini-Stags. They maintained their high efforts, in all departments, to comfortably win this match by 58 runs.

This match will be remembered by a three-wicket maiden by Rhys and a maiden by Tom, as well as batting performances by Matthew and Daley.

Barry under-9 team: Sam, Reuben, Wesley, Tom, Matthew, Ben, Rhys, Daley, Declan.

Athletic under-11s win home and away

Barry Athletic under-11s beat Creigiau at home and Radyr away.

Against Creigiau, they scored 287 for 4 and won by 29 runs. Joel Merrick was named man of the match.

At Radyr, the boys won by 23 runs and Sam Hopkins was man of the match.

Swim school's charity event is a hit, and it's all thanks to Jacob!

SPLASH Swim School, based in Barry, celebrated its third year anniversary on May 15 with its first sponsored swim.

Children from the swim school and their families took part to raise money for the Multiple Sclerosis Society.

The swim came about when one of their young swimmers, Jacob Davies, approached his teacher Natalie O'Shea about carrying out a sponsored swim to raise money for the Multiple Sclerosis Society.

When asked why this particular charity, Jacob replied: "Because my mum suffers from Multiple Sclerosis and I thought it would be nice to raise money for her."

Natalie created an event for everyone to join in, bringing families together through the medium of swimming, and raising money at the same time for a very worthy cause.

Jacob added: "It was very helpful and very nice of the swim school to help me raise money for the Multiple Sclerosis Society."

Family teams and



ABOVE: Some of the members of Splash Swim School who raised funds for the Multiple Sclerosis Society.

individuals set themselves a goal of swimming 1,000, 2,000, 3,000, 4,000, or 5,000 metres.

Bethan Williams (10), Corey Curtis (10) and Nigel Grant (40) completed an amazing 5,000 metres on their own; the swim was open to everyone and even included Natalie's 18-month-old son Caden O'Shea, and her 58-year-old dad, David Walker, completed 1,000 metres in a team event.

Jacob Davies, who is a year-4 pupil at All Saints school, completed 3,000 metres on his own. Overall, the sponsored swim raised in excess of £1,000. Jacob has been delighted with this response and hopes it will help with research in to medicine for people with MS to help make them better.

Natalie added: "I am



ABOVE: Jacob who inspired the event.

Seven winners for trainer Tim

WHEN Letham Island romped under Cowbridge's Deano Coleman in the Douglas Family Conditional Jockeys Selling Hurdle at Uttoxeter on Sunday, Aberthin's Tim Vaughan was saddling his seventh winner in just nine days.

Six-year-old Letham Island, a 5-1 chance, won by nearly 20 lengths from Tora Petcha.

For the record, Vaughan's other six winners were Picaroon, The Ferbane Man, Master Charm, Dead Or Alive and J'Adhere.

Llancafarn's Evan Williams has also been keeping his supporters happy; recent winners include Tiger O'Toole, who scored twice in a week, Mutual Respect, Moon Melody and King

Of The Castle.

Keith Pritchard's 12-year-old chesnut gelding Cannon Bridge, ridden by Hannah Lewis, and qualified with the Pentrych Hunt, landed the Interbrands Europe Ladies' Hunter Chase at Stratford on Saturday evening, coming home four lengths ahead of Myfanwy Miles' Lady Myfanwy, who had narrowly beaten Cannon Bridge in last year's renewal.

The prolific Lady Myfanwy is qualified with the Ystrad Taf Fechan and for two Welsh point-to-pointers to fight out the finish again this year is a tremendous boost for Welsh hunt racing.

There are 126 entries for the Pembrokehire Hunt Point-To-Point Steeplechase at Trecoed on Saturday which sees the close of the 2009/10 season (first race 2pm).

BRIAN LEE

Cadoxton ladies rue sluggish start against Llantwit Major

CADOXTON ladies welcomed Llantwit Major to play in the Thursday afternoon league.

Although there was a cloudless sky the wind was very cold and cut across the green making the conditions very tricky.

Rink one: Cadoxton – A Rees, P Davies, D Evans, J Tuck 16; Llantwit – L Crouth, M Allen, J Voss, M Davies 14.

Cadoxton ladies started extremely strongly. By the 10th end they were 14-4 in the lead. In this game of two halves, Llantwit retaliated by bringing the scores level

on the penultimate end at 14-4. In an exciting last end Cadoxton were able to secure two shots to win the game.

Rink two: Cadoxton – J Watkins, C Bentley, M Slec, M O'Callaghan 14; Llantwit – C Mardie, M Morgan, P Pike M Lewis 21.

There was very little difference between the teams, on end 10 the score was even at 7. The players found the conditions very testing.

Llantwit started to master the green and scored for the next six ends bringing it to 21-8. Cadoxton took the last two ends for a six to reduce the overall loss to seven.

Rink three: Cadoxton – L Spencer, P Curry, N Clissett, P Osbourne 12; Llantwit – K Johnes, A Matlow, C Willmot, D Grey 17.

Llantwit started very strongly and scored on the first three ends. They continued to lead throughout the game and with singles, Cadoxton could not catch up. The good start for Llantwit won them the game.

CADOXTON 42 LLANTWIT 52

Friday League

Trelai Ladies joined Cadoxton on Friday in the evening league.

Rink one: Cadoxton – A Jones, P Bryant, D Evans, J Tuck 25; Trelai – M Porter, J Chapman, M Holland, B Parsons, 4.

Trelai ladies started well winning the first two ends for two shots. The Trelai ladies found

the green extremely heavy, on the ninth end the score was a respectable 5-4 to Cadoxton.

The Trelai ladies were worn out with the heavy green and Cadoxton took the last eight ends.

Rink two: Cadoxton – J Watkins, J Pycroft, N Clissett, M O'Callaghan 19; Trelai – S Trask, J Watkins, M Lockwood, M Williams 17.

The game was evenly matched and on the 13th end the score was even at 11. Trelai took over the game for the next three ends, scoring a seven and putting them in the lead at 17-11. The last three ends, Cadoxton came back with a flourish to win eight shots and secure the game at 19-17.

CADOXTON 47 TRELAI 21

DM Davies

Run machine Julian wins batting award



Julian Griffiths (left) receives his award.

L L A N T W I T MAJOR Cavaliers' opening batsman Julian Griffiths was presented with an award to mark his excellent achievement in scoring three tons and a total of 1,040 runs as Llantwit won the Welsh Club Division Three title.

The presentation was made by former Glamorgan player Andrew Davies.

This season, Julian is looking to eclipse the club record with three tons and seven 50-plus scores in his 12 innings to date.

Last Wednesday, he hit

Splash Swim School was established in 2007 by Natalie, who wanted to create a fun and child led environment where children enjoyed learning to swim.

For more information you can contact Natalie on 07921 122742 or via email at splashswim-school@hotmail.com.

The GEM welcomes your match reports, and other club items of interest. Email them to: ggem@internet-today.co.uk

Bonvilston witnesses a 'thriller' novice race



ON AND OFF THE TURF with Brian Lee

THEY turned out in their thousands – the regular enthusiasts and those that read about the forthcoming meeting in *The GEM* – for the Countryside Alliance (Wales) Point-To-Point Steeplechases at Bonvilston on Bank Holiday Monday.

In glorious sunshine, racegoers witnessed some excellent racing.

The Nathaniel Car Sales Countryside Alliance Club Members Novice Riders' Race was a real thriller with three horses finishing within inches of each other.

The judge, Gwyn Brace, rightly so in my opinion, ruled that Mrs and Mrs Pugsley's *Fully Loaded*, ridden by their daughter Emma, aged 20, had won by a short head from *Roznic* (John Norman), with the gallant *Grey Kid* (Nathan Deakin), a further short head away in third place.

However, Norman thought that his mount, which is trained by Aberthin's Abbi Vaughan, had won and rode straight into the place reserved for the winner.

Fully Loaded, who is by the stallion *Needle Gun* which is standing at David Brace's Bridgend stud, is qualified with the Devon and Somerset Staghounds and the 10-year-old bay gelding was recording his ninth win of the season.

The Evan Williams Racing four, five, six and seven-year-olds Open Maiden Race went to Beth Roberts's *Copper Carroll* who, under the new amateur ladies jump jockey champion rider Isabel Tompsett, won by two lengths from *Tachbury* (Nathan Deakin) after taking the lead four fences from the finish.

Copper Carroll, a six-year-old bay mare, "is the most expensive horse I have ever bought" joked her owner/trainer who paid little more than a £1,000 for her in Ireland a couple of years ago.

The Tim Vaughan Racing Mixed Open went to Dewi Lewis's nine-year-old bay gelding *Balearic Star*, who drew away from the pacemaking *Classic Chance* (Nick Williams) at the second last fence to win by 10 lengths, with *Galtee View* (Joseph Williams) winner of the Welsh Point-To-Point Grand National over the course earlier this season, a further 12 lengths away in third place.

Balearic Star, who went off the 5-4

favourite, was ridden by John Mathias, aged 19, who is making a bold bid for the national riders' championship.

The Country Fresh Eggs Restricted race resulted in a 20 lengths win for Paul Goldworthy's six-year-old chestnut gelding *Hocinail* who, well ridden by Nathan Deakin, made all the running – just like he did when losing his maiden tag over the course at the earlier Penttych- to beat *Diddle'Em* (John Llewellyn).

Backers of the odds-on *Pathian Prince* (John Mathias) never had a run for their money as the seven-year-old bay gelding fell at the third fence.

Freedom Of Choice, a 25-1 chance, was a shock winner of The Welsh Game Fair eight-year-olds and over Open Maiden race.

Owned and trained by local farmer Mike David, of St Mary Hill, this son of *Beneficial* jumped the last alongside the favourite *Kyrano* (Liam Payter) and went on to win by a length with *Sodbuster* a further 25 lengths away in third place.

Freedom Of Choice, who cost just £850 at the Ascot Sales a couple of years ago, was ridden by John England, brother of National Hunt jockey David England, and according to his owner/trainer, who was saddling his first winner in years, is so gentle at home that "a kid could ride him".

John England, who rides out for Llancarfan trainer Evan Williams, was chalking up his fourth winner between-the-flags.

Llantrisant saddler Keith Pritchard was a little surprised when his eight-year-old *Chandlers Cross* (Paul Tolman) ran out a six lengths winner of The Llantwit Major AutoCentre Intermediate race from *Definite Approach* (D Turner).

This eight-year-old chestnut gelding, trained by Paul Davies at Bromyard, had disappointed his owner when finishing out of the first three in the Dunraven Hunter Chase at Chepstow. However, on this occasion the gelding showed a bit more sparkle and, taking up the running three fences from home, the son of *Rakaposhi King* won easily enough.

Paul Tolman, who rides work for West Wales's Rebecca Curtis, was riding his seventh winner between-the-flags this season and he has also ridden four winners under rules.



PHOTOGRAPHS by GLYN EVANS

Other pictures are available from this event.

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DOUBLE DELIGHT FOR DINAS GIRLS



ABOVE: Dinas Powys girls under-17s won their final by holding on to a 4-3 lead late on.

THE girls section of Dinas Powys Football Club had a memorable day at the finals of the South Wales Girls League Cup recently at Sully Sports Football Ground.

Both the under-14 girls team and under-17 girls team had reached the finals, and started the day with high hopes of winning more silverware this season.

The first match was the under-14s, whose opposition was Cardiff City Ladies, and Dinas started the game as favourites having beaten their opposition twice previously this season.

Nevertheless Cardiff City started the match much brighter and scored two superb goals, one a long range shot and one from a counter attack.

However, Dinas Powys have not lost a match all season and they showed their team spirit, despite the fact that they had no substitutes available and a number of the players were carrying injuries.

They launched themselves ferociously at their

opposition and had the misfortune of missing a penalty, but still this did not dampen their determination.

Eventually, after carving out many openings, striker Erin Murray managed to find the back of the net after a fine move, going into half time only 2-1 down.

In the second half a number of early chances were missed and the score stayed at 2-1 until the final 10 minutes, and it seemed that it wasn't going to be Dinas' day despite the pressure they were mounting.

However, after a fine run, left wing Jessica Cogbill tucked the ball into the back of the net and this raised Dinas' hopes for one last surge. A few minutes later, Erin Murray capped a fine team performance with a well-taken goal to leave the Dinas Powys players jubilant when the final whistle went, achieving a significant treble during this season of winning the League Cup, The South Wales Girls League and The South Wales Girls Tesco Cup.



ABOVE: Dinas Powys girls under-14s won their final with two goals in the last 10 minutes.

It has clearly been a magnificent achievement and one the girls can be rightly proud of.

The game was immediately followed by the under-17 team final, and from Dinas Powys' perspective it was a complete reversal. The under-17 team side were out for revenge, having lost a narrow 4-3 match earlier on in the season to Landore from Swansea in the South Wales Girls League, and their attitude and commitment from the off could not be faulted.

The Dinas Girls went ahead within five minutes, with a 25-yard long range shot from captain Emily Jellings, who then repeated her achievement, putting the Dinas Powys girls 2-0 up.

A short while later, an unnecessary push in the box by one of the Landore defenders allowed Jordan Guard to take a well-executed penalty, and shortly thereafter Ellen Phillips made it 4-0 from a goal mouth scramble.

The Dinas girls then missed a host of chances to put the game out of reach, and in fairness to Landore, they showed a tremendous fighting spirit

and just before half time, scored an excellent goal from their left winger, worthy of Peter Whittingham himself!

The second half saw a great fight back from Landore, and they scored two more goals, with the Dinas girls hanging on for a 4-3 victory, which on the balance of the game was clearly deserved.

Congratulations to the players, parents and coaches of both the under-14s and under-17s team for their achievements that day, as well as the under-12s, who were narrowly defeated in their semi final, losing to the eventual winners on extra time. The season has proved to be another tremendous success for the girls section.

There was success for the boys under-15 side as well, when they clinched their league title!

JC

Sporting chance for the Sant Curig pupils at UWIC



LAST WEEK, the junior children at Ysgol Sant Curig were taken off to the National Indoor Athletic Centre at UWIC for their annual sports day.

Four coaches were organised to transport over 200 children and staff into Cardiff.

Once there, the children got to use the specialised equipment on offer, including the hurdles, shot putt, long jump pit and the children's favourite, the high jump.

After lunch, the real competition started with the four houses challenging each other in different events.

An exciting day finished dramatically with the green of 'Hafren' winning the final relay race to capture the Sports Day Shield.

A special thank you has to go to Miss Nia Davies and Mrs Catherine Jones for organising this wonderful event and a big thank you to all the parents that supported our day.

RJ

CALLING ALL CLUB OFFICIALS!

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Dinas schoolchildren cross-question the AM

REGIONAL AM Chris Franks met pupils and teachers from St Andrews Church in Wales School, Dinas Powys when they visited the Senedd.

Dinas Powys resident and Assembly Commissioner Mr Franks said: "I was delighted to meet pupils from the school council at St Andrews Church in Wales School. The pupils asked a series of questions about the work of Assembly Members. "They specifically asked what I enjoyed about being an Assembly



Pupils at the Senedd

Member. I told them a very important part of the job was meeting the public and visiting local community organisations. I mentioned attending the launch of a scheme to help blind and partially sighted people

to live independent lives. "Also discussed was the questioning of Ministers and holding them to account. I hope pupils and teachers found their visit to the Senedd useful and enjoyable."

Holton Road under-14s win 'cracking' Cup final

HOLTON Road under-14s recently played Dinas Powys A at Jenner Park in the under-14s Cup final - it turned out to be a cracking match and a wonderful spectacle for the neutral.

From the whistle, the game kicked off straight into a high tempo affair, Dinas Powys A showing that they meant business with a shot within the first few minutes that went wide.

Dinas continued to apply pressure, but as the



ABOVE: Holton Road under-14s.

game went on, Holton Road slowly but surely began to control the game. It wasn't long before the constant running of Billy Gratton on the right wing paid dividends.

A great cross in from the right found Zac Reed, who turned on his man, then let rip with a rocket of a shot, which flew past the keeper and into the back of the net.

A well deserved goal - Holton Road then upped the game. A number of chances came their way, but the second goal kept eluding them.

With only a few minutes to go to half-time and against the run of play, a long clearance from Dinas found their left winger, who ran straight at goal with only one thing on his mind. A cracking tackle was made by the Holton centre back, but the referee gave a penalty for holding back.

Up stepped the Dinas striker, who calmly popped the ball away, just evading the finger-

tips of Holton Road's goalkeeper, Rhys Edwards. Half-time score 1-1.

Dinas came out for second half with a renewed vigour, applying pressure on the Holton goal. The back four of Mason Childs-Brown, Jake Briscoe, Harri Williams and Morgan Spickett were immense, stopping everything that came at them.

The introduction of Danny Bruce changed the game. Holton Road now started to push for the winner, several chances coming their way, but still that second goal wouldn't come.

The midfield trio of Sean Pride, Sam Thompson and Ellis Grayson-Davies were now winning everything. Then a clearance kick from Dinas was won in the air by Sam Thompson, who nodded it down neatly for man of the match Ellis Grayson-Davies to go on a surging run down the left flank. He took it past a couple of players, before releas-

ing a lovely pass into the path of Travell Konten. With the Dinas keeper rushing off his line towards him, he stroked the ball home, 2-1.

Holton Road had that elusive second goal.

The boys up front had run themselves into the ground, so fresh legs were put on in Callum Harding and Geraint Andrews. These two linked up almost straight away to cause further problems for the Dinas defence.

The final whistle rang out, to the roar of the supporters who engulfed the Holton Road players on the pitch.

Many thanks to all the families and friends who turned up to cheer the boys on. Holton Road would like to say thank you to Unique Flooring for sponsoring the team's new tops for the final and many, many thanks to Chris and Marie Mort of CJ Contract Travel Services for this season's kit and their continued support of the team.

MARK THOMPSON

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Barbara Joan

Peacefully with her family, Barbara, loving
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Lyn Jones

1930-2010

of Cowbridge, previously of Ynysybwl
and Llwyncrwn Uchaf Farm.who passed away after a short illness and
80 long, glorious years. Loving husband of Jean;
beloved father to Carolyn and Isabel; adored
Grandpa and Bopma to David, Anna, Morgan
and Evan; father-in-law and revered DIY
consultant to Simon and Dek; 'First Class
Friend' to many and golfing legend to others.Welsh youth tennis champion; rugby
outside-half for Ynysybwl, Treorchy and
Llantwit Fardre; member of Southerndown
Golf Club for 42 years; founder member of
Cowbridge Operatic Society; co-founder and
lifetime member of Cowbridge Squash and
Tennis Clubs; member of Pontfaen Probus
Club, Freeman of Llantrisant.Missed really more than words could ever
explain but remembered with an inexhaustive
supply of love, affection and anecdote.A service and gathering to celebrate all of the
above will be held at Coychurch Crematorium
on Friday 4th June at 1.45pm.No flowers by request, please. Donations in
lieu of flowers to Cancer Research Wales c/o
J.W. James, 11 Fommon Road, Rhoebe CF62 3DZ.**PARSONS**

Mary

Joan, John and family give their sincere thanks to
all who sent cards, messages of support and shared
memories of Mum. A special thanks to everyone
who looked after Mum throughout her life, also to
Rev Norman Williams and Thomas Brothers, and
donations given to George Thomas Hospice.**PICKFORD**

Violet

Violet, formerly of Mountain Ash and Llantwit Major,
passed away peacefully at Milsom House Nursing
Home on Sunday May 30, 2010.Funeral service at St Iltyds Church, Llantwit Major, on
Tuesday June 8, at 9.45am, afterwards to Coychurch
Crematorium. All enquiries and flowers to
WA Brown & Son, Llantwit Major 01446 792489.

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Cardiff & the Vale of Glamorgan Schools Middle (Years 10 and 11) track & field championships - Cardiff International Sports Stadium

DAMP WEATHER FAILS TO HINDER VALE PUPILS AT LECKWITH ATHLETICS EVENT



Barry Comprehensive year-10 Callam Barrie on his way to victory in the 3,000 metres.



Year-11 James Graves contributed 41.5 points to the winning team total of Bro Morgannwg boys.



Penllyn resident Caitlin Bryant (The Cathedral School), on her way to victory in the 3,000m.



The 300 metres winner was Ellie Carter (Bryn Hafren).

AFTER dry afternoons for the Senior Cup and Championships, the middle pupils in years 10 and 11 had, for the second successive year, to contend with damp conditions for their Cardiff & the Vale Schools championships at Leckwith.

It was the hurdlers and high jumpers who suffered the most with the application of the safety rule of only pupils wearing spikes being allowed to compete. The girl javelin throwers also had to suffer, with only standing throws permitted.

Last year, 14 Vale pupils claimed titles, and of that number, four won again this year, though not necessarily in the same event.

In that quartet were Scott Hewins (Llantwit), who retained his javelin title, Bethan Daw (St Cyres), who again outran the rest of the field in the 1,500 metres, and Lia Thomas (Bro Morgannwg), who claimed the triple jump win for the second year. The fourth member of the group was Eloise Laity (Westbourne). Eloise was the winner of the 800 metres at the under-15 championships in 2008, and claimed the middle title in that event last year.

At these championships, she was beaten over that distance by a record equalling run from Radyr year-11 Lucy Harvey but she should not be disappointed as, earlier in the programme, she had claimed a win in the 200 metres.

A further eight Vale pupils claimed wins at this fixture, with victory possibly leading to selection to represent Cardiff & the Vale of Glamorgan district at the Aviva Welsh Schools' National championships, which are to be held at Brecon on Saturday, July 3.

In the shot, St Cyres year-11 Ben Harding produced a top put of 13.70 metres to see off the challenge of his old rival Michael Daniels (Llantwit) and the young pretenders in year-10, while, in a low key triple jump contest, Kieron Laity gained victory for Bro Morgannwg.

On the track, Bryn Hafren year-11 Ellie Carter was in a class of her own over 300 metres while, despite the Cathedral School deciding not to take part in any Cardiff & the Vale Schools track and field competitions this summer, it was good to see Caitlin Bryant competing over 3,000 metres and taking the win.

In the boys' events, Barry Comprehensive year-10 Callam Barrie made it a Vale double with a win in the boys' 3 km.

There are two team competitions at these championships, with the top 16 athletes in each event scoring points for their school, from 17 for a win down to one point for 16th place.

With that in mind, staff from Bro Morgannwg and Llantwit may have been delighted at the wins from their girls in the shot, discus and javelin. Year-11 Jessica Richards (Llantwit) took the shot title while Bro Morgannwg duo Lisa Williams and Leanne Kelland won the discus and hammer respectively.

While the focus has been on Vale winners, mention must also be made of Bro Morgannwg year-11 James Graves. The

Bonvilton resident missed out on a title but finished fourth in the sprint hurdles final, third overall in the 400 metres hurdles time-trials and equal second in the high jump to gain a total of 41.5 points for his school.

After a number of years of success in this age group, the staff and pupils from Bro Morgannwg missed out on the two top spots, losing out to Cardiff High in the boys' section and to Whitchurch in the girls.

Thankfully, with good staff organisation and willing pupil support, the Barry-based school were back at the top this year racking up 357 points in the boys' competition to defeat Cardiff High by four points, and sharing the girls' trophy with Whitchurch on a score 223.5 points.

The individual and team winners will receive their awards and trophies at the Cardiff & the Vale of Glamorgan Schools' Track and Field presentation evening at Cardiff High School on Tuesday, September 7, starting at 7 pm. This is the day after school re-starts for the autumn term in the Vale.

The standard of organisation at these school fixtures is of high quality, but it could not be achieved without the help of a number of experienced officials and volunteers from outside the teaching profession.

The association would like to record its thanks to Vale-based Messrs Elward, Matthews, Nicholson and Dixon.

John Elward and Keith Matthews are the top two starters in Wales, while Ted Nicholson provides vital first aid cover. All three are based in Barry.

Ian Dixon takes the high quality photographs, which add so much to these reports. Thank you, gentleman!

Results of Vale pupils: **Middle boys - individuals:** 100m: Ht 1 ws: -1.4; 3 Joe Green (St Cyres) 12.5; 4 Zac Deere (Bro M) 12.6; Ht 2 ws: -0.8; 1 Arran Reid (Barry) 12.0; 5 Luke Daws (Lwt) 13.2; 6 Andrew Westcott (Cow) 13.3; Ht 3 ws: -0.8; 3 Tom Perry (Bro M) 12.7; 6 Nicholas Taylor (StRichG) 13.8; 7 Saeed Esa (St Cyres) 13.9; Ht 4 ws: -0.7; 6 Sam Street (Cow) 13.1; 7 James Jackson (StRichG) 14.7; Final ws: -0.9; 3 Arran Reid (Barry) 11.7; 5 Joe Green (St Cyres) 12.2; **200:** Ht1 ws: -0.3; 1 Joel Beavis (Bro M) 25.3; 4 George Lee (Lwt) 26.2; Ht2 ws: -0.2; 1 Ben Harding (St Cyres) 24.6; 2 Jack Laidlaw (Cow) 25.6; 3 Michael West (Lwt) 26.1; 6 Shanon Horrigan (StRichG) 26.9; Ht3 ws: -0.9; 3 Joe Green (St Cyres) 24.6; Ht4 ws: -0.1; 4 Sam Norman (Bro M) 25.8; 5 Connor Doyle Barry 26.3; 7 Christian Walters (Cow) 27.6; Fin ws: -0.7; 3 Ben Harding (St Cyres) 24.3; 5 Joe Green (St Cyres) 24.9; 7 Joel Beavis (Bro M) 25.2; **400:** Ht 1: 1 Wesley Burns (Bro M) 54.6; 4 Corey Hill (Barry) 62.3; 6 Jodie Dean (StRichG) 67.7; Ht 2: 3 Jacob Thomas (St Cyres) 61.3; 4 Connor Doyle (Barry) 64.7; 5 Daniel Davies (StRichG) 66.4; Ht3: 1 Alex Simon (Lwt) 56.2; 2 Emyr George (Bro M) 57.1; Ht4: 3 Josh Drew (Lwt) 59.0; 5 Oliver Hitchings (Cow) 61.8; 6 James Griffiths (Cow) 68.5; Fin: 3 Wesley Burns (Bro M) 55.3; 4 Alex

Report by PETE MORRIS Pictures by IAN DIXON

Simon (Lwt) 55.9; 6 Emyr George (Bro M) 57.2; **800:** Ht 1: 2 Charlie Halpin (St John's) 2:15.5; 5 Dan Owen (Lwt) 2:24.4; 7 Rhidian Mephan (Bro M) 2:30.9; 8 Alastair Richards (Cow) 2:35.7; 9 Damian Robinson (Barry) 2:39.1; Ht2: 1 Tiernan Scott (Bro M) 2:17.2; 4 Rhys Griffin (Cow) 2:24.9; 7 Andrew Williams (Lwt) 2:30.7; 11 Brendon O'Hare (StRichG) 2:42.1; 12 Rhys Fazlloodin (Barry) 2:47.1; Fin: 2 Charlie Halpin (St John's) 2:15.0; 3 Tiernan Scott (Bro M) 2:17.9; 8 Dan Owen (Lwt) 2:24.8; **1,500:** 2 Mathew Edwards (Barry) 4:23.8; 4 Daniel Lewis (St Cyres) 4:58.5; 6 Einar Scott (Bro M) 5:02.4; 9 Abdel Bouliache (St Cyres) 5:06.2; 17 Stuart Fleming (Cow) 5:32.7; **3,000:** 1 Callam Barrie (Barry) 10:30.5; 2 Rhys George (Bro M) 10:44.2; 3 Tom Kamal (Cow) 11:05.8; 6 Richard Pilcher (Bro M) 11:35.4; 7 Dillon Morgan (Cow) 11:41.7; **100 Hur:** Ht 1 ws: 0.2; 3 Harry Hitchcock (Cow) 17.4; 4 Joel Beavis (Bro M) 18.1; 7 Saeed Esa (St Cyres) 20.7; Ht 2 ws: -0.8; 2 James Graves (Bro M) 16.2; 5 Ashley Wilson (Cow) 19.4; 6 Andrew Westcott (Cow) 20.2; 7 Nicholas Taylor (StRichG) 20.5; 8 Jay Foscolo (Barry) 21.3; Fin ws: -1.0; 4 James Graves (Bro M) 16.9; 7 Harry Hitchcock (Cow) 17.0; 8 Joel Beavis (Bro M) 17.4; **400 Hur:** 3 James Graves (Bro M) 65.2; 8 Kieron Laity (Bro M) 70.7; 9 Jay Foscolo (Barry) 75.8; **1,500 Sc:** 2 Callam Barrie (Barry) 5:29.3; 4 Luke Hannon (Bro M) 6:14.3; 6 David Sami (Cow) 6:36.5; **HJ:** 2= James Graves (Bro M) 1.60; 8= Jason Butcher (Bro M) 1.55; 10 Harry Trotman (Cow) 1.50; 12 Josh Albertides (Barry) 1.50; 13= Josh Thomas (Cow) 1.45; 17 Connor Craythorne (Lwt) 1.40; 18 Jamie Robinson (Lwt) 1.35; **PV:** 3 Jake Connolly (Bro M) 2.40; 5 Rhidian Mephan (Bro M) 2.40; **LJ:** 3 Sam Norman (Bro M) 5.84; 7 Jack Laidlaw (Cow) 5.04; 8 Lloyd Martin (Bro M) 5.03; 11 George Lee (Lwt) 4.97; 13 Ben Ware (Stan) 4.83; 15 Andrew Westcott (Cow) 4.78; 18 Arran Reid (Barry) 4.69; 19 James Robinson (Lwt) 4.59; 20 Corey Hill (Barry) 4.57; 21 Andrew Breed (St Cyres) 4.55; 24 Ashley Wilson (St Cyres) 4.42; 28 Liam Tucker (StRichG) 4.23; 30 Nick Taylor (StRichG) 3.95; **TJ:** 1 Keiron Laity (Bro M) 11.48; 2 Zac Deere (Bro M) 11.42; 7 Jack Laidlaw (Cow) 11.03; 11 Luke Daws (Lwt) 10.89; 13 John Conkey (Lwt) 10.67; 15 James Hendy (Cow) 10.14; 16 William Powell (Barry) 9.92; 17 Corey Hill (Barry) 9.90; 20 Louis Allen (Cow) 9.28; **SP:** 1 Ben Harding (St Cyres) 13.70; 2 Gus McPherson (Cow) 12.87; 3 Michael Daniels (Lwt) 12.51; 6 Sam Norman (Bro M) 11.36; 13 Dillon Morgan (Cow) 10.54; 14 Lloyd Martin (Bro M) 9.86; 15 Jack Blanford (Barry) 9.85; 18 Nial Griffiths (StRichG) 8.33; 19 Liam Tucker (StRichG) 8.07; **DT:** 3 Tom Perry (Bro M) 31.90; 5 Einar Scott (Bro M) 24.83; 8 Corey Gorman (Cow) 23.10; 9 Matthew Jones (Lwt) 22.66; 10 Kurt Fackrell (Cow) 21.85; 14 Jack Austen

(Lwt) 20.91; 15 Mitchell Carter (StRichG) 20.76; 21 Rhys Fazlloodin (Barry) 16.98; **HT:** 3 Scott Hewins (Lwt) 27.70; 6 Tom Warren (St Cyres) 22.64; 7 Tom Perry (Bro M) 22.17; 9 Dillon Morgan (Cow) 20.75; 10 Richard Pilcher (Bro M) 20.65; 12 Gus McPherson (Cow) 18.85; 14 Mitchell Carter (StRichG) 17.72; **JT:** 1 Scott Hewins (Lwt) 43.25; 4 Tiernan Scott (Bro M) 34.72; 5 Sam Robert (Cow) 33.87; 7 Sam Middlemiss (St Cyres) 33.39; 11 Richard Pilcher (Bro M) 29.69; 14 Dave Evans (Lwt) 27.75; 15 Louie Allen (Stan) 26.63; 16 Rhys Fazlloodin (Barry) 25.78; 18 Mitchell Carter (StRichG) 22.45; 20 Dan Roderick (Barry) 20.40; 21 James Griffiths (Cow) 20.09; **2Km walk:** 5 Brendan O'hre (StRichG) 13:30.8; **4 x 100:** Ht 1: 3 Llantwit 48.5; 5 Cowbridge 49.8; 7 St Richard Gwyn 57.2; Ht 2: 3 Bro Morgannwg 48.5; 5 St Cyres 52.5; Barry Disq; Fin: 2 Bro Morgannwg 48.1; 7 Llantwit 49.6.

Teams: 1 Bro Morgannwg 357; 6 Cowbridge 163; 8 Llantwit Major 124; 9 St Cyres 109; 12 Barry Comprehensive 80; 16 St Richard Gwyn 25; 20 Stanwell 6.

Middle girls - individuals: 100: Ht 1 ws: -0.4; 2 Jess Hayes (Cow) 14.4; 3 Shanell Edwards (Bro M) 14.7; 5 Rhia Dutton (Bryn H) 15.2; 7 Kaie McCloud (Stan) 16.5; Ht 2 ws: 0.3; 3 Abi White (Stan) 16.5; Ht 3 ws: -0.8; 2 Zoe Stephens (Bro M) 14.3; 3 Mollie Kane (StRichG) 14.4; 4 Romy Killick (Cow) 14.7; 6 Danielle Close (Bryn H) 15.6; Final ws: -1.1; 6 Zoe Stephens (Bro M) 14.4; 7 Mollie Kane (StRichG) 14.6; 8 Jess Hayes (Cow) 14.8; **200:** Ht1 ws: -0.2; 4 Emma Worrell (Lwt) 30.6; 7 Sophie Lloyd (Cow) 32.3; Ht2 ws: -1.0; 2 Eloise Laity (West) 27.8; 4 Danielle Edgerton (Bro M) 31.7; 5 Alice Lewis (Bryn H) 32.5; 6 Ainsley Vines (StRichG) 32.9; Ht3 ws: -0.4; 2 Maisie Matthews (Bro M) 29.0; 4 Chaliee Ludvigsen (Bryn H) 31.3; Fin ws: -0.7; 1 Eloise Laity (West) 27.1; 5 Maisie Matthews (Bro M) 30.2; 7 Danielle Edgerton (Bro M) 34.0; **300:** Ht 1: 4 Danielle Close (Bryn H) 52.8; 5 Amy Wright (Bro M) 53.2; 6 Lydia James (Cow) 54.6; 7 Jessica Lewis (StRichG) 55.2; Ht 2: 1 Ellie Carter (Bryn H) 45.8; 2 Maisie Matthews (Bro M) 48.1; 7 Ainsley Vines (StRichG) 54.3; Fin: 1 Ellie Carter (Bryn H) 46.9; **800:** 2 Eloise Laity (West) 2:24.8; 4 Rachel Bradshaw (Cow) 2:52.8; 11 Lisa Williams (Bro M) 3:01.8; 12 Ella Hughes (Lwt) 3:05.7; 13 Beatrice Hacker (Cow) 3:07.4; 16 Lauren Westlands (Lwt) 3:10.2; 17 Jody Price (Bryn H) 3:12.3; 18 Sophie Thomas (Bryn H) 3:14.6; 19 Abi White (Stan) 3:16.4; 21 Ayscha Clarke (Bro M) 3:50.4; 22 Nicola Anderson (StRichG) 4:26.0; **1,500:** 1 Bethan Daw (St Cyres) 4:56.2; 7 Anthea Young (Lwt) 6:08.0; 8 Sarah Herbert (Bryn H) 6:41.9; 9 Danielle Edgerton (Bro M) 6:44.3; 10 Rosie Dent (Cow) 6:48.2; 11 Verity Morgan (Cow) 6:54.3; 13 Sam Chambers (Bryn H) 7:20.2; **3,000:** 1 Caitlin Bryant (The Cathedral) 11:40.1; 2 Fiona Bray (Cow) 11:42.9; 4 Katie Wynne (Cow) 13:16.8; **800H:** Ht 1 ws: -0.9; 2 Chloe Phillips (Lwt)

14.8; 6 Molly Llewellyn (Cow) 16.6; 8 Megan Thomas (Bro M) 21.6; Ht 2 ws: 0.3; 3 Natalie Parsons (Lwt) 14.4; 4 Zoe Stephens (Bro M) 16.1; 5 Georgina Jackson (Cow) 16.6; Ht3 ws: 0.3; 1 Brenna Organ (Bryn H) 16.5; 3 Rhia Dutton (Bryn H) 16.8; Final ws: -0.1; 4 Natalie Parsons (Lwt) 14.5; 5 Chloe Phillips (Lwt) 15.1; 8 Brenna Organ (Bryn H) 15.9; **300H:** 2 Chloe Phillips (Lwt) 54.6; **HJ:** 2 Becky Thomas (Cow) 1.45; 5 Emma Worrell (Lwt) 1.35; 6 Megan Thickpeny (Bryn H) 1.35; 7 Maisie Matthews (Bro M) 1.35; 8= Meg Thomas (Bro M) & Molly Frost (Cow) 1.35; 11 Natalie Parsons (Lwt) 1.30; 12= Danielle Green (StRichG) 1.25; 16 Brenna Organ (Bryn H) 1.25.

LJ: 2 Lucy Taylor (Lwt) 4.40; 6 Ellie Carter (Bryn H) 3.94; 7 Sidney Crowther (Lwt) 3.92; 8 Lia Thomas (Bro M) 3.91; 9 Zoe Stephens (Bro M) 3.89; 10 Jess Tidely (Cow) 3.84; 13 Danielle Green (StRichG) 3.73; 15 Chloe Westall (StRichG) 3.65; 20 Sarah Herbert (Bryn H) 3.21; **TJ:** 1 Lia Thomas (Bro M) 8.58; 2 Meg Thomas (Bro M) 8.56; 4 Jess Tidely (Cow) 8.25; 5 Megan Thickpeny (Bryn H) 8.25; 6 Blenner Olgen (Bryn H) 8.05; 8 Georgina Jackson (Cow) 7.71; 9 Danielle Davies (Lwt) 7.71; **SP:** 1 Jessica Richards (Lwt) 7.50; 3 Jess Hayes (Cow) 7.02; 4 Bethan Moorcraft (Cow) 6.70; 7 Harriet Vaughan (Bro M) 6.49; 8 Bethan Davis (Bro M) 6.48; 9 Jessica Hill (StRichG) 6.42; 10 Elise Tyler (Bryn H) 6.37; 11 Jessica Jackson (Bryn H) 6.36; 16 Nicola Anderson (StRichG) 6.15; 18 Amy O'Callaghan (St Cyres) 5.94; 21 Hannah Foot (St Cyres) 5.35; 23 Megan Davies (Lwt) 4.75; **DT:** 3 Lisa Williams (Bro M) 17.26; 7 Emily Jennings (St Cyres) 15.50; 11 Jessica Jackson (Bryn H) 14.90; 12 Amy Taylor (Cow) 14.80; 13 Jessica Richards (Lwt) 14.54; 14 Chloe Westall (StRichG) 14.25; 15 Bethan Davis (Bro M) 14.00; 16 Lydia James (Cow) 13.36; 18 Megan Thickpeny (Bryn H) 12.98; 20 Hannah Foot (St Cyres) 12.93; **HT:** 1 Leanne Kelland (Bro M) 23.27; 2 Bethan Moorcraft (Cow) 21.65; 4 Elise Tyler (Bryn H) 16.28; 5 Bethan Davis (Bro M) 14.57; 7 Amy Taylor (Cow) 11.86; **JT:** 2 Ella Hughes (Lwt) 19.27; 3 Fern Mason (Bro M) 18.63; 4 Molly Chapman (StRichG) 18.36; 10 Sarah Herbert (Bryn H) 14.32; 11 Katie Bradbury (Cow) 14.19; 12 Sky Morham (StRichG) 13.17; 13 Danielle Davies (Lwt) 12.74; 16 Danielle Close (Bryn H) 11.96; 18 Ayscha Clark (Bro M) 11.80; 19 Eloise Johnson (St Cyres) 11.71; 25 Jessica Oliver (Cow) 8.73; 27 Amy Whatham (St Cyres) 6.17; **4x100:** Ht 1: 4 Bryn Hafren 58.2; 5 Cowbridge 58.6; 6 Llantwit 59.4; 7 St Richard Gwyn 61.5; Ht 2: 2 Bro Morgannwg 56.8; Fin: 5 Bryn Hafren 58.5; 7 Bro Morgannwg 60.7; 8 Cowbridge 60.8.

Teams: 1= Bro Morgannwg 223.5; 3 Cowbridge 214; 5 Llantwit Major 164; 6 Bryn Hafren 157; 12 St Richard Gwyn 69; 16 Westbourne 32; 18 St Cyres 27; 19 The Cathedral 17.

Under-10s look back on season



LEFT: After a good season, Llantwit Major under-10 lions have thanked Louise England and SITESERV for supporting the team. The Lions look forward to continued support in the years to come.

Darts league tables

THE final darts league tables for the Llantwit Major and District Darts League are:

A League

Kings Head 1	117
Golden Cups	109
Wenvoe Arms	101
Blacksmiths Arms 1	99
Kings Head 2	92
Shoes Peterston	88
Rugby Club	87
Kings Cup	77
Lamb & Flag	75
Fox & Hounds	58
Four Bells	57
Blacksmiths Arms 2	40

C League

Shoes Marcross	135
Kings Cup	120
Lamb & Flag	118
Kings Head 1	106
Farmers Arms	103
Carpenters Arms	90
Kings Head 2	53
Rugby Club	52

Sponsored bike ride

PETERSTON super Ely Church in Wales Primary School PTA will be holding their annual sponsored bike ride/big toddle on Sunday, June 13, from 10am; barbecue and festivities from 12pm. All welcome.

Children will be taking the following route: starting at the school and passing through Gwern-y-Steeple and Pendoylan, turning right at Clawdd Coch, passing over the railway crossing to Peacock's Hill and back to the school.

Motorists need to use this route with caution between 10.30am-1.30pm.

Pair of wins for Llantwit ladies bowlers

LLANTWIT MAJOR ladies bowls team played against Cowbridge at home in the Cowbridge Challenge Shield and won on all rinks, gaining 10 points.

The rinks were Kay Johnes, Ann Mutlow, Marian Lewis and Carol Willmot 17-11; Edna Hardie, Val Baelz, Etta Gray and Eryl Nicholls 16-8; and Liz Crouch, Margaret Morgan, Peggy Pike and Jean Voss 21-10.

On Thursday, the team travelled to Cadoxton for a league match. The rink was difficult, but they managed to win on two rinks and lost on one, gaining eight points.

The rinks were Edna Hardie, Margaret Morgan, Peggy Pike and Marian Lewis 21-14; Liz Crouch, Hilary Allan, Jean Voss and May Davies 14-16; Kay Johnes, Ann Mutlow, Carol Willmot and Etta Gray 17-12.

BOWLING CLUB HELPS OUT MACMILLAN WITH CHEQUE



ABOVE: The Cowbridge ladies hand over their cheque,

WHEN the ladies at Cowbridge Bowling Club decided to hold a coffee morning for Macmillan Cancer Support back in April, they never dreamt that it would raise the fantastic amount of £513.80!

Sue Pickin, fundraising manager for Macmillan, went along on a beautiful sunny afternoon to present the team with a well-earned certificate.

Sue said: "We are very grateful to everyone for their hard work, and the ladies certainly put the fun

into fundraising. With 112,000 people living with cancer in Wales, our services are never more needed, and with the help of the ladies team at Cowbridge Bowling Club, we will be one step nearer to realising our ambition to reach everyone affected by cancer."

Pat Davey, president, and Kay Edwards, social secretary said: "We were absolutely thrilled with the amount raised. Our coffee morning is set to become an annual event and we hope to raise even more money next year for this very worthwhile cause."

Ladies' away form is suffering

THE Cowbridge ladies team is still struggling away from home.

It has faced some strong teams early in the season including Llantwit ladies, who were the Tuesday opponents for the second time in seven days.

This time, in a Cowbridge Shield match, Llantwit won again, and on all three rinks, by 54 - 29.

Rink scores were: Sue Flower team 11-17, Joy Woolford team 10-21 and Janet Legg's team 8-16.

The fixture list shows that Llantwit play Cowbridge twice in July at Cowbridge. The home team will be keen to win both of these matches.

Home advantage played a big part in the Thursday home league

game against Barry Central.

Also a factor was that the Barry club was weakened not able to raise a full team.

The result was an overwhelming win for Cowbridge on all 3 rinks and by 94 shots to 27.

Joan Bradley's team, with support from captain Diane Purnell as lead, Glenys Davies at two and Ann Jarvis at three won by 44 - 5.

Other rink scores: Pat Davey's team 25-12 and May Jones' team 25-10.

In its only game of the week, the men's team travelled to Barry to play Barry Plastics.

The Barry club's sprinkler system had broken down and the warm dry weather had turned the green yellow and brown and almost grassless.

The fast surface should have

been to Cowbridge's advantage but players on both sides had difficulty in finding a consistent weight of delivery.

However, it was a comfortable win for the Barry team by 82 shots to Cowbridge's 42.

Barry also won on three of the four rinks.

Only Michael Bradley's quartet of Ron Frayling leading, Colin Wilson at two and Steve Dickens at three and Michael as skip was able to match Barry and produce an exciting finish.

Going into the 18th and last end, the Cowbridge rink was down by two shots but secured a four shot count to win 17-15.

Other rink scores: Byron Richards team 8-22, Norman Wilkinson team 15-27 and Dennis Snelling team 12-18. **MB**

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Barry Athletic turn on the style in Carruthers Shield

BARRY Athletic Bowls Club breezed through to the knock-out stages of the prestigious Carruthers Shield competition with yet another runaway qualifying round victory.

They ran up their fourth successful group win with an impressive 95-60 win over Maesteg Welfare at Barry Island last Saturday.

The Athletic have produced outstanding bowling in their qualifiers and need to maintain their current form when they come up against stiffer opposition

later this month.

Skips Glyn Thomas and Robert Horgan were in sparkling form and both raced to big wins. Glyn came in with a 24-8 card and Robert was close behind with a 30-15 triumph. Chris Blake and Dean Rees won their rinks to make it a clean sweep for Athletic.

Scores:
Barry Athletic v Maesteg Welfare

S McKernan, C Spillane, K Harris, G Thomas, 24 T Summers, P Richards, T Hoare, M Trigg 8; D Snelling, J Donovan, B Parrish, C Blake 24 D Lloyd,

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D Jones, D Rees, P Davies 21;

J Beanland, D K Williams, G Whittaker, D Rees 17 A Burrows, J Croke, E Jones, G Evans 16; L Stanley, D Jones, C Wright, R Horgan 30 D John, C Davies, B Hood, M Hopkins 13.

Athletic 'A'

The Athletic 'A' side opened their PG2 programme with a deserved win in poor conditions at Cardiff Athletic.

The Barry Club collected nine points in their 74-63 win with Billy Wright in good form at

No 3 on Dave Newman's rink. Their 24-10 success clinched the overall match result - and the vital points.

There was good bowling in an exciting contest on Gareth Humphrey's rink that ended in a tie - 14-14.

Ivor Stevenson's lineup opened in promising style and led 9-3 after nine ends. But the Arms Park rink came back strongly with long jacks earning them nine shots in three ends to slip ahead.

The visitors rallied with a strong finale and eventually went down by one shot.

Bill Summerell's rink, that included the return of Paul Webley after a long absence, were pipped 17-19 in yet another close affair.

Scores:
Barry Athletic v Cardiff Athletic

A Thomas, P Clarke, P Webley, B Summerell 17 J Cornish, G Hammond, K Thorne, G Collins 19; E Booker, D Coombs, B Wright, D Newman 24 D Lewis, B Williams, B Carter, P Cross 10;

C Phillips, B Turner, G Green, I Stevenson 19 A Sedgmore, D Parker, C Tugwell, J Gardner 20; D Evans, J Jupp, A Mintern, G Humphreys 14 D Williams, D Hayes, N Roach, A Rayer 14.

This weekend, the Athletic's first team travel to Llanbadrach in a PG1 opener and the second entertain Barry Plastics in a PG2 fixture.

Gowerton prove to be too hot for Cowbridge Thirds

WITH infinite faith in his weather forecasting, the chairman insisted that Cowbridge Thirds call Gowerton up to meet their fixture despite the persisting rain.

In the event, not only was it played in its entirety, thus validating his seaweed method, but it was the only match played in the West Wales League on Saturday. There were times, however, when the team questioned their unique status.

Throughout the afternoon, episodes of drizzle obscured the view for anyone with glasses and a brisk downpour when Gowerton were 249 for 5 at 4.30pm encouraged the Cowbridge captain to lead a brisk retreat to the shelter of the trees in the hope that Gowerton would take the hint, go in for tea and declare over their sandwiches. This hope was fulfilled.

There had been little to enthuse about until then, apart from the usual keenness of the fielding and the discovery of new wicket keeping talent.

Unfortunately, the former resulted in Hamza Shami's valiant attempt to save a four under the Southway hedge precipi-

tating him into a dense bed of nettles, the results of which he withstood with great stoicism, but Richard Owen's achievement in only letting through three byes in 249 runs has committed him to keeping wicket for the rest of the season.

Cowbridge lacked their two regular openers but George Brown persevered with a straight bat to score 21 and prevent looks.

total ignominy, while Tom Scott-Coombes showed that once he has an opportunity to develop his technique there is the potential for some useful innings.

Gowerton were able to field a bowler who would stretch Cowbridge Second, and although Cowbridge Thirds were all out for 65, the result was not as bad as it looks.

It's rugby versus cricket in charity challenge match

A CHARITY game of 20-20 cricket will take place in Llantwit on Sunday, June 6.

Facing off against each other will be Llantwit Major Rugby Club and Llantwit Major Cavaliers Cricket Club at Windmill Lane playing fields.

The match is to support LMRFC's chosen charity for 2010 'Help for Heroes'.

A rugby club spokesman said: "This fantastic group supports servicemen and women who are wounded in the conflict zones around the world, principally our troops serving in Afghanistan."

"LMRFC has strong ties to the military base at St Athan and Help for Heroes is a charity which has sport, especially rugby, at its core."

The day starts at 12 noon when the LMRFC minis take on The Cavs under-11s in a 10-over game.

It will be followed by the main event at 1.30pm. There will be a bar, barbecue and raffle running throughout the day.

The spokesman added: "Please come along to what promises to be a fantastic community event and support a wonderful charity. All proceeds from the day will be donated to Help for Heroes."

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Tennis Club's open evenings

WITH the countdown to Wimbledon under way, Barry Tennis Club is encouraging more people to enjoy playing tennis with a series of open evenings.

They will take place on each Monday and Thursday from 6pm during June, with junior coaching sessions on Sunday mornings.

The club is offering coaching programmes for young players from five years upwards with the club's professional LTA-licensed coach.

For further details about Barry Tennis Club telephone 01446 412352 or email barrytennis@ntl-world.com or visit the club's web site at www.barrytennis.co.uk.

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- 04 54 HYUNDAI Coupe 2.0 SE 3-Dr Coupe. In smart silver with black leather interior, air con, alloy wheels, cruise control, front fog lights, only 71,900 miles£4,995
- 04 04 CITROEN C2 1.6 VTR Senesive in alic steel silver with neutron mesh interior, paddle shift, alloy wheels, air con, colour coded bumpers, rear spoiler, cd, only 62,100 miles£4,295
- 53 VOLKSWAGEN Golf 3.2 R32 3-Door Hatchback. In diamond black with black leather interior, heated seats, climate control, electric sunroof, privacy glass, service history, only 61,560 miles£9,995
- 03 03 MAZDA MX5 1.8i option pack in strada blue with black sports interior, cd, alloy wheels, a/c windows, heated rear screen, only 83,750 miles£5,495
- 53 MG TF 1.8 135hp 2-door Convertible. In starlight silver with black interior, alloy wheels, body coloured bumpers, CD, electric windows, only 20,845 miles£4,495
- 02 02 Landrover Freelander 2.0TD Serengeti Ltd Edition 5-Dr Stationwagen. In Java black metallic, with anthracite interior, air con, alloys, roof rails, alarm and immobiliser only 86,565 miles£4,495
- 02 02 MG ZS 2.5 180. In anthracite black, with monaco ash interior with red inserts, alloy wheels, a/c, cd, colour coded bumpers, front fog, alarm and immobiliser, only 62,310 miles£2,995
- 01 01 Y MITSUBISHI Shogun 3.2 Di-D GLX LE LWB. In metallic silver with blue velour interior, cd, alloys, air con, electric windows/mirrors, alarm and immobiliser, only 88,471 miles£6,495

FAMILY

- 08 08 VAUXHALL Astra 1.6 Breeze 5-dr in star silver met with tabita charcoal interior, alloy wheels, climate control, trip computer, body coloured bumpers, only 10,800 miles£9,495
- 07 57 NISSAN QashQai 2.0dCi Tenka 5-dr 4WD. In pearl black metallic, with full graphite leather interior, alloy wheels, climate control, cruise control, cd with bluetooth, heated seats, rear parking sensors, panoramic sunroof, only 37,267 miles£15,995
- 07 57 CITROEN C3 1.4 HDi Cool 5-dr hatchback in Arctic silver with Galand black interior, air con, cd, immobiliser, £35 a year road tax, one owner, only 37,845 miles£6,995
- 57 VAUXHALL Astra 1.4i 16v Energy 5-dr Hatchback. In star silver with tabita charcoal interior, CD, air con, anti-lock brakes, colour coded bumpers, only 19,100 miles£7,495
- 07 07 RENAULT Clio 1.4 16v 98 Dynamique 5-dr Hatchback. In mercury silver with carbon sport interior, air con, CD, front fog, alarm, only 15,060 miles£7,295
- 56 TOYOTA Corolla Collection 1.4 5-Dr Hatchback. In eclipse black with silver black interior, alloy wheels, alloy, colour coded side skirts, audio controls on steering wheel, one owner, only 32,415 miles£7,995
- 55 RENAULT Megane 1.6 16v Dynamique in met platinum silver with ruche cloth interior, auto lights, auto wipers, air con, cd, colour coded bumpers, only 16,380 miles£5,795
- 05 05 FORD Focus 2.0 TDCI 130 Ghia 5-Dr Hatchback. In black with ebony interior, alloy wheels, colour coded bumpers, multi CD, climate control, service history, only 39,010 miles£6,495
- 05 05 HONDA Civic 1.7 CDTi in magnetic blue with hatch fabric interior, alloy wheels, air con, cd, colour coded bumpers, only 55,130 miles£5,495
- 05 05 FORD Mondeo 2.0 TDCI (130bhp) LX 6-speed in star dust silver with majestic interior, quick clear front screen, digital a/c, cruise control, trip computer, only 55,341 miles£5,995
- 04 04 TOYOTA Avenis 2.0 VVTi T-Spirit Auto 4-dr Saloon. Silver fern, st moritz charcoal leather, map gps nav system, climate, cruise, electric seat adjustment, only 55,065 miles£5,495
- 04 04 FORD Focus 1.6i 16v Zetec 5-dr Hatchback. In panther black with Saloman black interior, climate pack which includes air con and quick clear heated front screen, alloy wheels, colour coded bumpers, only 83,060 miles£4,395
- 03 03 HONDA Civic Type S 5-dr in clover green met with half leather sports seats, climate control, alloy wheels, rear spoiler, full Honda service history, only 36,030 miles£5,695
- 02 02 TOYOTA Corolla 1.6 VVTi GLS Automatic 5-dr in Atlantis blue metallic with honey interior, alloy wheels, air con, sunroof, cd, auto-changer, body coloured bumpers, only 34,790 miles£3,495

SMALL

- 09 59 VAUXHALL Corsa Design Twinport 5-dr, 1.4 16v Auto. In sapphire black with black half leather interior, alloy wheels, air con, cd, auto lights, colour coded bumpers, AUX input, only 8,011 miles£10,995
- 09 59 VAUXHALL Corsa Club A/C 1.2 16v 5-Dr. In black sapphire, with cable charcoal interior, air con, colour coded bumpers, CD, alarm and immobiliser, auxiliary output, only 18,218 miles£8,495
- 09 09 CHEVROLET Avelo LT 1.4 in pearl black with bracket cloth, aircon, alloy wheels, colour coded bumpers, alarm and immobiliser, cd, only 19,900 miles£6,995
- 56 VAUXHALL Corsa 1.2 16v Design (A/C) 5-door in ice blue with dark interior, air con, MP3 input, colour coded bumpers, front fog lights, only 19,950 miles£8,495
- 08 08 FORD Ka Zetec Climate. In diamond white with cascade indigo interior, colour coded bumpers, alloy wheels, air con, cd, quickclear front screen, only 19,130 miles£6,995
- 08 08 FORD KA Studio. In panther black with cascade interior, immobiliser, CD, drivers airbag, central locking, only 32,349 miles£4,995
- 57 FORD KA Style Climate. In tango red with cascade interior, colour coded bumpers, air con, CD, Quickclear front screen, only 19,130 miles£4,995
- 07 07 CITROEN C3 1.4 HDi Cool 5-dr Hatchback. In arctic steel silver with garland interior, air con, colour coded bumpers, remote central locking, alarm and immobiliser, cd, only 38,556 miles£6,995
- 07 07 RENAULT Clio 1.4 16v 98 Dynamique 5-dr Hatchback. In silver with black interior, alloy wheels, colour coded bumpers, fog lights, only 37,850 miles£6,995
- 06 06 RENAULT Clio 1.2 16v Extreme 3-dr Hatchback. In platinum silver with grey interior, alloy wheels, steering wheel mounted audio controls, colour coded bumpers, CD, only 19,860 miles£5,995
- 06 06 FORD Fiesta 1.2i Style Climate 3-dr. In tonic blue with Kyoto ebony interior, air con, quickclear front screen, cd, trip computer, colour coded bumpers, only 41,820 miles£5,295
- 06 06 FORD Ka 1.3 Collection. In panther black with Tic-Toc interior, cd, body coloured bumpers, immobiliser, only 30,866 miles£4,195
- 05 05 HYUNDAI Getz 1.1 GSI 5-dr. In clean silver with grey cloth interior, cd, 5 belted seats, driver and passenger airbags, immobiliser, colour coded bumpers, only 26,280 miles£3,995
- 04 04 PEUGEOT 206 2.0 Coupé Cabriolet 2-dr. In platinum silver with full black astrakan leather interior, air con, cd, alloy wheels, alarm, only 43,855 miles£6,495
- 04 04 VAUXHALL Corsa 1.2 16v Life 5-dr Hatchback. In star silver metallic with orleans interior, electric windows, cd, remote central locking, alarm and immobiliser, only 51,380 miles£3,495
- 53 MINI Cooper 1.6i Pepper. In pure silver met with Kaleido half leather interior, panoramic sunroof, alloy wheels, cd, body coloured bumpers, only 24,530 miles£6,995
- 03 03 MINI Cooper Chilli 1.6 3-Dr Hatchback. In pure silver with anthracite/black panther cloth/leather interior, interior light package, chrome line exterior, air con, CD, only 36,975 miles£6,995
- 01 51 PEUGEOT 206 2.0 Coupé Cabriolet SE 2-dr. In platinum silver with full black astrakan leather interior, digital climate control, cd, 16 inch alloy wheels, front fog, only 46,010 miles£3,995
- 01 01 VOLKSWAGEN Polo 1.4S 3-dr. In reflex silver met with Pepe interior, sunroof, body coloured bumpers, cd, immobiliser, full VW service history, only 68,550 miles£3,495



- 07 07 BMW X3 2.5si SE Automatic in platinum bronze metallic with sand beige leather interior, aluminum running boards, cd, front and rear parking sensors, heated seats, only 33,160 miles£18,995
- 03 03 BMW 3 Series 2.0 318Ci SE Convertible. In light yellow metallic, with full black leather interior, electric heated seats with memory, cruise control, climate control, rear parking sensors, 18" M Sport alloy wheels, only 55,615 miles£11,995



- 05 05 BMW X5 3.0D Automatic Sport 5-Dr Station Wagon. In sparkling graphite with black leather interior, 19" alloy wheels, air con, CD, front/rear parking sensors, privacy glass, only 52,290 miles£17,995
- 06 56 BMW 116i SE 5-dr in sparkling graphite met with full Boston beige leather interior, comfort pack, cd, climate control, alloy wheels, reversing sensors, auxiliary i-pod connection, only 19,950 miles interior titanium trim, auto lights and auto wipers£11,995



- 03 03 MINI Cooper Chilli 1.6 3-Dr Hatchback. In pure silver with anthracite/black panther cloth/leather interior, interior light package, chrome line exterior, air con, CD, only 36,975 miles£6,995
- 03 53 MINI Cooper 1.6 Pepper in pure silver met with Kaleido half leather interior, panoramic sunroof, alloy wheels, cd, body coloured bumpers, only 24,530 miles£6,995



- 04 04 FORD Focus 1.6i 16v Zetec 5-dr Hatchback. In panther black with Saloman black interior, climate pack which includes air con and quick clear heated front screen, alloy wheels, colour coded bumpers, only 83,060 miles£4,395
- 02 02 Landrover Freelander 2.0TD Serengeti Ltd Edition 5-Dr Stationwagen. In Java black metallic, with anthracite interior, air con, alloys, roof rails, alarm and immobiliser only 86,565 miles£4,495

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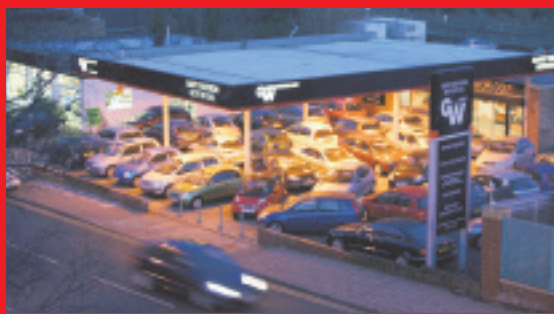
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51 **MINI Cooper.** In black with grey union jack roof + bonnet, decals, cd, etc. **£6,995**



05 **AUDI A4 Avant 1.9TDi SE.** In silver, 50,000 miles, desirable diesel estate **REDUCED BY £1000 TO £9,995**



05 **FORD Street Ka.** Silver, 1 owner, low mileage, very attractive convertible at **£5,295**



Y **VW Beetle 2.0 Convertible.** In red, 47,000 miles, 1 owner, 4 seater convertible **£8,995**



53 **FORD Mondeo 2.0 Zetec Estate.** In silver, 61,000 miles, fantastic value at **£4,295**

SPORT, PRESTIGE & 4X4

07	MERCEDES CL500 Auto.	In silver with full black leather trim, 25,000 miles, host of extras on this luxury coupe	£44,995
04	MERCEDES SL55 AMG.	In met silver with grey leather trim, 33,000 miles, panoramic roof, command Bose etc.	REDUCED TO £29,995
55	MERCEDES S 320 CDI.	In silver with black leather, 47,000 miles, high spec diesel executive saloon at	REDUCED BY £1000 TO £15,995
05	MERCEDES CLK 220 CDI.	In silver with grey leather trim, 60,000 miles, usual refinements	REDUCED BY £1000 TO £12,995
05	AUDI A4 Avant 1.9TDi SE.	In silver, 50,000 miles, desirable diesel estate at	REDUCED BY £1000 TO £9,995
05	MERCEDES C180 Kompressor Classic SE Auto.	In met blue, 56,000 miles, with alloys etc.	£9,995
04	VW Beetle 2.0 Convertible.	In red, 47,000 miles, 1 owner, 4 seater convertible	£8,995
04	CHRYSLER Crossfire 3.2 Coupe.	In ice blue metallic with charcoal leather trim, 44,000 miles	£8,495
54	ROVER 75 Contemporary SE CDTi Silver.	46,000 miles, heated leather seats, air con, CD, comfort with diesel economy	£6,996
02	LEXUS GS300 SE Navigator.	In claret metallic with light grey leather trim, 75,000 miles, looks and drives superb	REDUCED BY £1000 TO £5,995
Y	BMW Z3 2.2	In black with black leather trim, 77,000 miles	£5,995
05	FORD Street Ka.	Silver, 1 owner, low mileage, very attractive convertible at	£5,295
53	VAUXHALL Astra 1.8 Convertible.	In electric blue with black hood, 48,000 miles, full electric hood, a/c, CD	£4,995
51	TOYOTA Celica 1.8VVTi.	In blue, 75,000 miles with glass roof, rear spoiler etc	£4,995
02	PEUGEOT 206cc 20.	In met-blue with black leather trim, 58,000 mile convertible at	£4,695
03	MG TF 160.	In silver, 35,000 miles, 2 owners from new, with hard top at	£4,495
04	ALFA ROMEO 156 1.8 Twin Spark Lusso.	In Monza green metallic, 86,000 miles, on offer at	£2,995

SMALL, ECONOMICAL AND FAMILY CARS

07	SKODA Octavia 1.9 TDi 5-Dr.	In silver, 37,000 miles, ideal diesel hatch at	£7,995
05	MINI COOPER	In chilli red with chequered flag details, 48,000 miles with Cooper alloys etc	£7,995
06	RENAULT Grand Scenic 1.6 Dynamique.	In silver, 46,000 miles, 2 owners, 7 seater	£6,995
53	FORD Galaxy 1.9TDDi Ghia 6-speed.	In met silver, 61,000 miles, high spec diesel, 7 seater	£6,995
54	MINI Cooper.	In black with grey union jack roof + bonnet, decals, cd etc	£6,995
06	FORD Focus 1.6 Zetec Climate Automatic.	In black, only 12,000 miles	£6,495
55	VAUXHALL Astra 1.6 SXi 3-Dr (New Shape).	In met blue, 40,000 miles	£6,495
56	TOYOTA Yaris 1.3 T3 3-Dr.	In silver, 21,000 miles, very sought-after model at	£6,295
07	RENAULT Clio 12 Expression 3-dr.	In steel blue, 33,000 miles with a/c, c/d, etc	REDUCED BY £500 TO £5,995
54	FORD Focus C Max 1.6 TDi.	Magnum grey, 36,000 miles, outstanding value & economy	£5,995
04	TOYOTA Corolla 2.0 D4D T3 5-dr.	In silver, 54,000 mile diesel with sat-nav	£5,995
03	MAZDA MX5 1.8.	In met-blue, great looking car with alloys, cd etc	£5,995
55	NISSAN Primara 2.0 SX 5-dr.	In silver, 35,000 miles with sat-nav, alloys, reversing camera	£5,495
56	VAUXHALL Corsa 1.2 SXi+ 5-Dr.	Blue, low mileage, with half-leather trim, etc	£4,995
55	FORD Focus 1.5 Diesel LX Estate.	In silver, 77,000 miles with CD, air con etc	£4,995
55	MITSUBISHI Colt 1.5Di - D Equipe 3-dr.	In met-grey 41,000 miles, diesel hatch with low running costs	£4,995
54	PEUGEOT 307 XSi 3-Dr 2.0 HDi.	In black, 69,000 miles, superb looking diesel at	£4,995
54	RENAULT Megane VVTi Privilege Automatic 5-dr.	Met grey, half leather trim, low mileage	REDUCED BY £500 TO £4,995
57	RENAULT Clio 1.2 Campus.	In steel blue, 37,000 miles, fantastic value at	£4,795
55	FORD Fiesta 1.2 Style Climate 3-Dr.	Silver, 47,000 miles	£4,495
55	PEUGEOT 206 1.4 Sport 3-Dr.	In silver, 41,000 miles, air con, alloys etc	£4,495
04	FORD Mondeo 2.0 Zetec Estate.	In silver, 61,000 miles, fantastic value at	£4,295
04	FORD Fiesta Ghia Automatic.	In black, 47,000 miles with parking sensors etc	£4,295
06	CHEVROLET Kalos 1.4 Sport 3-dr.	In black, with black leather trim, 37,000 miles	REDUCED BY £700 TO £3,995
56	FORD Ka Collection.	In violet met, 27,000 miles, e/w, c/l, c/d etc	£3,995
56	CHEVROLET Matiz 1.0SE 5-dr.	In silver, 10,000 miles with a/c, cd, etc	£3,995
06	FORD Ka 1.3 Collection.	In Apple green, 23,000 miles with cd, e/w, c/l	REDUCED BY £800 TO £3,995
04	PEUGEOT 206 1.1S 3-dr.	In silver, 32,000 miles, 1 owner with a/c	£3,995
03	SAAB 95 2.2TDi.	In silver with black leather, 93,000 miles, solid diesel saloon at	£3,995
04	FIESTA 1.2 LX 3-Dr.	In silver, 56,000 miles, alloys, CD etc	£3,995
55	CHEVROLET Kalos 1.4 SXi 3-dr.	In black, 39,000 miles, fantastic value at	£3,695
05	CHEVROLET Tacuma 1.6 SX.	Silver, 44,500 miles, excellent value family car	£3,695
04	FIESTA 1.2 Finesse 3-Dr.	In black, 65,000 miles, one lady owner	£3,495
52	VW Polo 1.2 5-Dr.	In silver, 70,000 miles, 1 local owner	£3,495
53	FORD Ka Collection.	In sea - frost silver, 47,000 miles, very attractive low mileage car	£3,295
54	DAEWOO Kalos 1.2 Extra Cool.	In red, 42,000 miles with CD, air con etc	£2,995
53	FORD Ka 1.3i	In blue, 48,000 miles, 1 local owner	£2,995
51	RENAULT Clio 2.0 Sport 172.	In met-red, very nice example at	£2,995
53	DAEWOO Matiz SE.	Silver, 25,000 miles, outstanding value	£2,695
53	DAEWOO Matiz 796cc Extra.	In met bronze, 42,000 miles with CD	£2,495
52	DAEWOO Tacuma 1.6SX.	In met-red with cd, a/c, alloys	£2,495
02	CITROEN Saxo 1.6 VTR.	In black, host of extras, group 7 insurance.	REDUCED BY £500 TO £1,995

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06 56 RENAULT Scenic
2.0 VT Dynamique, 22k

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04 04 PEUGEOT 206cc
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06 06 HONDA Jazz 1.6i
5-dr, met blue, 30k

Finance example

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Final payment of £462.06
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£1194.16
Total amount payable
£6169.16
Weekly equivalent £39.55

APR 14.82%

*Photos are indicative only

Small Cars

09 58	CITROEN C2 1.4 VTR 3-dr.	Black, 8k	£7,475
06 56	FORD Fiesta Ghia 5-dr.	Leather, Black, 30k	£6,975
07 07	VAUXHALL Corsa 1.2 3-dr.	Silver, 14k	£6,475
07 07	CITROEN C3 1.4i 5-dr	Desire, Black, 11k	£5,975
04 54	TOYOTA Yaris 1.3VVT	Met blue, 17k	£5,975
07 07	FORD Fiesta 1.25 Style.	Silver, 24k	£5,750
06 06	CITROEN C1 Rhythm.	Black, 25k	£5,475
05 55	VAUXHALL Corsa 1.0 3-dr.	Silver, 30k	£4,975
05 05	FORD Fiesta 1.25 LX 5-dr.	Silver, 38k	£4,975
03 53	HYUNDAI Getz 1.3 3-dr.	Red, 65k	£2,975
05 05	CHEVROLET Matiz 1.0 5-dr	SE Silver, 50k	£2,950
04 54	KIA Rio LE 5-dr H/B.	Silver, 45k	£2,975

Family Cars

06 56	TOYOTA Corolla T3 1.6 5-dr.	Silver, 50k	£6,975 Sold
06 06	FORD Focus Zetec Climate	TDCi 5-dr. Met blue,	£6,975
06 06	HONDA Jazz 5-dr.	Blue, 30k	£5,975
05 55	SAAB 4-dr 2.2 TDi Auto.	Met gold, 60k	£5,975
04 04	PEUGEOT 407 Turbo Cdi.	Met blue, 60k	£5,975
07 07	MITSUBISHI Lancer 1.6	Equipe. Met Grey, 24k	£5,475
04 04	FORD Focus 1.8i Edge 3-Dr.	Met blue, 60k	£6,975 Sold
04 04	RENAULT Megane 1.9 TDi 3-dr.	Blue, 60k	£4,975
05 05	FORD Focus Zetec 1.8 TDi 3-dr.	Blue, 70k	£4,650
04 54	FORD Focus Ghia Saloon 1.6 4-dr.	Silver, 55k	£4,495
01 Y	VOLKSWAGEN Beetle 2.0.	Yellow, 80k	£4,475
03 53	HONDA Civic 1.6i V-Tec S	Met Blue, 55k	£3,950

Estates & MPVs

06 56	TOYOTA RAV 4x4 2.0 TDi 5-dr.	Black, 40k	£10,975
05 56	PEUGEOT 307 SW TDCi 5-dr.	Blue, 40k	£10,975 Sold
06 56	CITROEN Picasso 1.6 HDi EXEC MPV	Red, 30k	£6,975
04 04	SUZUKI Jimny 1.3 Mode SW.	Red/silver	£6,975 Sold
06 56	RENAULT Scenic 2.0 WT Dynamique	Blue, 22k	£5,975
06 56	CHEVROLET Tacuma 1.6 SXi 5-dr MPV.	Red, 24k	£6,975 Sold
02 52	RENAULT Scenic 1.9 TDi.	One owner, 70k, black	£3,495

Sports & Executives

04 04	MERCEDES 500 SL Cabriolet.	Silver, 80k	£17,975
05 05	BMW 330Ci Sports Coupe.	Leather, 30k	£10,975
04 04	CITROEN C4 1.6 VTR Sports Coupe.	Met. Green, 50k	£5,975
04 04	PEUGEOT 206cc Cabriolet.	Black, 50k	£5,975
04 04	FORD Street Ka 1.6 Luxury.	Leather black, 49k	£5,975

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08 58	CITROEN C4 Picasso	1.6 HDi. Met Red, only 5,500 miles!	New £21,750	Ours £12,250	Saving £9,500
09 59	VAUXHALL Zafira	1.6 5-dr. Ultra blue, only 3,500 miles!	New £19,450	Ours £11,950	Saving £7,500
59 10	KIA CEED	1.6 5-dr hatch AUTO. Black, only 11,000 miles!	New £14,500	Ours £11,500	Saving £3,000
09 59	VAUXHALL Astra Sxi	1.6 3-dr. Grey, only 8,000 miles!	New £17,500	Ours £11,500	Saving £6,000
09 59	VW Polo Match	1.4 TD 5-dr. Black, only 4,000 miles!	New £14,750	Ours £11,500	Saving £3,250
09 09	FORD Fiesta Zetec	1.4 5-dr. Tango red, only 2,500 miles!	New £15,500	Ours £11,000	Saving £4,500
07 07	TOYOTA Verso TS	1.8 mpv. Silver, only 23,000 miles!	New £18,500	Ours £11,000	Saving £7,500
09 09	PEUGEOT 207S	1.6 TD 5-dr hatch. Neysha blue, only 13,500 miles!	New £15,500	Ours £10,000	Saving £5,500
07 07	VW Golf	1.6 5-dr. Steel grey, only 10,000 miles!	New £17,500	Ours £10,000	Saving £7,500
08 59	KIA Karsens GS	2.0 mpv. Silver, only 5,500 miles!	New £15,750	Ours £9,750	Saving £6,000
07 07	VAUXHALL Astra SXi	1.7 TD 3-dr manual. Silver, only 35,500 miles!	New £19,500	Ours £9,500	Saving £10,000
07 07	HONDA Jazz Sport	1.4 5-dr Chiffon Green, only 31,000 miles!	New £14,500	Ours £8,500	Saving £6,000
07 07	RENAULT Clio Privilege	1.6. Eclipse, only 18,000 miles!	New £14,500	Ours £8,000	Saving £6,500
07 07	VAUXHALL Corsa Sxi	1.2 3-dr. Black, only 21,000 miles!	New £13,500	Ours £8,000	Saving £5,500
07 07	VAUXHALL Astra	1.8 5-dr Design AUTO. Silver, only 3,500 miles!	New £17,000	Ours £7,575	Saving £9,425
07 07	CITROEN Xsara Picasso	VTX 1.6 mpv. Silver, only 14,000 miles!	New £14,500	Ours £7,500	Saving £7,000
07 07	FORD Fusion Zetec Climate	1.4 5-dr. Tonic, only 14,500 miles!	New £13,000	Ours £7,500	Saving £5,500
07 07	RENAULT Modus Dynamique	1.4 5-dr Gold met, only 20,000 miles!	New £13,500	Ours £6,500	Saving £7,000
07 07	CHEVROLET Tacuma Sx	1.6 mpv. Blue, only 42,000 miles!	New £13,000	Ours £4,500	Saving £8,500

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GEM sport

Flickers of light in the gloom of the stats give Wales cause for hope...

BACK PAGE COMMENT by Don John

ON Saturday, December 1, 1906, at the height of the first Welsh 'golden age', a legendary team containing the likes of Percy Bush, Gwyn Nicholls and Dicky Owen, faced South Africa for the first time in front of 40,000 spectators at St Helen's, Swansea.

Only the year previously, there had been that epic 3-0 win in Cardiff over an all-conquering New Zealand touring side and confidence was no doubt high that star-studded Wales was about to claim another big international rugby scalp.

However, on this occasion the men in red failed to score a point as the tourists (henceforth to become known as the Springboks, on this their first overseas tour) ran in three tries for a comfortable 11-0 victory.

That historic game, the first of just 23 encounters over 113 years, set the template for almost unbroken Springbok dominance ever since.

The pattern was only briefly broken at the start of the second 'golden age' on January 24, 1970, when Wales held the tourists to a 6-6 draw at the National Stadium, with another burgeoning side of rugby immortals, including a young JPR Williams, Barry John and Gareth Edwards.

Both teams scored a try and a penalty – all of the home points coming from Edwards (his only successful penalty kick in a glittering career, though it may be forgotten now that the legendary scrum half also had

two conversions and three drop goals after his name!)

Normal service was resumed 24 years later, on November 26, 1994, when Wales went down 12-24. While it is true to say that the early fixtures between the two nations had been generally close-run affairs, at least on the scoreboard, the gap between the two widened after South Africa returned to the world rugby fold from years of exclusion during the apartheid era.

In 1995, the margin was 40-11 – but who can forget that humiliating day on June 27, 1998, at Loftus Versfeld, when a makeshift Welsh team were over-run 96-13, and only a final knock-on prevented the Springboks from scoring a 16th try to notch the full century?

This however, was partly avenged just 12 months later, on June 26, 1999, at the half-completed new Millennium Stadium, when an inspired Wales abruptly ended a run of 10 successive Springbok victories, to record a first (and only) 29-19 win over the tourists.

Alas, the inconsistency that has long haunted Welsh performances struck again in the two recent Grand Slam years: in 2005, Wales lost 16-33; in 2008, they twice slumped away – by 43-17 and 37-21.

Later that year, they again lost 15-20 in Cardiff, though many claimed it was a game they arguably should have won.

So, while history's statistics may suggest the omens are not good, as Wales again prepare to lock horns with

the world champions at the Millennium Stadium on Saturday, that last performance alone should act as a powerful motivating spur to Warren Gatland's 2010 charges.

After all, history is there to be created, not brooded over – and there is a new-found mental resilience and physical muscularity, allied to natural skill in the Welsh game (as evidenced by the resurgent Blues and Ospreys' trophy triumphs) that should surely fire the current players' belief in their ability to compete with the world's best.

That is the underlying message coach Gatland will be aiming to reinforce as part of Wales' build-up to next year's Rugby World Cup.

Where better to start than with only a second win over a drastically-changed South African team this Saturday afternoon, followed (hopefully) by a morale-building, two-test tour of New Zealand?

Once again, Welsh confidence is high – but on this occasion it could well prove not to be misplaced.

WALE TEAM:
Lee Byrne, Leigh Halfpenny, James Hook, Jamie Roberts, Tom Prydie, Stephen Jones, Mike Phillips, Paul James, Matthew Rees, Adam Jones, Bradley Davies, Deiniol Jones, Jonathan Thomas, Sam Warburton, Ryan Jones (captain).

REPLACEMENTS
Huw Bennett, John Yapp, Alun Wyn Jones, Andy Powell, Richie Rees, Dan Biggar, Andrew Bishop

Midweek League: Barry Wanderers v Dinas Powys

Wanderers total is just too much, and Dinas' run chase is all in vain

SKIPPER Fenton won the toss on a brightish evening up at Dinas common, and decided to bat with a very strong line up.

Dinas bowled extremely well, and on an interesting and lively pitch, the Wanderers found it difficult in the early stages – especially with the first 10 overs

coming from the 'lively' end.

Sherriff opened with Thomas, the latter finding it difficult to accelerate the scoring rate.

Moments later, he was brilliantly stumped by Hannah for eight. Lanagan and Sherriff now took the bowlers to task and both scored 67 before being out in the latter stages.

The Wanderers posted a useful 161 off their 20

overs.

Fenton opened with Jenkins – the former bowling the worst over of his life, conceding 20 runs – with Hannah most grateful for the dross!

Thankfully, other bowlers Jenkins, Hill, Hughes and Hughes bowled more than respectably.

A superb team performance ensued after the first over and once Hannah departed for a fine 61, Dinas struggled and eventually were 13 runs shy of their target.

A great game played in the best of spirits throughout.

Barry Wanderers Sofa Man of the Match was Ed Sherriff for his 67, and good contribution in the field saving vital runs throughout.

Barry Wanderers' adult training sessions are on Tuesday evenings (6.30pm – 8pm) and junior sessions are on Fridays (6pm – 8pm); for more information, contact club captain and youth co-ordinator James Hassett on barrywandererscc@hotmail.co.uk or on 07771931100. All new players welcome

ROMILLY 'A' SIDE RETAINS SVLA TROPHY IN STYLE

BARRY Romilly Bowling Club 'A' side played their final game for the SVLA trophy on Saturday against Llantwit Major

Bowls Club 'A' side. Bob Wyatt's rink of C Collins, B Cheal and C Davies were in sparkling form from the start and overwhelmed their opponents.

They held the lead from start to finish with some delightful bowling to win the rink 28 – 10. Alf Woolcock's rink of W Hewitt, A Burdge and K Westgate also led from start to finish with solid bowling and went on to win the rink 19 – 10.

John Jones' rink of P Hoad, L Jones and P Denley had a tough match against strong opponents.

They scored a nice five on the second end, held the lead until the 14th end at 15 – 12, then Llantwit went ahead with a four and a five to go 21 – 15 in front.

Romilly then rallied on the final ends to force a well earned 23 – 23 draw.

Bryn Gough's rink of D Bannister, D Ford and J Coles also had a tough game with their oppo-

nents in the lead from start to finish. However, the Romilly boys hung on to reduce the margin of Llantwit's 19 – 22 win.

Romilly won the aggregate 89 – 65.

After the match, the team captain Peter Hoad expressed his thanks for his team's efforts in winning the five match series outright and retaining the SVLA trophy.

A WBA singles match took place on Friday night at Romilly Park between Romilly's Alan Bryan and Jason Greenslade, a Welsh international player of repute.

The match immediately caught the attention of club members, with both players on top form.

After six ends they were level on six shots and again level on the ninth end with nine shots each.

It was at this point that Alan surged ahead with some classy bowling to lead 18 – 13 and be in a strong position.

However, Jason picked up his game, gave the mat to his opponent and controlled the last wood scenario to win the game 21 – 18.

RH

See inside for more sporting news from Barry and the Vale - email your reports to: ggem@internet-today.co.uk

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